Quincy Room

Volunteers Clean Up Squantum Park - *Page 12*
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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 54 No. 6 | Thursday, October 28, 2021 | $1.50

Thursday, October 28, 2021

CRANE LIBRARY BOOKSTORE committee member Elizabeth Solo and Chairperson Bill Mackey invite patrons to the store's 10th anniversary 10-for-10th clearance sale, offering a shopping bag full of books and media of one's choosing for just $10. The sale will be held Saturday, Nov. 6th from 10 a.m. to 4 p.m. Story on Page 21. *Photo Courtesy Miriam Joseph*

Up To 18% Turnout Seen

Election Day Tuesday; Early Voting Underway

By SCOTT JACKSON

A turnout of up to 18 percent is forecast for next Tuesday's municipal election in Quincy, which features competitive races for seats on the City Council and School Committee.

Polls will open at 7 a.m. on Tuesday, Nov. 2, and remain open until 8 p.m. The same polling places used during the September preliminary election and last November's presidential election will be used on Election Day.

In-person early voting is ongoing through Friday of this week at the election department office on the second floor of the City Hall annex building, 1305 Hancock St. The office is open for early voting from 8:30 a.m. to 4:30 p.m. daily.

Composite Sample Ballot
★ Page 30 ★

Absentee and mail-in balloting are also available for the municipal election. The deadline to request to vote by mail was this Wednesday, Oct. 27, and the deadline to request an absentee ballot is noon on Monday, Nov. 1. All ballots must be received by 8 p.m. on Election Day, Tuesday, Nov. 2, to be counted.

City Clerk Nicole Crispo is predicting a turnout between 15 and 18 percent in the municipal election, meaning between 9,615 and 11,540 of the city's 64,109 registered voters will have cast ballots by the times polls closed.

Crispo noted the turnout in the Sept. 14 preliminary election, which featured only the School Committee race, was 8.11 percent and said she expects that number to increase with the City Council contests also on the ballot.

As of 9:30 a.m. on Tuesday, 299 residents had cast ballots via early voting, election officials said, and 253 absentee ballots had been sent out.

Cont'd On Page 29

School Candidates Discuss Diversity, Teachers' Contract At PTO Forum

By SCOTT JACKSON

The candidates running for School Committee in next week's election shared their thoughts on a new contract for Quincy teachers and embracing diversity in the classroom during a recent forum.

Six residents – incumbents Douglas Gutro, Emily Lebo and Courtney Perdios, and first-time candidates Tina Cahill, Liberty Schaaf and Liz Speakman – are seeking three seats on the School Committee in the Nov. 2 municipal election.

All six candidates attended an Oct. 18 forum hosted by the Citywide PTO, which was held remotely via Zoom. The candidates were given 90 seconds to respond to each question asked of them that evening; all questions had been provided to the candidates in advance of the forum.

The event can be viewed in its entirety online at qatv.org.

During the forum, the candidates were asked to comment on the stalled contract talks between the Quincy Education Association and the School Committee, and whether the lack of a contract has made it more difficult to hire teachers and other educators. The teachers' union is now in the midst of the second school year without a new contract; other unions representing

Cont'd On Page 16

New Principal Keith Ford Hopes To Continue Pride, Excellence At North

By SCOTT JACKSON

The new principal at North Quincy High School said he wants to carry on the school's tradition of pride and excellence while also embracing its diversity.

Keith Ford was hired as the new principal of North Quincy High School in August, replacing Robert Shaw, who had served as the principal of the school since 2012. Ford, age 39, had most recently been the assistant principal at Needham High School.

Ford spoke about his goals as principal during a recent interview.

Cont'd On Page 43

KEITH FORD (right), the new principal at North Quincy High School, stands outside the front of the school. He spoke about his goals during a recent interview. *Quincy Sun Photo/ Scott Jackson*

11 New Quincy Firefighters Sworn In - *Page 24*
Interfaith Scares Up Halloween Fun - *Page 27*
Council On Aging November Events - *Page 28*

More Quincy news:
The Quincy Sun.com

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Art And Arlene Constant Celebrating 70th Wedding Anniversary

Art and Arlene Constant, longtime Quincy residents now living in Hingham, are celebrating their 70th wedding anniversary.

Arlene J. Jacobs married Arthur F. Constant on Nov. 7, 1951. She was from Brighton and graduated from Brighton High School in 1946. He was from Atlantic Street in North Quincy. They met when she was 19 at a social hall in Connecticut where boys and girls would gather and dance to the big band music.

Art graduated from North Quincy High School in 1940 and entered college at Northeastern but left to join the Navy in World War II. He served on the USS Ashland in the South Pacific. They met and married a few years after the end of the war.

They got married at the Aperion Plaza in Roxbury. The building is still there (now the Thelma Burns building). They flew to Bermuda for their honeymoon.

Art and Arlene still drive to Quincy every week to go to the library and get haircuts. They built their home at 12 Perry Rd. and lived there until a few years ago. They raised three children Susan, Amy and Stephen. They also have nine grandchildren and three great-grandchildren.

Art and Arlene now reside at Linden Ponds in Hingham and can be seen walking hand in hand around the property every day. Arlene still enjoys cooking, heading up social clubs and playing mahjong.

ART AND ARLENE CONSTANT, longtime Quincy residents now living in Hingham, will celebrate their 70th wedding anniversary. They were married Nov. 7, 1951 at the Aperion Plaza in Roxbury (right). *Courtesy Photos*

Councillors Reaffirm Support For Tribal Governments

By SCOTT JACKSON

As the fight over the Long Island Bridge nears its fourth year, Quincy city councillors recently reaffirmed their support for the Native American tribes who are seeking to preserve burial grounds on the island.

Councillors on Oct. 18 unanimously approved a resolution reaffirming their support for Muhheconneuk Intertribal Committee on Deer Island (MICDI). Councillors had previously approved a resolution in support of the MICDI in 2019.

The resolution approved on Oct. 18 "offers the hand of partnership, together with the MICDI governments, to the incoming mayoral administration in the city of Boston, to join together in a three-way partnership between Quincy, MICDI and Boston governments to work together to preserve Long Island and any Native American cultural resources in line with our stated policy objectives and common interests of all sides."

"This resolution…is an olive branch to the new administration of the incoming mayor of the city of Boston," said Ward 6 Councillor William Harris, who introduced the resolution on Oct. 18.

The dispute between Boston and Quincy over the plan to rebuild the Long Island Bridge began in January 2018, when then Boston Mayor Marty Walsh announced his proposal to build a new span to Long Island and open a recovery campus on the island. Quincy officials have since opposed the bridge, citing the impact it would have on traffic in Squantum and other nearby areas and have urged Boston to use ferries to access the island instead.

Walsh left his post in Boston earlier this year to join the President Joe Biden's cabinet as secretary of labor; Acting Boston Mayor Kim Janney has since pushed forward with Walsh's plan. Boston residents will elect a new mayor on Nov. 2, and the new mayor will be sworn-in later next month.

Native Americans were interned on Long Island and other harbor islands, including Deer Island, from 1675 to 1678 during King Philip's War. Ken White, the chairman of the Chaubunagungamaug Nipmuck tribe, said unmarked burial grounds likely remain on Long Island and called for a full archeological survey of the island to find those graves during a 2019 hearing held by the Quincy City Council.

"Our ancestors' right to die with dignity was inhumanly taken away from them," White said at the time. "This survey is the honorable thing to do in order to preserve their final resting place while being reinterred with honor and dignity that they so rightfully

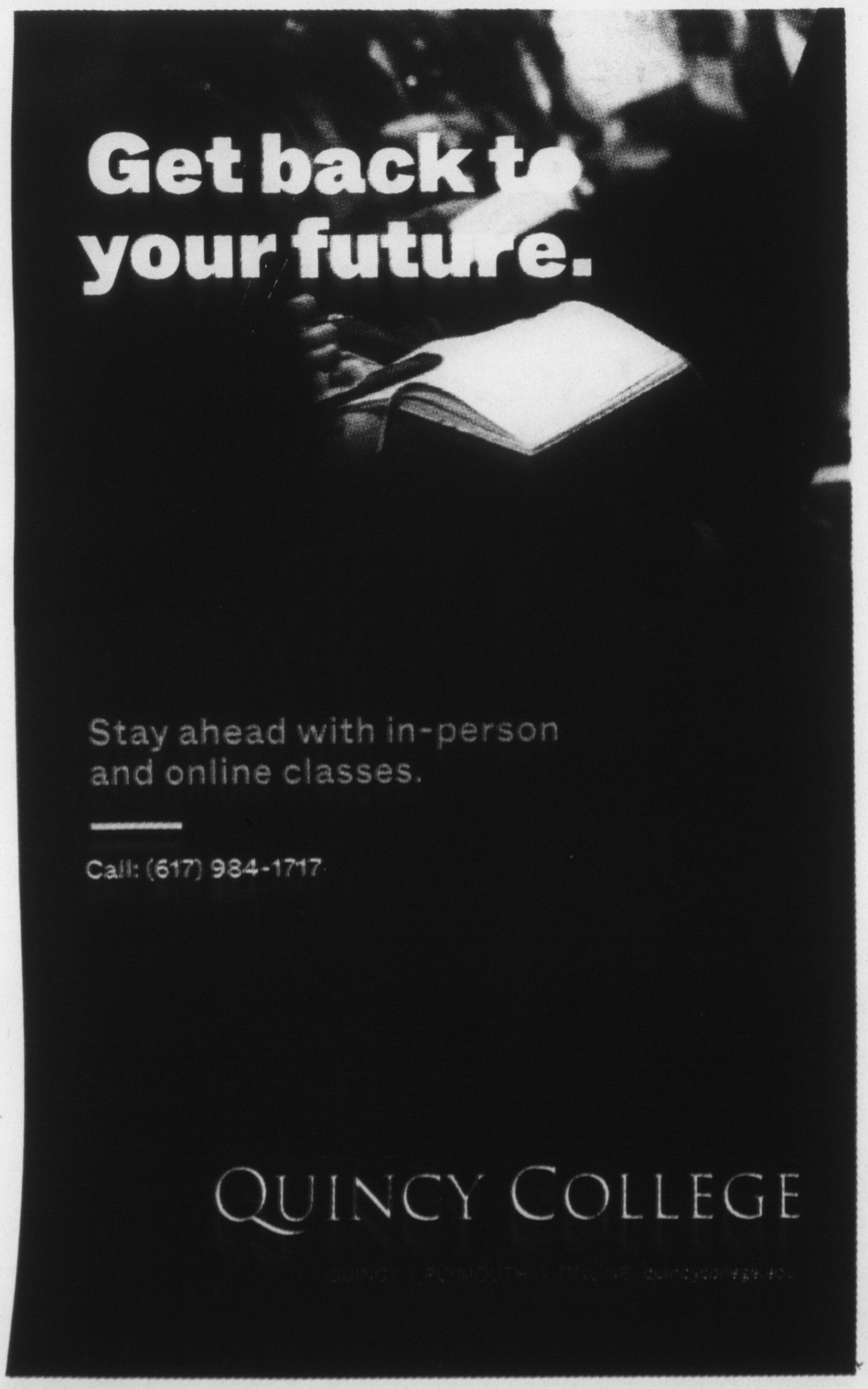
Cont'd On Page 43

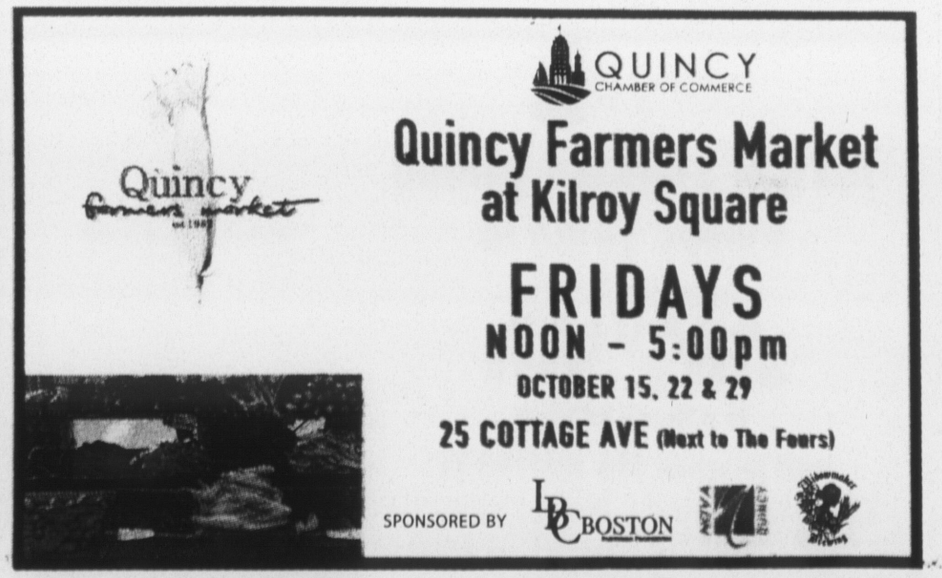
HN Congregational Church Fair Nov. 13

The Houghs Neck Congregational Church Fair will be held Saturday, Nov. 13 from 9 a.m. to 2 p.m. at the church, 310 Manet Ave., Quincy.

Credit cards will be accepted; cash/checks preferred.

Fairgoers should wear a mask inside the church building. The cafe is currently closed; no meals for sale.





OCT 28 2021

At-Large Candidates Speak At Democratic City Committee Forum

By SCOTT JACKSON

Three of the four candidates running for at-large seats on the City Council in next week's election participated in a recent forum organized by the Quincy Democratic City Committee.

The QDCC held its forum on Oct. 21 remotely via Zoom. Similar to the group's School Committee forum held one week earlier, the candidates did not directly debate each other but were given 15 minutes each to speak. Candidates were asked questions during those 15 minutes, but there were no time limits for answers, so not every question was asked of each candidate.

Four residents are seeking the three at-large seats on the council in the Nov. 2 election.

Incumbents Noel DiBona, Nina Liang and Anne Mahoney are all seeking reelection. DiBona and Liang were first elected in 2015 and Mahoney was elected to the council two years later. DiBona and Mahoney previously served on the School Committee – DiBona for two years and Mahoney for a dozen.

The incumbents are joined on the ballot by William Burke. Burke ran unsuccessfully for state representative in 2018 and had run for Congress two years prior.

The three incumbents all attended the Oct. 21 forum while Burke did not.

In his opening remarks, DiBona, who has three children attending Quincy Public Schools, said he remains involved in the school system.

"Not only are you getting a councillor at-large up at the City Council level, you are getting somebody that is really into the Quincy Public Schools. You're getting two in one," DiBona said. "I always say to people I never really left the School Committee, because I bring it up to the City Council as well."

Liang, who is concluding her second year as president of the City Council, said it is important to listen and collaborate.

"One of the things I have learned serving as a city councillor since 2015 and as the first minority council president, is that we make the most positive impact through listening and collaboration," Liang said. "Obviously, the past two years have not been easy for any of us, but I feel... as we emerge from them, I know we'll come out better and stronger by continuing

Cont'd On Page 18

GENERAL'S VISIT – Chief of Staff of the Army and former Quincy resident General James McConville visited Fort Bragg Oct. 19 and was able to meet with Sgt. Thomas Lester, also from Quincy. Sgt. Lester was with the unit that deployed on virtually no notice to assist with the evacuation in Afghanistan and is now back in the U.S. "I recently visited with soldiers from the 1-82nd at Fort Bragg and had the chance to meet a great paratrooper from Quincy, Sgt. Thomas Lester," Gen. McConville said. "Sgt. Lester was scheduled to be at last month's Generals Bridge dedication ceremony but was called to duty in Kabul, where he supported our evacuation of over 120,000 Americans and Afghans. Soldiers like Sgt. Lester represent the best of America and is further proof that there's something special about Quincy," Gen. McConville added. He is serving as the Army's 40th Chief of Staff. *Courtesy Photo*

Service Academies Info Session Nov. 7

Cong. Stephen F. Lynch will host an information session Sunday, Nov. 7 from 10 a.m. to noon at Braintree Town Hall for all high school students interested in applying to one of the United States Service Academies.

Representatives from each of the following academies will make brief presentations and be available for questions:

- United States Military Academy at West Point, NY
- United States Naval Academy at Annapolis, MD
- United States Air Force Academy at Colorado Springs, CO
- United States Merchant Marine Academy at Kings Point, NY
- United States Coast Guard Academy at New London, CT
- Massachusetts Maritime Academy at Buzzards Bay, MA

All students and their families are welcome to attend.

The information will take place in the Horace Cahill Auditorium, Braintree Town Hall, 1 JFK Memorial Dr., Braintree.

For those unable to attend, more information on the Service Academy nomination process is available on the Cong. Lynch's website: https://lynch.house.gov/serving-you/military-academy-nominations.

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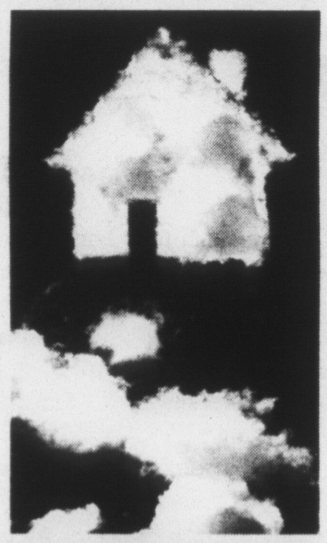

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Moments in time

THE HISTORY CHANNEL.

• On **Nov. 14, 1851**, Herman Melville publishes "Moby-Dick." Initially the book about Captain Ahab and his quest to catch a giant white whale was a flop, but it would eventually become a staple of high-school reading lists across the U.S.

• On **Nov. 12, 1892**, William "Pudge" Heffelfinger becomes the first professional football player when Pittsburgh's Allegheny Athletic Association pays him $500 to play as a ringer in a game. Before then, players had traded their services for expense money or trinkets, not cash.

• On **Nov. 8, 1900**, Margaret Mitchell, author of "Gone with the Wind" (1936), is born in Atlanta. Mitchell quit working as a journalist after an ankle injury limited her mobility, and she devoted herself to her novel about the South during and after the Civil War. The book sold 1 million copies in its first six months.

• On **Nov. 9, 1938**, in an event that would foreshadow the Holocaust, German Nazis launch a campaign of terror against Jewish people and their homes and businesses. "Kristallnacht," or "Night of Broken Glass," left some 100 Jews dead and 7,500 Jewish businesses damaged.

• On **Nov. 10, 1969**, "Sesame Street," a pioneering TV show that would teach generations of young children the alphabet and how to count, makes its broadcast debut, on PBS.

• On **Nov. 11, 1978**, a stuntman on the Georgia set of "The Dukes of Hazzard" launches the show's iconic 1969 Dodge Charger, nicknamed the General Lee, off a 16-foot-high dirt ramp and over a police car. Several hundred Chargers were used during the show's six-year run due to damage from jumps and other stunts.

• On **Nov. 13, 1982**, the Vietnam Veterans Memorial is dedicated in Washington, D.C. The simple V-shaped black-granite wall is inscribed with the names of the 57,939 Americans who died in the conflict, arranged in order of death, not rank.

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Senate Advances Genocide Education Bill

Would Establish Genocide Education Trust Fund To Educate Students On The History Of Genocide

The Massachusetts State Senate voted Oct. 21 to pass An Act concerning genocide education, a bill filed by Sen. Michael Rodrigues and co-sponsored by Sen. John F. Keenan, which provides education to middle and high school students on the history of genocide and promotes teaching of human rights in public schools.

"There are many positive things to take from our history, but it's the negative chapters we can learn so much from. By educating today's youth on the horrors of the past, we can make sure tomorrow's adults do not repeat them in the future," said Sen. Keenan (D-Quincy). "Whether it's the Holocaust, our own nation's treatment of its indigenous people, or sadly the too many genocides that have occurred throughout history, this bill would help set up an educational framework to guide students through these topics."

The bill requires every middle school and high school in the Commonwealth to include instruction on the history of genocide. Similar legislation was advanced by the Senate in prior sessions, but this most recent iteration comes as incidences of hate and anti-Semitism are on the rise across the country, with several incidents reported in Massachusetts over the past year.

In 2020, a widely reported survey commissioned by the Conference on Jewish Material Claims Against Germany, which gauged Holocaust knowledge among millennials and Generation Z populations, found that 63 percent did not know six million Jews were murdered in the Holocaust. The survey also found that nearly half were unfamiliar with Nazi concentration camps like Auschwitz. Massachusetts does not currently require Holocaust education or other genocides as part of classroom curriculum.

"I went to the Dachau Concentration Camp Memorial Site outside Munich many years ago," Keenan said. "It was one of the most moving experiences of my life. That so many today are not aware of the atrocities that occurred at these camps, and in some cases even deny what happened at them, is deeply disturbing and points to the urgent need for this legislation."

This bill would establish a Genocide Education Trust Fund to promote and educate middle and high school students on the history of genocide. The trust would fund instruction on the history of genocide, development of curricular materials, and professional development training to assist educators in the teaching of genocide.

In citing the importance of the legislation, Jeremy Burton, executive director for the Jewish Community Relations Council, said, "Numerous incidents over the last year have shown us that this coursework is as critical and relevant now as it has ever been. We are eager to see this bill make it to the Governor's desk as swiftly as possible."

"This year, we have seen stark reminders of the need for genocide education as Holocaust terminology has been misused in our community on athletic fields and in the public square," said Robert Trestan, ADL New England Regional Director. "Massachusetts now has an opportunity to use the power of education to address hate through this essential initiative for Holocaust and genocide education in the Commonwealth."

"At this culturally relevant time, it is critically important that we directly confront the implications of bigotry, hate and ignorance through education and conversation while maintaining a heightened awareness," said Glenn S. Koocher, executive director of the Massachusetts Association of School Committees, Inc. "The passage of this bill today by the Senate is a crucial step towards ensuring students can be meaningfully taught the history of genocide and be equipped with the educational tools necessary to combat hatred and ignorance."

The bill requires each school district to annually file a description of their lesson plan and programs related to genocide education with the Department of Elementary and Secondary Education (DESE). The bill also establishes a competitive grant program that schools, and districts can apply to for additional programming support.

An Act concerning genocide education moves to the Massachusetts House of Representatives for consideration.

MassDOT Stresses Importance Of Driving Safety During Teen Driver Safety Week

The Massachusetts Department of Transportation (MassDOT) is underscoring the importance of speaking with teenagers about safe driving behaviors during this 14th Annual National Teen Driver Safety Week.

Adults are encouraged to specifically discuss traveling at or below the speed limit, wearing a seatbelt, putting cellular phones away, using turn signals, driving sober, and always looking at the road ahead. The U.S. Department of Transportation has statistics which show in 2019, almost 2,400 teens in the United States aged 13 to 19 were killed from injuries suffered in motor vehicle crashes.

"Adults should regularly communicate with teenagers about safe driving habits," said Registrar Colleen Ogilvie. "National Teen Driver Safety Week is an opportune time to have these conversations, emphasizing that wearing a seatbelt, traveling at the posted speed limit or lower, and driving hands-free are all actions that will result in getting to where you are going in a safe manner."

Statistics show that some teens are at an especially higher risk for motor vehicle crashes. Males, drivers with teen or young adult passengers, and newly licensed drivers are all at a higher risk. Teen drivers should also take special care during nighttime and weekend driving.

Halloween sees higher rates of pedestrians and drunk driving. With the holiday approaching, adults should make sure teens are aware of all safety laws and measures. Young drivers are encouraged to be familiar with the Massachusetts Driving Manual, which can be found here: https://www.mass.gov/lists/drivers-manuals.

Constant communication about safe driving skills is essential for new teen drivers. Here are some more helpful tips for discussing driving safety:

• Talk about safe driving practices and the consequences drivers face if they don't obey the rules of the road.

• Become familiar with Massachusetts' nighttime driving restrictions, passenger restrictions, and all the graduated driver licensing (GDL) restrictions found here.

• Be a good role model for your teen driver and set an example with your own safe driving habits.

• Set the rules before they hit the road and make it clear to your teen that violating the rules will have serious repercussions. Set consequences for specific rule violations, such as distracted driving.

• Talk to your teen about safe cell phone use while in the car. Encourage them to designate a texter, or to pull over before answering phone calls or responding to text messages. Remember that the use of phones and all electronic devices, including phones in hands-free mode, remains illegal for drivers under the age of 18.

The RMV has resources and tools available to help young adults learn how to drive safely and responsibly. Information for first time drivers can be found at https://www.mass.gov/guides/first-time-driver-start-here. In addition, a newer online portal for first time drivers at Mass.Gov/RMV provides easy access to a variety of educational resources and materials and help serve as a guide for first-time drivers, and parents and guardians of Junior Operators.

More information about how teenagers can stay safe while driving can be found here: https://www.nhtsa.gov/road-safety/teen-driving#nhtsa-in-action.

Aspen Dental Free Dental Care For Military Veterans Nov. 6

In recognition of Veterans Day, Aspen Dental locations nationwide will open their doors to provide free care to military veterans across the country.

Now in its 7th year, the Day of Service provides much-needed dental care for veterans at no cost to honor their service and break down barriers to health care.

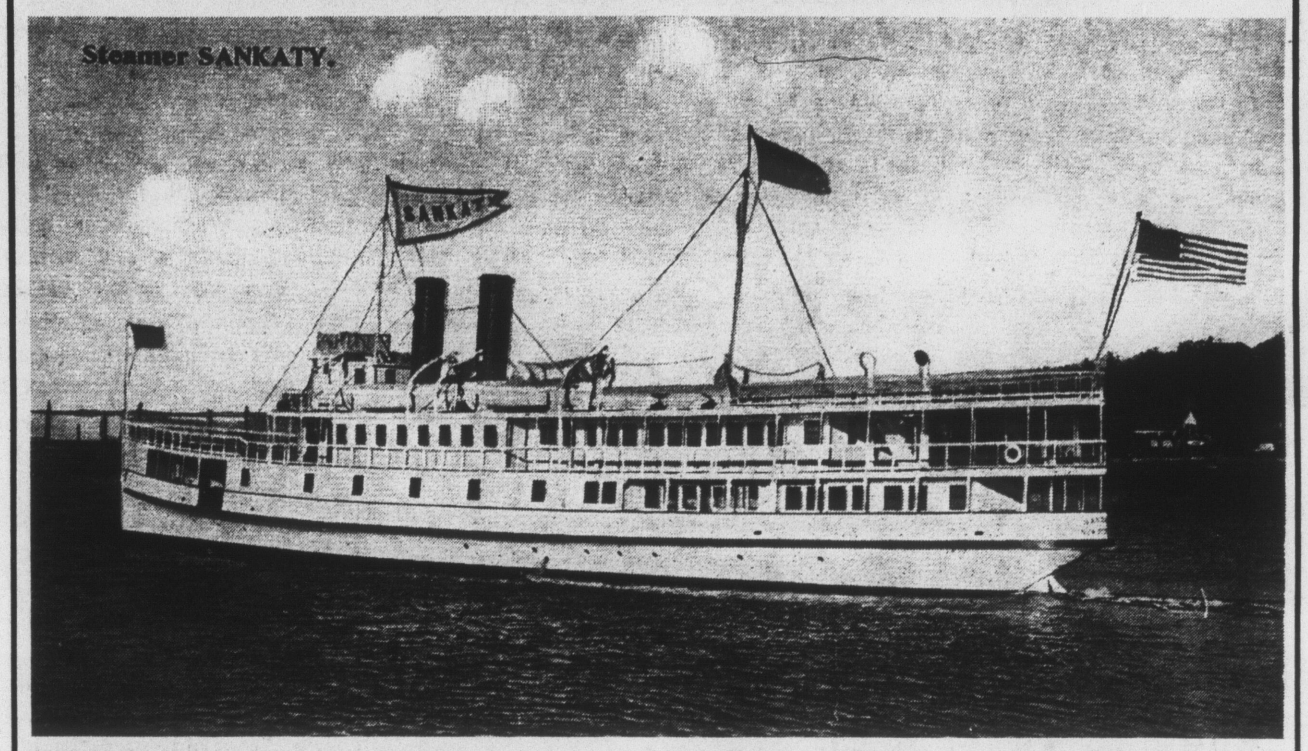
Aspen Dental's Day of Service will be held Saturday, Nov. 6, from 8 a.m. to 1 p.m.

Veterans can call 1-844-277-3646 (1-844-AS-PENHMM) to find a location and schedule an appointment. Advance appointments are required.

There are 18 participating offices in the Boston area including 45 Newport Ave. in Quincy.

OCT 28 2021

Scenes From Yesterday



THIS IS A postcard view of the coastal steamer Sankaty that was built at Fore River Shipyard in 1911. In this view, it is leaving the yard after it was turned over to the New Bedford Steamship Company flying the Fore River banner on its center mast. One of only two coastal steamers built in Quincy, this was one of the first steam turbine propeller-driven vessels of the time. Previous coastal steamers were mostly side-wheelers. This boat was named for the cliffs on Nantucket near the town of Sciasconset where there is a famous lighthouse. It was first operated as a ferry serving Martha's Vineyard and Nantucket for a dozen years. It later served many other ferry routes in the northeast including Staten Island in New York Harbor. In World War II, the Royal Canadian Navy used it as a minelayer. It met its demise after 53 years of service when it sank off the coast of Nova Scotia in 1964.

From the Tom Galvin Postcard Collection

Former School Committee Member Urges Voters To Cast Ballots In School Race

READERS FORUM

Before I enrolled my first child in the Quincy Public Schools, I couldn't have told you what the Quincy School Committee did, let alone who was on it.

I'd attended public schools from kindergarten through college, earned a Master's degree in education, taught, and co-founded an alternative school, but I'd never paid much attention to how public schools are governed.

My first PTO meeting at the Wollaston School changed everything. I went mostly to make friends, drink decaf, and find out how to be a room mother. The meeting was both fun and serious. First, the women who were officers took charge, efficiently running through an ambitious agenda. They were smart and passionate about the school and eager for volunteers.

Next up was the principal. She reported on the school's budget for the year, class sizes, and the possibility that the art room might have to be sacrificed if the school's population continued to increase.

The interchange between the principal and the parents who had been around a while was lively and informed. The parents were experts on class size guidelines (I thought, "What guidelines?"). The principal talked about the art teacher going into each classroom ("What is art-on-a-cart?", I thought).

It gradually dawned on me that there was a governance structure to this school, to all schools, and that issues like class size, budgets, and the use of physical space in the schools, was the province of something called the School Committee.

A few years later I ran for and won a seat on the Quincy School Committee and began the humbling, frustrating, awesome work of attempting to govern a system with multiple constituencies: students, families, teachers, staff, and taxpayers.

I quickly learned that I had a lot to learn. I learned painfully that experience matters; I didn't always agree with my colleagues that had been around longer, but they knew the tough questions to ask and how to get things done.

I learned that it was impossible to make everyone happy, so I tried to put the needs of children ahead of everything else. I learned to be cautious about building public policy based on my personal experience. I had two kids, but there were thousands of other kids just as important as mine.

I learned that our school system is full of teachers and principals and administrators that will bend over backwards to help kids and families. And, I learned what it takes to be an honorable member of the School Committee.

Experience matters, but one needn't be a polished speaker or have great name recognition or even be a parent. The most effective people I worked with had great integrity. They listened. They acknowledged their biases and tried to see beyond them. They were respectful of different viewpoints and put thought and care into the votes they cast. They were not interested in using the School Committee as a stepping stone to a "higher" office.

Over the years I became convinced that there was no higher office. In truth, being entrusted to make decisions that affect the lives of children was the greatest professional honor of my life.

Right now, there are more than 10,000 students in our school system, from three-year-olds to twenty-one-year-olds, whose families trust the Quincy Public Schools to educate their children in a safe, welcoming and supportive environment. Those families, those kids, deserve strong, smart, thoughtful leadership.

Successful schools don't operate in a vacuum; they need the attention and support of the community. I respectfully urge you to learn about the candidates running for School Committee and to vote on Tuesday, Nov. 2.

Linda K. Stice
Quincy School
Committee, 1992-2008

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Quincy's Yesterdays

This Week 1957 64 Years Ago

New Candidates Urge Programs At Meeting

Although all the candidates for city offices were invited to attend last night's seventh annual Candidates Night held by the North Quincy Koch Club at the North Quincy Knights of Columbus Bungalow, it turned out to be a night for new candidates as only one candidate seeking re-election attended. Those seeking re-election to the School Committee were among the missing. Due to the City Council meeting only Councillor James R. McIntyre attended.

Seeking the office of mayor former city councillor Lawrence J. Curtin took to task Mayor Amelio Della Chiesa for his "insincere bunk." Mr. Curtin referred to the letters sent out by Mayor Della Chiesa to citizens on the occasion of a birthday, a birth or a promotion. (Also known as "Womb to the Tomb" cards.) Mr. Curtin questioned the Mayor's right to use the taxpayers' money in such a manner.

Councillor James R. McIntyre, getting out of a sick bed to attend the forum, spoke on his candidacy for a second term on the council.

CITY WINS IN DISPUTE OVER BALLOT

City Solicitor Douglas A. Randall said that Judge Reuben Lurie had handed down his decision on the city election ballot dispute case in favor of the city.

The court's finding that the petition of Joseph P. McDonough, candidate for city council, was without merit.

The judge ruled that City Clerk Donald R. Crane was correct in his intention to print the names of the candidates now in office at the top of the ballot with the words "Candidate for Re-Election" after them.

McDonough had contested that since the change in government was coming at the end of the year, the present councillors on the ballot were not "incumbents" for the reason that their duties under Plan A would be different than their duties under Plan E.

PRODUCTION UNDERWAY ON NUCLEAR CRUISER

Production on the United States' first nuclear powered surface vessel – a guided missile cruiser – is underway at Fore River Shipyard, several months in advance of the keel lying scheduled for sometime next spring.

Before production could get underway, the yard had to provide new facilities for the work and it also had to set up a training program for its personnel.

Chosen for two new positions were two Quincy men. They included John A. Wilkins, 35, of Squantum, service engineer in the nuclear power branch of the Central Technical Department and 38-year old William H. Collins, Jr., superintendent of sales of the Quincy Yard's special products division.

QUINCYISMS

"Head To Toe Beauty" was the subject of the Sub Deb Charm School conducted by **Miss Ruth Allen** at the Atherton Hough Scout Room. The course was sponsored by the Houghs Neck Community Council with **Mrs. Irving Sibert** and **Mrs. James Laing** as co-chairmen… **Robert Foley** of the Baker Improvement Association spoke at a meeting of the Germantown Improvement Association. His topic: "All Communities Need An Improvement Association"… **Ensign Nancy Marie Shea** was recently commissioned as a Navy Nurse in the U.S. Naval Reserve at St. Alban's, New York. Ensign Shea, daughter of **Mr.** and **Mrs. Thomas Shea**, 937 Furnace Brook Parkway, is a graduate of the Quincy Hospital School of Nursing… **Dr. Israel Edelstein**, president of Temple Beth El, announced that construction of the new $200,000 Temple Beth El, was scheduled to start within 30 days. The new facility would front Hancock Street across from the Dorothy Quincy Home… Shop N' Save Supermarket, 20 Independence Ave, South Quincy, was advertising a "Monday, Tuesday, Wednesday Only Special, Beef Liver, Freshly Sliced 29 Cents a lb"… Duggan Brothers, North Quincy Garage, 131 Hancock St., was offering a 1948 Chevrolet Fleetline for $75… Frank Sinatra and Doris Day were appearing in "Young At Heart," with Sinatra and Debbie Reynolds playing in the "Tender Trap" at the Art Theater, downtown Quincy… **Mayor Amelio Della Chiesa** and **former City Councillor Lawrence J. Curtin** squared off at a candidates' night held at T.Y. Veli Hall, Arthur St. The event was sponsored by Club 74 of Quincy. **Matthew Hannel**, club president, introduced the candidates… **Congressman Richard B. Wigglesworth** was planning his "cracker barrel" meetings with his constituents of the 13th Congressional District. Congressman Wigglesworth will be at local post offices to meet with voters and discuss problems of the day… The Wollaston Business and Professional Association recently held its election of officers. Officers elected included: **Donald Carr, president; Samuel Skolnick, vice-president; Kenneth Riggs, treasurer**, and **William Shea, chairman of the board of directors**… Whitman's Auto Service, 51 Holbrook Rd., North Quincy, was offering a Studebaker Scotsman 4-Door, 6-passenger sedan for $1,874.

BBB Tip: Shop Safe And Shop Smart This Holiday Season

By BETTER BUSINESS BUREAU

The 2021 holiday shopping season promises to be an unpredictable one. The labor shortage and supply chain issues are already throwing a wrench into holiday shopping. Electronics, toys, and other products will be (or already are) in short supply, and retailers are struggling to staff up as the shopping season nears.

Just like in 2020, people are planning to start their holiday shopping early. Watch out for deals well before Black Friday sales. Retailers are also expecting to see even more people shopping online.

Product shortages and increased online shopping are likely to result in even more online purchase scams this year. These scams accounted for nearly 40% of all scams reported to BBB Scam Tracker in 2020, according to the 2020 BBB Scam Tracker Risk Report. Shortages are likely to make purchase scams even more common as desperate shoppers turn to shady websites in hopes of finding this year's must-have gift.

BBB recommends the following tips to "Shop Safe, Shop Smart" this holiday season:

- **Research before you buy.** Use BBB.org and shopper reviews to do your homework before paying. Also, read our tips for spotting phony reviews.
- **If the deal looks too good to be true, it probably is.** The top motivating factor for people who made a purchase, then lost money was price. Don't shop on price alone.
- **Beware of fake websites**: Check the URL, watch for bad grammar, research the age of the domain, and search for contact information. See BBB's tips for identifying a fake website.
- **Professional photos do not mean it's a real offer**. Respondents reported that website photos motivated them to engage with scammers, especially for pets/pet supplies, clothing/accessories, and vehicles.
- **Make sure the website is secure**. Look for the "https" in the URL (the extra s is for "secure") and a small lock icon on the address bar. Never enter payment or personal information into a website with only "http" – it is NOT secure.
- **Be careful purchasing sought-after products, especially during the holiday season**. The risk of online purchase scams rises during the holidays because more people are making online purchases, and scammers offer the most popular products for the season at great prices.
- **Beware of making quick purchases while scrolling through social media**. Scammers have ac-

Cont'd On Page 7

CITY OF QUINCY
昆士市選舉

市府書記辦公室 2021年10月1日

根據法律規定，謹此通知昆士市公民，所有合格選民，市選舉事務投票日將定於：

星期二，2021年11月2日

請所有合格投票的公民於投票日，在昆士市議會所指定的數個投票地點，在您所屬的選區行使您的權力，就下列職銜作出投票：

由昆士市所有選民選出
不分區議員（三名）
區議員（一名）

由第一區選民，選出第一區議員 （一名）
由第二區選民，選出第二區議員 （一名）
由第三區選民，選出第三區議員 （一名）
由第四區選民，選出第四區議員 （一名）
由第五區選民，選出第五區議員 （一名）
由第六區選民，選出第六區議員 （一名）
校委會委員（三名）

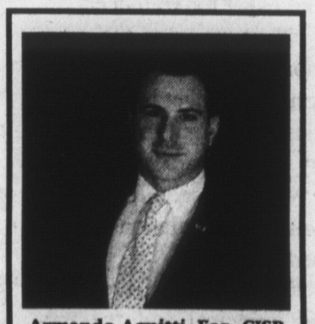
投票服務由早上七點開始，直到晚八點結束。 投票站地點已指定如下：

WARD 1 第一選區, PRECINCT 1 (第一投票站) – MERRYMOUNT SCHOOL 學校, 4 AGAWAM ROAD
WARD 1 第一選區, PRECINCT 2 (第二投票站) – O'BRIEN TOWERS 奧布賴恩老人公寓, 73 BICKNELL STREET
WARD 1 第一選區, PRECINCT 3 (第三投票站) – THOMAS CRANE LIBRARY 圖書館會議室, 40 WASHINGTON STREET
WARD 1 第一選區, PRECINCT 4 (第四投票站) – ADAMS SHORE LIBRARY 圖書館, 519 SEA STREET
WARD 1 第一選區, PRECINCT 5 (第五投票站) – SAINT THOMAS AQUINAS HALL 禮堂, DARROW STREET
WARD 2 第二選區, PRECINCT 1 (第一投票站) – FORE RIVER CLUB HOUSE 社區中心, 16 NEVADA ROAD
WARD 2 第二選區, PRECINCT 2 (第二投票站) – CLIFFORD MARSHALL SCHOOL學校, 200 MOODY STREET
WARD 2 第二選區, PRECINCT 3 (第三投票站) – MARTENSEN STREET HOUSING 老人屋, 95 MARTENSEN STREET
WARD 2 第二選區, PRECINCT 3A (第三A投票站) – CLIFFORD MARSHALL SCHOOL學校, 200 MOODY STREET
WARD 2 第二選區, PRECINCT 4 (第四投票站) – SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
WARD 2 第二選區, PRECINCT 5 (第五投票站) – SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
WARD 3 第三選區, PRECINCT 1 (第一投票站) – COVENANT CHURCH OF QUINCY 教堂, 315 WHITWELLSTREET
WARD 3 第三選區, PRECINCT 2 (第二投票站) – FIRST BAPTIST CHURCH 教堂, 81 PROSPECT AVENUE
WARD 3 第三選區, PRECINCT 3 (第三投票站) – MONTCLAIR SCHOOL 學校, 8 BELMONT STREET
WARD 3 第三選區, PRECINCT 4 (第四投票站) – WOLLASTON SCHOOL 學校, 205 BEALE STREET
WARD 3 第三選區, PRECINCT 5 (第五投票站) – WOLLASTON SCHOOL 學校, 205 BEALE STREET
WARD 4 第四選區, PRECINCT 1 (第一投票站) – LINCOLN-HANCOCK COMMUNITY SCHOOL 學校, WATER STREET ENTRANCE
WARD 4 第四選區, PRECINCT 2 (第二投票站) – QUINCY LODGE OF ELKS 鄂里會所, 254 QUARRY STREET
WARD 4 第四選區, PRECINCT 3 (第三投票站) – QUINCY LODGE OF ELKS 鄂里會所, 254 QUARRY STREET
WARD 4 第四選區, PRECINCT 4 (第四投票站) – LINCOLN-HANCOCKCOMMUNITY SCHOOL 學校, WATER STREET
WARD 4 第四選區, PRECINCT 5 (第五投票站) – MORRISETTE AMERICAN LEGION POST 會所, 81 LIBERTY STREET
WARD 5 第五選區, PRECINCT 1 (第一投票站) –FORT SQUARE PRESBYTERIAN CHURCH, 教堂 16 PLEASANT STREET
WARD 5 第五選區, PRECINCT 2 (第二投票站) – QUINCY COMMUNITY UNITED METHODIST CHURCH 教堂, 40 BEALE STREET
WARD 5 第五選區, PRECINCT 3 (第三投票站) – ADAMS ACADEMY SCHOOL 學校, 8 ADAMS STREET （由 DIMMOCK STREET ENTRANCE 進入）
WARD 5 第五選區, PRECINCT 4 (第四投票站) – BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
WARD 5 第五選區, PRECINCT 5 (第五投票站) – BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
WARD 6 第六選區, PRECINCT 1 (第一投票站) – NORTH QUINCY HIGH SCHOOL 北高中, 318 HANCOCK STREET
WARD 6 第六選區, PRECINCT 2 (第二投票站) – K of C HALL 禮堂, 5 HOLLIS AVENUE AT HANCOCK STREET
WARD 6 第六選區, PRECINCT 3 (第三投票站) – KENNEDY CENTER GYM 社區中心體育室, 440 EAST SQUANTUM STREET
WARD 6 第六選區, PRECINCT 4 (第四投票站) – ATLANTIC MIDDLE SCHOOL 初中, 86 HOLLIS AVENUE
WARD 6 第六選區, PRECINCT 5 (第五投票站) – SQUANTUM SCHOOL 學校, 50 HUCKINS AVENUE

投票站由早上七點開始，直到晚八點結束。

City Clerk 市府書記 Attest – NICOLE L. CRISPO 監証

Nicole L. Crispo



Armando Agnitti, Esq, CISR
Anthony Agnitti, CIC, LIA

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OCT 28 2021

Homesteading Basics: Raising Backyard Chickens Topic Thursday

Thomas Crane Public Library's Homesteading Basics series continues on Thursday, Oct. 28 from 7 to 8:30 p.m. with Raising Backyard Chickens.

Local backyard chicken enthusiast Dr. Ejike Eze will instruct on what supplies you need, what to expect, what kinds of different breeds of chickens are available and where to buy them in his exciting presentation that will get you started with raising your own backyard chickens. He'll also include information on local laws and licenses regarding chicken keeping. If you've been thinking about raising chickens, don't miss this program!

Dr. Eze grew up in a rural village in Africa where everyone raised a variety of livestock. His favorite has always been chickens and goats. Now residing in Massachusetts, he has settled for raising just chickens, at least for now.

This program will be held in person at The Thomas Crane Public Library. Capacity for this event will be limited and masks are recommended. Doors will open 15 minutes before the start of the program.

Visit the Crane Public Library website for more information.

The program is sponsored by the Friends of the Thomas Crane Public Library.

BBB Tip: Shop Safe, Shop Smart This Holiday Season

Cont'd From Page 6

cess to tools they need to learn about your buying behaviors, offering exactly what you want at enticingly low prices.

• **Look for the BBB seal.** BBB Accredited Businesses pledge to uphold the BBB Standards for Trust and to deal fairly with consumers. If a business displays a BBB seal, verify it by going to BBB.org.

• **Use secure and traceable transactions and payment methods.** According to BBB's research, those who paid with a credit card were less likely to lose money. Be cautious when paying by digital wallet apps, prepaid money cards, or other non-traditional payment methods. Learn more about payment types and how to use each safely.

• **Shipment tracking information can be faked.** Look closely to make sure it is a legitimate business. Avoid clicking on the tracking link; go to the 'shipper's website and type in the code to see if it is real.

• **Count on BBB to help you "Shop Safe, Shop Smart."** More tips are available at BBB.org/holiday-tips.

• **Report unsatisfactory purchase experiences to BBB.** If you are unhappy with a purchase, file a complaint at BBB.org/complaints. If you never got what you paid for, consider reporting it to BBB Scam Tracker (BBB.org/ScamTracker) to help other consumers avoid being scammed.

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CITY OF QUINCY
CITY ELECTION

City Clerk's Office **OCTOBER 1, 2021**

In accordance with the provisions of the law, notice is hereby given that meetings of the citizens of Quincy; qualified to vote in City affairs will be held on

TUESDAY, NOVEMBER 2, 2021

In the several polling places as designated by the City Council and that all such citizens may, on that day, in the several precincts in which they are entitled to vote, give in their votes for the following elective municipal offices, viz:

BY THE VOTERS OF THE ENTIRE CITY:

COUNCILLOR AT LARGE (3)

WARD COUNCILLOR (1)

BY THE VOTERS OF WARD 1	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 2	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 3	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 4	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 5	WARD COUNCILLOR (1)
BY THE VOTERS OF WARD 6	WARD COUNCILLOR (1)

SCHOOL COMMITTEE (3)

The polls are to be opened at seven o'clock in the morning and closed at eight o'clock in the evening.

Polling places have been designated as follows:

WARD 1, PRECINCT 1	— MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2	— O'BRIEN TOWERS, 73 BICKNELL STREET
WARD 1, PRECINCT 3	— THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON STREET
WARD 1, PRECINCT 4	— ADAMS SHORE LIBRARY, 519 SEA STREET
WARD 1, PRECINCT 5	— SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD 2, PRECINCT 1	— FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD 2, PRECINCT 2	— CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
WARD 2, PRECINCT 3	— MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD 2, PRECINCT 3A	— CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
WARD 2, PRECINCT 4	— SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 2, PRECINCT 5	— SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 3, PRECINCT 1	— COVENANT CHURCH OF QUINCY, 315 WHITWELL STREET
WARD 3, PRECINCT 2	— FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
WARD 3, PRECINCT 3	— MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD 3, PRECINCT 4	— WOLLASTON SCHOOL, 205 BEALE STREET
WARD 3, PRECINCT 5	— WOLLASTON SCHOOL, 205 BEALE STREET
WARD 4, PRECINCT 1	— LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET ENTRANCE
WARD 4, PRECINCT 2	— QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 3	— QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 4	— LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET ENTRANCE
WARD 4, PRECINCT 5	— MORRISETTE AMERICAN LEGION POST, 81 LIBERTY STREET
WARD 5, PRECINCT 1	— FORT SQUARE PRESBYTERIAN CHURCH, 16 PLEASANT STREET
WARD 5, PRECINCT 2	— QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 3	— ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET ENTRANCE)
WARD 5, PRECINCT 4	— BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 5, PRECINCT 5	— BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 6, PRECINCT 1	— NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD 6, PRECINCT 2	— KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE AT HANCOCK STREET
WARD 6, PRECINCT 3	— KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
WARD 6, PRECINCT 4	— ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5	— SQUANTUM SCHOOL, 50 HUCKINS AVENUE

POLLS OPEN AT 7:00 A.M. **POLLS CLOSE AT 8:00 P.M.**

Attest: Nicole L. Crispo

NICOLE L. CRISPO
City Clerk

Halloween Contact Lenses: Keeping Your Eyes Safe

By Dr. CAROLANN SPERANZO DHS, RDO

Halloween has become one of the most celebrated holidays in the U. S. with costumes, candy, parties, and more. As you prepare your outfit for the festivities, you may be considering ordering non-prescription cosmetic contact lenses. While most states prohibit such purchase without a prescription, people often decide to order cat eye, zombie-like, and other contact lenses online despite the fact that many have not received FDA approval.

Every year the American Academy of Ophthalmology in conjunction with the American Association of Opticians, issues a warning that these contacts without professional fitting, instruction, and sanitizing care products may have more scary effects beyond the creepy look. These include abrasions (scratches on the eye) that require medical treatment. Corneal abrasions may leave scars, reduced vision, and other skin problems such as lids that droop.

Another, even more concerning matter is the risk of infection in the cornea – keratitis. This painful, often emergency condition requires medication and careful follow-up to prevent permanent damage to the eyes. Cosmetic contact lenses provided without professional fitting and supervision increase the risk of keratitis by more than 15% according to recent optical industry studies.

Since some consider these Halloween design contact lenses as cosmetic devices, often trick or treaters share them with friends and family. This often causes the development of infection that may also arise when exposed to moisture prior to sale or in shipment - breeding bacteria.

While the zombie look enhanced by cosmetic contact lenses or cat-like pupil contact lenses may be a fun addition to optimize your Halloween look, your vision and eye health are more valuable and need to last your whole life, so consider the risks. If you decide this is important to your costume, call an Eye Care Professional (ECP) to fit these lenses. They are available with your eyeglass prescription as well as for those who do not need corrective power.

Most ECPs are so concerned about compliance for care and follow-up, they opt not to fit these. Since they are not available in one-day, single-use (disposable) lenses that provide less risk, you may want to focus on creative masks and makeup to look scary rather than risk any injury to your eyes and future vision. So, stay away from cosmetic contact lenses without professional advice, and keep your eyes safe with a costume that brings a Treat not a Trick!

Dr. Carolann Speranzo is a Registered Dispensing Optician and owner of SECOND SIGHT in Quincy since 1979. She is a Fellow of the National Academy of Opticianry and the Contact Lens Society of American and American Board of Opticianry certified. Speranzo holds a Doctorate in Health Sciences and is also an Adjunct Professor at MCPHS School of Healthcare Business. Contact her at 617-773-1178 or secondsight-eyewear@verizon.net

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CITY OF QUINCY

BẦU CỬ THÀNH PHỐ

Văn Phòng Thư Ký Thành Phố **Ngày 1 tháng 10, năm 2021**

Phù hợp với quy định của pháp luật, thông báo cho biết xét thấy các cuộc họp của các công dân của Quincy; đủ điều kiện để bỏ phiếu về các vấn đề thành phố sẽ được tổ chức

THỨ BA, NGÀY 2 THÁNG 11, NĂM 2021

Ở một số địa điểm bỏ phiếu theo chỉ định của Hội đồng thành phố và mọi công dân như vậy có thể, trong ngày đó, ở các ĐƠN VỊ mà họ được quyền bỏ phiếu, bỏ phiếu đề cử ứng cử viên cho các văn phòng thành phố có quyền bầu cử sau đây, là:

CỬ TRI CỦA THÀNH PHỐ:	ỨNG CỬ VIÊN HỘI ĐỒNG CHUNG (3)
CỬ TRI CỦA THÀNH PHỐ:	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 1:	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 2:	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 3:	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 4:	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 5:	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA PHƯỜNG 6:	ỨNG CỬ VIÊN HỘI ĐỒNG (1)
CỬ TRI CỦA THÀNH PHỐ:	ỦY BAN TRƯỜNG (3)

Thời gian bỏ phiếu bắt đầu lúc 7 giờ sáng và kết thúc lúc 8 giờ tối.
Địa điểm được chỉ định như sau:

WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 1 – MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 2 – O'BRIEN TOWERS, 73 BICKNELL STREET
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 3 – THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON ST
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 4 – ADAMS SHORE LIBRARY, 519 SEA STREET
WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 5 – SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 1 – FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 2 – CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 3 – MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 3A – CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 4 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 5 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 1 – COVENANT CHURCH OF QUINCY, 315 WHITWELL ST
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 2 – FIRST BAPTIST CHURCH, 81 PROSPECT STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 3 – MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 4 – WOLLASTON SCHOOL, 205 BEALE STREET
WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 5 – WOLLASTON SCHOOL, 205 BEALE STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 1 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET (CỔNG VÀO)
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 2 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 3 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 4 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET (CỔNG VÀO)
WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 5 – MORRISETTE AMERICAN LEGION POST, 81 LIBERTY STREET
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 1 – FORT SQUARE PRESBYTERIAN CHURCH, 16 PLEASANT STREET
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 2 – QUINCY COMM. UNITED METHODIST CHURCH, 40 BEALE STREET
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 3 – ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET – CỔNG VÀO)
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 4 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 5 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 1 – NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 2 – KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE (HANCOCK ST)
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 3 – KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 4 – ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 5 – SQUANTUM SCHOOL, 50 HUCKINS AVENUE

BỎ PHIẾU BẮT ĐẦU – 7:00 A.M. **BỎ PHIẾU KẾT THÚC – 8:00 P.M.**

Chứng Nhận: Nicole L. Crispo

NICOLE L. CRISPO
Thư Ký Thành Phố

Fair For All Seasons Nov. 6 At St. Thomas Aquinas Hall

A Fair For All Seasons will be held Saturday, Nov. 6 from 10 a.m. to 3 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy.

The fair will feature homemade craft items, quilts, jewelry, blankets, wood signs, sun catchers, aprons and bibs, ceramics, t-shirts, nature photos, bags, cooking salts, wooden crafts, crocheted bags, ornaments, knitted items and more.

There will also be a kitchen, raffles, kids table and bake table.

Admission is a non-perishable food or toiletry item.

The fair sponsored by the Holy Trinity Parish. For vendor or more information contact Eileen Timcoe, etimcoe@yahoo.com or 617-479-4107.

Daniel Yameen GIT Graduate

Daniel Yameen of Quincy recently earned a Bachelor of Science in mechanical engineering with highest honors from the Georgia Institute of Technology in Atlanta.

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- 28 years – Teacher and School Administrator

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- Quincy homeowner - 46 years
- Parent of three sons – all Quincy homeowners, one a Quincy small business owner
- Grandparent of 7 children – 6 attending Quincy Public Schools at 3 different levels

PROVEN LEADER

- Returned Health Education to middle and high school curriculum
- Brought Healthy Relationship and Abuse Prevention program from D.O.V.E. to middle and high schools
- Supported high school students in their efforts to add contemporary works by diverse authors to ELA curriculum
- Developed a revised citywide homework policy with parents, teachers, students, and administrators

Election Day
November 2
Polls are open
7:00 a.m.-8:00 p.m.

Vote Lebo School Committee

WHAT'S COOKING
with
Marie & Suzie
By MARIE D'OLIMPIO and SUZIE FALCO

Bean & Spinach; Lentil Vegetable Soups

By SUZIE

So, it is certainly time for making some soup, since the chilly weather has started to make its way into our days!

Here is an easy, delicious, and healthy soup that you can make in no time. It's always nice to keep beans and broth in your pantry so you can make a quick soup when the days are getting cooler (and shorter!)

Beans and broths can even be found in aseptic packaging rather than cans, if you prefer. Inexpensive and important staples to have in your kitchen.

BEAN AND SPINACH SOUP

2 cups white kidney beans (canellini), canned (or home-cooked)
2 tablespoons olive oil
1-2 cups kidney or red beans, canned (or home-cooked)
1 cup garbanzo beans (chickpeas), canned (or home-cooked)
About 3-4 cups fresh spinach, kale or escarole, washed, drained and chopped or 10-oz.frozen chopped spinach
4 cups vegetable or chicken broth
1 cup tomato sauce
1 medium onion, chopped
3 large cloves garlic, minced
2 tsp. dried basil
Sea salt and Pepper to taste

Saute onion in saucepan with olive oil until fragrant. Add garlic and basil and stir for a minute or two but do not let garlic brown.

Simply toss in everything else and combine. Let come to a boil then cover and simmer about 45 minutes. Serve hot with some parmesan cheese. Even better the next day!

LENTIL VEGETABLE SOUP

Here is a delicious and unique soup that has a lot of healthy additions to it. Loads of vegetables, lentils, and even pumpkin which makes the soup thick and delicious. Lentils are high in protein, loaded with fiber, and a great source of iron and folate. Pumpkin also is loaded with fiber as well as vitamins and minerals, including a good amount of iron, vitamin A and vitamin E. Then you add your greens in and all the other vegetables and you have a powerhouse of a soup. ENJOY!

Lentil Vegetable Soup

1 onion, chopped
¼ cup olive oil
1 cup pureed organic canned pumpkin
2 carrots chopped
2 stalks celery chopped
1 red pepper, chopped
1 zucchini, chopped
3 cloves garlic minced
1 bay leaf
1 teaspoon each dried oregano and basil
2 cups dry lentils
8 cups of broth (veggie, chicken, or mushroom) organic. Imagine is a great brand
1 cup spinach or baby kale
2 tablespoons vinegar REDMONDS REAL SALT and pepper to taste

Heat oil over medium heat in large soup pot. Add veggies EXCEPT FOR SPINACH OR KALE and cook until tender. Now add garlic and herbs. Cook until fragrant but do not let garlic get browned. Now add everything else except for vinegar and greens. Bring to a boil, then cover and simmer for at least an hour. Uncover and stir in vinegar and greens and cook until they wilt. Check for seasonings and serve.

This recipe is great and freezes well also. Make enough so you can have it in a pinch. Makes a great filling soup, especially when eaten with a salad, and a serving of protein.

Braciole

By MARIE

The secret to a tasty tomato sauce is one in which several types of meat varieties are used. For instance, in addition to meatballs and sausages there is meat roll called Braciole that greatly flavors up a tomato sauce.

Back in the day when my mother made Braciole, they were large rolls of beef with the filling and could be sliced in pretty, round pieces. However, one can also prepare them in small rolls, the size of a Chinese egg roll.

At times, I've made such small ones that instead of slicing them, each person had one of their own to slice.

Ingredients and Directions:

1 pound of beef, thinly cut steak
2 cups seasoned breadcrumbs
3 tablespoons grated parmesan Cheese
2 tablespoons fresh parsley
2 eggs
Salt and pepper to taste

BRACIOLE while sauteeing

Cut the beef slices into 4-inch squares.

Mix the breadcrumbs, the eggs, salt and pepper, cheese and parsley until well blended and can be easily spread on the pieces of beef.

Place some of the mixture on each slice of meat, rolling them tightly and then securing them with toothpicks or white string.

Brown the rolls of meat on all sides in oil and then place them in tomato sauce.

Once in the sauce it should take them only about 40 minutes to fully cook.

These can be made ahead of time.

William James Gifts Opens First Brick And Mortar Storefront In Quincy

William James Gifts announces it has opened its first storefront in Quincy at 1543 Hancock St.

The store features gift baskets to wedding gifts. After starting a small business on Instagram, owner Calli McPherson realized her dream of opening a gift store in the heart of Quincy.

McPherson, who has celiac disease, focuses on procuring gluten free food options for her gift baskets. Over the years, she's struggled to find snacks, sweets and treats for herself and wanted to offer gluten free options that are not only safe for anyone with celiac disease to eat, but that were also delicious.

"It feels incredibly surreal that I am living my dream of opening a gift store, and Quincy is the perfect location for us," McPherson said. "I grew up watching my mom own and operate a gift store and as a second generation store owner I've worked so hard to source the very best products out there - in order to create the perfect customized gift options."

In addition to food baskets, William James Gifts offers a wide range of gifting items including birthday and wedding gifts, cards, jewelry, specialized glassware, new parents and baby gifts, to name just a few. And for anyone who wants a really unique gift – there are a variety of options to create a completely customized gift.

The store opened a few weeks ago, and McPherson says she's already seen nearly 150 people come through the door, and the response has been overwhelmingly positive.

For more information about William James Gifts and the products offered visit www.williamjamesgifts.com or follow on instagram.com/williamjamesgifts; facebook.com/williamjamesgifts.

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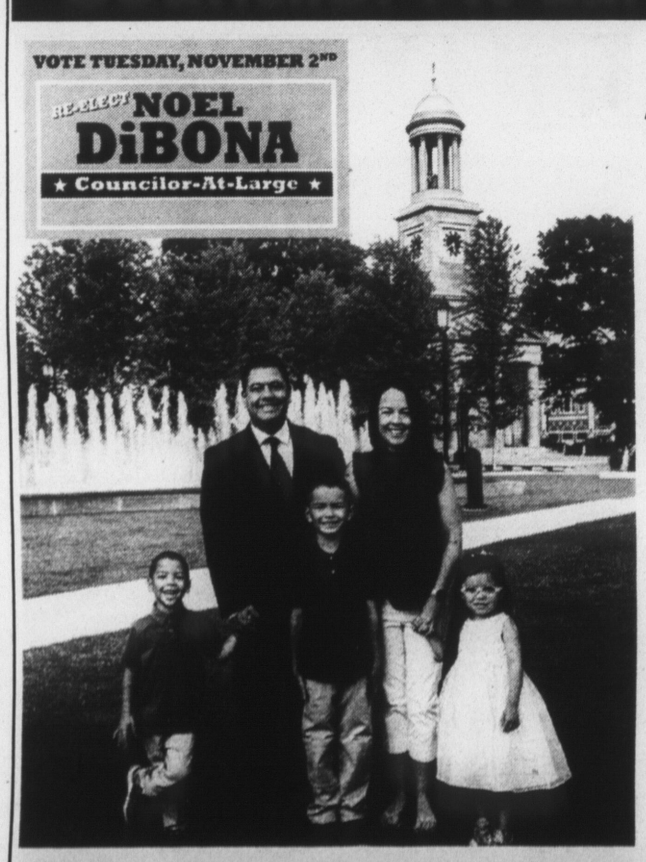
Councilor-At-Large Noel DiBona Advocates For:



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- Tunnel Workers Local 88
- Boston Carmen's Union Local 589

Website: NoelDiBona.Nationbuilder.com

VOTE TUESDAY, NOV. 2ND

COUNCILOR-AT-LARGE
NOEL T. DiBONA
70 Chickatabot Road
Candidate for Re-election

Paid for by the Committee to Re-Elect Noel T. DiBona

OCT 28 2021

NeighborWorks Housing Solutions 'Opening Doors, Changing Lives' Gala

Nov. 10 At Granite Links Golf Club

NeighborWorks Housing Solutions, the leading housing service provider in southern Massachusetts, announces this year's gala will be held Wednesday, Nov. 10th.

The "Opening Doors, Changing Lives" Gala will begin at 6 p.m. on Nov. 10th at Granite Links Golf Club in Quincy. In addition to being held in-person and on-site, this year's gala can also be accessed virtually.

Lead sponsors of the highly gala include NEI General Contracting, who is the Presenting Sponsor. This year's Platinum Sponsors include Bank of Canton, Curtis Construction, and Dellbrook JKS. Additional sponsors are listed on the event website: www.nhsmass.org/gala2021.

This year's event will feature a silent auction, where guests can participate and bid in-person or virtually. In-person guests will also enjoy a dinner and program taking place during the evening. Games, raffles and special prizes thanks to the many in-kind sponsors will help make this event a fun evening for a good cause. A virtual event will also be available to those who are unable to attend the in-person event.

For tickets, sponsorship information, or to make a donation to NHS or the silent auction, visit www.nhsmass.org/gala2021.

"It's such a pleasure to announce our 'Opening Doors, Changing Lives' Gala following a year of so much anxiety and apprehension," said Robert Corley, CEO of NeighborWorks Housing Solutions. "Whether in person or virtually, we look forward to seeing many familiar and new faces joining us on Nov. 10th."

Ask Rusty – Is Taxing Social Security Fair?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: Taxing Social Security benefits isn't fair. It would benefit everyone if seniors could earn as much as possible without having their Social Security taxed. We would still be paying into Social Security which would help the fund. I also feel that all people earning over $100,000 should pay into Social Security because they can afford it. This would help fund Social Security without hurting anyone financially. Many seniors are struggling financially and should be able to earn as much as we can without a portion of our Social Security being taxed. **Signed:** ***Overtaxed Senior***

Dear Overtaxed Senior: Few would argue that paying income tax on Social Security benefits is fair. Nevertheless, Congress enacted taxation of Social Security benefits in 1983 as part of a reform package which restored Social Security to solvency at the time. When the law was first enacted, 50% of SS benefits were taxable for single tax filers who earned more than $25,000 and for married couples who earned more than $32,000. That was the law until 1993 when Congress added another threshold for both single and married filers. The 1993 law allowed up to 85% of SS benefits to be taxed for single filers who earned more than $34,000 and for married filers earning more than $44,000.

Ever since enacted, those laws have been viewed as unfair by many senior organizations and especially by the individuals who paid income tax on their benefits. The unfortunate reality is that eliminating income tax on Social Security benefits without also implementing other offsetting reforms would exacerbate Social Security's now tenuous financial condition (income tax on benefits added $41 billion to Social Security's revenue in 2020). Thus, calls today for repealing income tax on Social Security benefits go largely unheeded. It's worth noting that 13 U.S. states also levy a state income tax on Social Security benefits.

Although the payroll taxes you pay into Social Security while working are different from income taxes on your benefits, people earning over $100,000 today do pay into Social Security through a FICA tax (or self-employment tax) on their earnings. Paying this tax is what entitles you to receive Social Security benefits. The 2021 threshold after which SS contributions are no longer taken from earnings is $142,800, and this amount goes up a bit each year. But even completely removing that payroll tax cap and further taxing higher earners would not fully resolve Social Security's current financial issues. Social Security's Trustees predict that monthly benefits are at risk of reduction starting in 2034 unless Congress acts to reform the program. Eliminating income tax on benefits is one of many suggestions now being considered in reform proposals, as is increasing (or eliminating) the payroll tax cap. Whether Congress will include either of those suggestions in future Social Security reform legislation is anyone's guess.

Social Security Matters

So, while we agree that levying income tax on Social Security benefits amounts to "double taxation" (because you also pay income tax on your earnings used to qualify for Social Security), taxing your Social Security income is, nevertheless, permitted under current law. As unpalatable as that law may be, and as unfortunate the effect is on struggling seniors, the AMAC Foundation can only offer guidance on how existing Social Security laws and regulations affect those who contact us. However, our parent company, the Association of Mature American Citizens, is very well aware that paying income tax on Social Security "isn't fair" and regularly lobbies Congress on that topic.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

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TINA CAHILL

★★★★★

QUINCY SCHOOL COMMITTEE

I RESPECTFULLY ASK FOR YOUR VOTE on TUESDAY, NOVEMBER 2

TCAHILLQUINCY.COM

- Life-Long Quincy Resident
- Married to Tim Cahill, Parents of 4 Daughters Who Attended Quincy Public Schools
- 30 Years of Experience Working in Education as a Teacher & Administrator
- Currently, the Executive Director of Recovered Souls Foundation
- Bachelor's Degree in Elementary Education
- Master's Degree in Higher Ed. Administration
- Past President of the Thomas Crane Public Library Board of Trustees
- Past President of the Quincy College Trust

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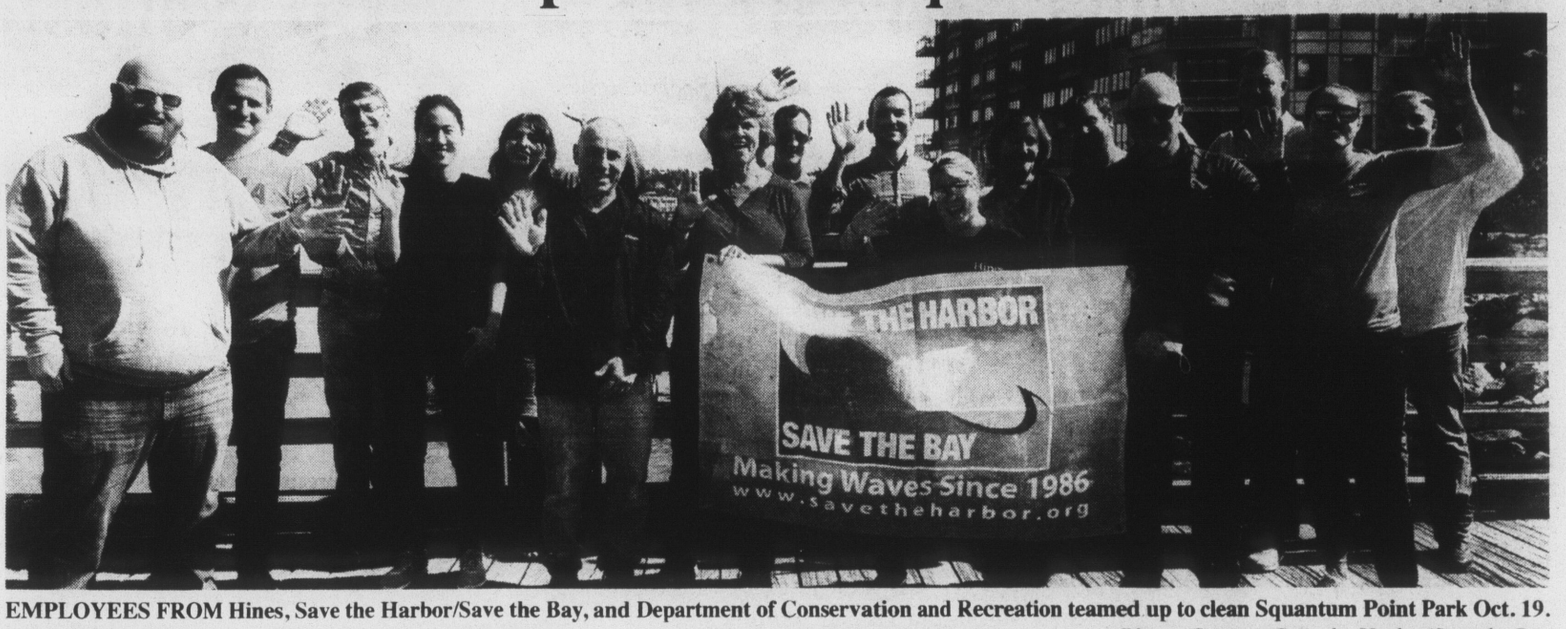
Groups, Volunteers Team Up To Clean Squantum Point Park

Save the Harbor/Save the Bay teamed up with the Department of Conservation & Recreation (DCR) and 20 volunteers from Hines Oct. 19 for a cleanup at Squantum Point for the fifth year in a row.

Geared with gloves, bags and trash pickers, the volunteers removed truckloads of invasive weeds and debris from the trails and shoreline. Since it was founded in 1957, Hines has always been committed to giving back to their community. On Tuesday afternoon their team did just that.

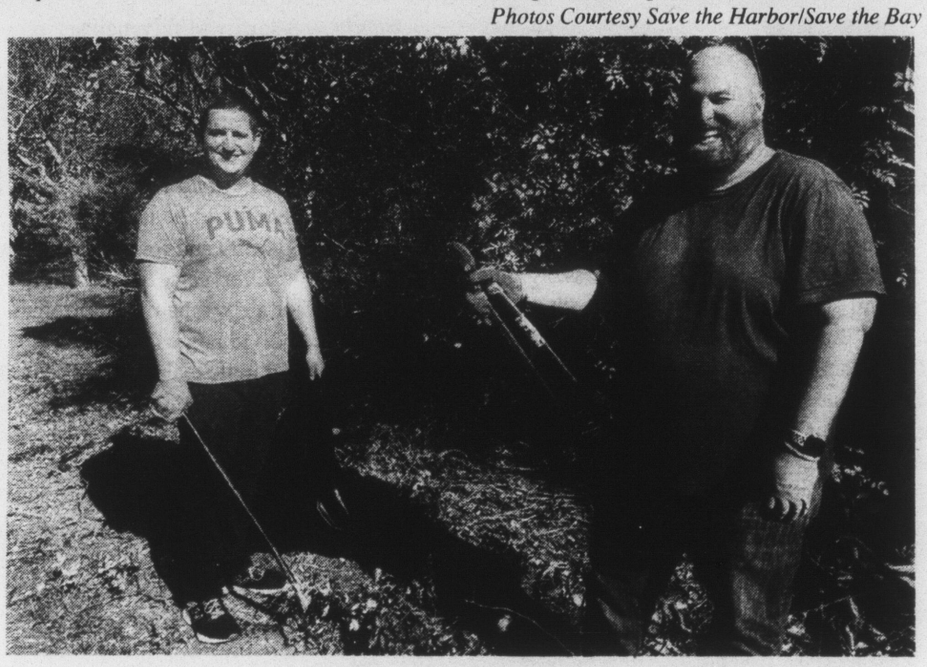
Cont'd On Page 13



EMPLOYEES FROM Hines, Save the Harbor/Save the Bay, and Department of Conservation and Recreation teamed up to clean Squantum Point Park Oct. 19.

Photos Courtesy Save the Harbor/Save the Bay

FROM LEFT RIGHT: Save the Harbor/Save the Bay's Program Director Kristen Barry, Hines Senior Project Accountant, Laura Bishop, Hines Office Manager, Kelly Shom and DCR's Recreation Facilities Supervisor Stephanie Litterio pick up trash along the shore at Squantum Point.



MATT HOWE (left) of Marshfield and Matt McCollem of Chelmsford help remove invasive species at Squantum Point Park.

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For more information please contact Dawn Hayes, *Director of Marketing & Philanthropy*: 617.890.5658 or E-mail: dawn.hayes@dovema.org

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Community Advocacy & Prevention Services: 617.770.4065
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Thank you to our Harvesting Hope 2021 sponsors!

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*Our sponsorship list is continually growing, view our website for the most updated list. * DOVE Board Member*

OCT 28 2021

Nearly 90 Volunteers Help Spruce Up Wollaston Beach

By MAUREEN MAZRIMAS
Friends Of Wollaston Beach

It was an impressive showing! Nearly 90 volunteers recently participated in Coastsweep 2021 on Wollaston Beach.

On hand were Rep. Bruce Ayers, Councillor Noel DiBona, Dave Murphy of the city's Department of Natural Resources, Joe Indelicato and his crew from DCR, and the North Quincy High School Jr. ROTC. Also helping out was Miss Massachusetts Earth, Olivia Bulgin, who traded in her scepter for a trash retriever. Joining the officers, directors and members of Friends of Wollaston Beach were members of the Sustainability Club at Bentley University, the Wollaston Yacht Club, and Maya Smith of Save the Harbor/Save the Bay.

On balance, the beach

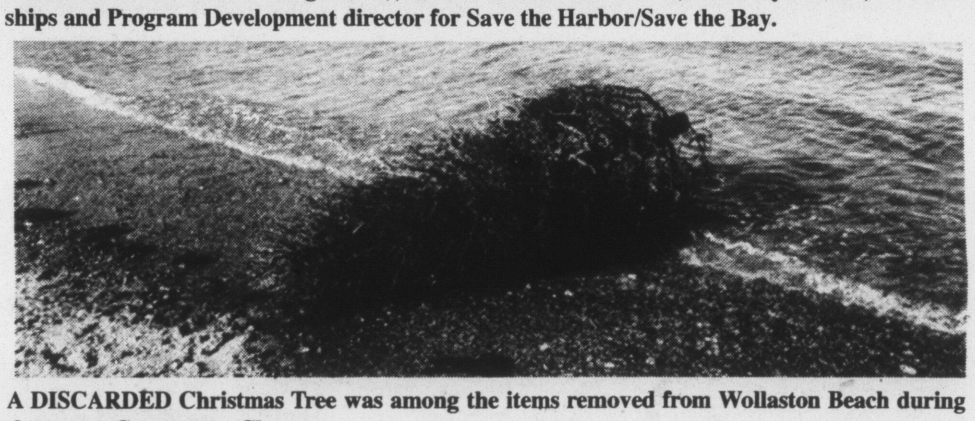
Cont'd on Page 14

NEARLY 90 VOLUNTEERS recently participated in Coastsweep 2021 at Wollaston Beach. The group collected over 30 bags of trash, four appliances, a water heater, the bottom of a trash can, 11 syringes and a Christmas tree as well as more than 2,000 cigarette butts.

Photos Courtesy Friends of Wollaston Beach

AMONG THE VOLUNTEERS who pitched in during the recent Coastsweep Cleanup at Wollaston Beach were Olivia Bulgin (left), Miss Massachusetts Earth, and Maya Smith, Partnerships and Program Development director for Save the Harbor/Save the Bay.

FRIENDS OF WOLLASTON BEACH board members with Maya Smith of Save the Harbor/Save the Bay during the recent Coastsweep cleanup at Wollaston Beach.



A DISCARDED Christmas Tree was among the items removed from Wollaston Beach during the recent Coastsweep Cleanup.

STUDENT CADETS from the North Quincy High School Air Force Junior ROTC move a water heater collected during the recent cleanup of Wollaston Beach.

Groups, Volunteers Team Up To Clean Squantum Point Park

Cont'd From Page 12

"Today's cleanup gave us the chance to work together as a team with Save the Harbor for a great cause," said Hines Office Manager Kelly Shom. "It's a great to help DCR and our community by keeping Squantum Point clean."

At the site, the team collected a total of 15 bags of trash from the trails and shoreline of Squantum Point, a former Naval airfield adjacent to Marina Bay that offers healthy open space with great views of the Boston Skyline and the Boston Harbor Islands.

Save the Harbor/Save the Bay Executive Director, Chris Mancini said that the group is always proud to partner with the enthusiastic volunteers from Hines. "They make it fun to do the hard work it takes to help keep public spaces well maintained for everyone to enjoy," said Mancini.

"Thanks to Save the Harbor/Save the Bay and the volunteers from the Hines Company for taking the time to clear trash and debris from the shore and trails at Squantum Point," said Rep. Tackey Chan, who serves on the Metropolitan Beaches Commission. "It is important to the neighborhood and the city, and we appreciate their efforts."

"Squantum Point is a great place to explore, take a hike or just enjoy our beautiful shoreline," said Rep. Bruce Ayers. "Thanks to Save the Harbor/Save the Bay and the volunteers from Hines for caring about our community and taking care of Squantum Point each year."

Save the Harbor/Save the Bay is a non-profit, public interest harbor advocacy organization made up of thousands of citizens as well as civic, corporate, cultural, and community leaders and scientists. Their mission is to restore and protect Boston Harbor, Massachusetts Bay and the marine environment and share them with the public for all to enjoy.

To find out more about Save the Harbor/Save the Bay, visit their website at savetheharbor.org and follow @savetheharbor on social media.

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LIZ SPEAKMAN
SCHOOL COMMITTEE

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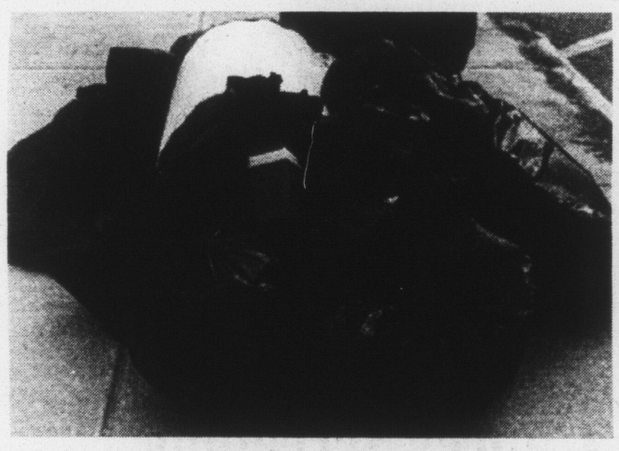
STUDENTS FROM Bentley College's Sustainability Club took part at the recent volunteer Coastsweep cleanup at Wollaston Beach. *Photos Courtesy Friends of Wollaston Beach*

ANOTHER GROUP OF students taking part in the Wollaston Beach cleanup were cadets from the North Quincy High School Junior Air Force ROTC.

Volunteers Spruce Up Wollaston Beach



COASTSWEEP CLEANUP at Wollaston Beach generated more than 30 bags of trash - some shown here - along with a safety container with 11 syringes (center).

Cont'd From Page 13

appeared to be cleaner than in years past. Yet, appearances can be deceiving. The group still managed to collect over 30 bags of trash, 4 appliances, a water heater, the bottom of a trash can, 11 syringes, AND a Christmas tree! Cigarette butts continue to be the big culprit – numbering over 2,000.

"Whether people are actually becoming better stewards of the beach, or whether the pandemic may have had some effect on the number of items collected (specifically the lower numbers of cigarettes), remains to be seen," said Maureen Mazrimas, president of Friends of Wollaston Beach. "The bottom line is that 88 people took time out of their busy schedules to clean the beach – and that is amazing! Hopefully, we can continue to see improvement in the number and types of pollutants that find their way to the beach."

To see a specific breakdown of items collected, please see friendsofwollastonbeach.net, or follow FWB on Facebook and Instagram. Also, check the Quincy Sun and QATV for details of upcoming events – specifically the "Dick Herbert Memorial Toy Drive" in early December.

Ms. Mazrimas noted that this was a huge undertaking that had a tremendous impact. She thanked everyone for their help.

LOCAL SCHOOL STUDENTS fill a garbage bag with debris and litter during the recent Coastsweep cleanup at Wollaston Beach.

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OCT 28 2021

November Children's Events, Activities Crane Library

By JULIE RINES
Thomas Crane Public Library

The following children's events and activities are scheduled during the month of November at the Thomas Crane Public Library.

Registration for November programs

Registration is required for the following programs; Mother Goose Storytime, StoryLab, Coding Clubs, Phoenix book club and Dungeons and Dragons. Registration begins Monday, Nov. 1st at 9 a.m.

To register go to the calendar on the library's website and click on the program date. Space is limited and registration is limited to Quincy residents.

Fall II Storytimes

November/December Storytimes for ages 4 months to 5 years begin on Monday, Nov. 15th. All programs are in person indoors at the Main Library unless otherwise noted.

ABC Storytime with Miss June for ages 2-5

Mondays 11/15, 11/22, 11/29, 12/6 and 12/13 at 10 a.m. Live Online

StoryLab with Miss Amanda ages 4-8

Mondays 11/15, 11/22, 11/29, 12/6 and 12/13 at 3 p.m. In Person at Wollaston. REGISTRATION REQUIRED

Toddler Storytime with Miss Lori for ages 2-3

Tuesdays 11/16, 11/23, 11/30, 12/7 and 12/14 at 10 a.m. in person at Adams Shore

Toddler Storytime with Miss Dorothy for ages 2-3

Wednesdays 11/17, 12/1, 12/8 and 12/15 at 10 a.m. Live Online

Family PJ Storytime with Mrs. Miller best for ages 1-5

Wednesdays 11/17, 12/1, 12/8 and 12/15 at 6:30 p.m.

Rock-a-bye Baby Storytime with Mrs. Miller for ages 4-11months

Thursdays 11/18, 12/2, 12/9, and 12/16 at 9:30 a.m.

Mother Goose Storytime with Mrs. Miller for ages 12-23 months

Thursdays 11/18, 12/2, 12/9, and 12/1 at 11 a.m. REGISTRATION REQUIRED

Coding Clubs

Coding Club for ages 5-6 is an introduction to coding and basic coding concepts through storytimes and "unplugged" (or screen-free) activities. Children will have the opportunity to practice using coding bots.

This program meets on Tuesdays at 3 p.m. 11/16, 11/23, 11/30, 12/7 and 12/14. REGISTRATION REQUIRED

Coding Club for ages 7-8 is an introduction to block-based coding using Scratch and code.org projects for beginning coders. Children will also have the opportunity to get hands-on experience using coding bots. Two sessions of this program will be offered. You may choose only one session to attend. This program meets on Thursdays at 3 p.m. 11/18, 12/2, 12/9 and 12/16 REGISTRATION REQUIRED

Coding Club for ages 9-10

Coding Club for ages 9-10 is for children with a little bit of coding experience. We will be working primarily with Scratch coding. This program meets on Mondays at 3 p.m. 11/15, 11/22, 11/29, 12/6 and 12/13 REGISTRATION REQUIRED

Music and Movement with Miss Rubi (Outside)

On Saturday, Nov. 6th at 10:30 a.m. sing and dance with Rubi Lichauco outdoors on the library lawn! Rubi brings her popular preschool program to our front lawn, so put on your favorite dancing shoes and join us for this lively mix of music and movement. Please bring a stuffie along with you to join the fun.

This program is especially good for children ages 0-4, but anyone who needs a dance break will have a lot of fun.

We are so happy to be seeing Miss Rubi in person again in case of inclement weather we will have to schedule a rain date. Please check our calendar, Facebook or Instagram page for the latest update before setting out for the library.

Phoenix Book Club for grades 5-8 (In Person)

Our first meeting will be on Tuesday, Nov. 9th at 7 p.m. in the Main Library Children's Room. Registration is required for this program. Register through our online calendar.

Children in grades 5 through 8 are invited to join us to discuss a new theme or genre each month. Children choose their own books from a list of suggestions or they can suggest their own choices to Miss Amanda. Each month children will meet and share their thoughts on the book they read and the theme or genre.

November's Theme: Spooky stories

Dungeons and Dragons (In Person)

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, Nov. 16th for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half for to play this story. Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.

Registration is required for this program. Registration begins at 9 a.m. on Monday, Nov. 1st. This program is for ages 10-15.

This program will be IN PERSON in the Main Library Children's Room. Character sheets will be provided. We recommend that attendees wear masks.

Dinosaur Discovery (In Person)

Drop by the Main Library on Saturday, Nov. 27th from 10 to 11 a.m. and discover dinosaurs. We'll sort dinosaurs, look at dinosaur footprints and learn about dinosaur diets, skeletons and fossils, and more.

Arbella's Raises More Than $40,000 For Cancer Screening

Oct. 19th marked the 13th annual Pink Day in which Arbella Insurance Group employees teamed up with the Arbella Insurance Foundation to raise funds for the Dana-Farber Cancer Institute. The funds raised, over $20,000, support cancer screenings and education for medically underserved populations. Those funds were matched by the Arbella Insurance Foundation for a total donation of $40,314.

"Almost everyone has been touched by cancer in some way, whether they've had it themselves or have seen a family member, friend or co-worker struggle with the debilitating disease," said John Donohue, chairman, president, and CEO of the Arbella Insurance Group and chairman and president of the Arbella Insurance Foundation. "For the 13th consecutive year, Arbella is proud to donate to Dana-Farber and its efforts to bring cancer education and prevention to our local communities. We are truly privileged to have such a prestigious and influential cancer institute in our backyard. Arbella's employees always come together to support Dana-Farber and all the great work that they do, and I am always amazed at their generosity.

This year, Arbella welcomed Dana-Farber patient Chris Devin to Pink Day, to share his experience about being treated at Dana-Farber. Devin was diagnosed with multiple myeloma in March 2020 and is currently under the care of oncologist Paul Richardson, MD. Following his diagnosis, Devin immediately underwent five straight days of intensive radiation and enrolled in a clinical trial evaluating the combination of three drugs and the novel CD-38 antibody isatuximab.

During the all-day fundraiser, Arbella employees dressed in pink and purchased pink masks, lanyards and wine tumblers, the proceeds of which were all donated to Dana-Farber. Each company department created baskets made with employee donations and raffled them for additional fundraising, which was matched by Arbella's Foundation. All employee contributions will support cancer screening through Dana-Farber's Community Benefits Program, which includes the Mammography Van. To date, Arbella's Pink Day has raised more than $443,580 for cancer awareness and screening.

Magnolia Contreras, director of Community Benefits at Dana-Farber, also joined Pink Day to thank employees for their continued support and generosity.

"I'm grateful and extraordinarily humbled to witness the support Arbella has provided to Dana-Farber for more than a decade and especially throughout the pandemic," said Contreras. "Dana-Farber's Mammography and Blum Vans are vital resources in our community and with Arbella's help, thousands of vulnerable patients are able to receive crucial cancer screenings each year."

As the only mobile mammography program in Massachusetts, Dana-Farber's Mammography Van provides free mammograms and breast health education to medically eligible women aged 40 years and older.

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School Candidates Discuss Diversity, Teachers' Contract At PTO Forum

Cont'd From Page 1

municipal workers, such as police and firefighters, agreed to contracts this summer with a 0 percent raise for fiscal year 2021 and 3 percent for fiscal year 2022.

As a sitting member of the School Committee, Lebo said she could not get into specifics about the contract negotiations – a point fellow incumbents Gutro and Perdios also made – but said teachers should be given the same raises other unions have received, while allowing the two sides to work out a longer-term deal. Paraprofessionals and substitute teachers, she added, should be given pay raises to help ensure those positions are filled.

"We have not had any difficulty filling our professional positions this year at all, and we don't usually," Lebo said. "We have had significant problems filling paraprofessional jobs and we do need to look at that salary. We need to look at that salary and make sure we are increasing paraprofessional pay and our substitute pay – we are having a huge issue with substitutes."

Schaaf said she is in favor of teachers being paid well. Negotiations for the new contract, she said, are something Mayor Thomas Koch, the chairperson of the School Committee, is handling, while other committee members may have more input in future contracts.

"This particular contract right now is solely monetary and there is not any other negotiations going on, so I know the mayor is the head of the School Committee and sets the budget so there is not much the School Committee can do on it right now," Schaaf said. "I'm not sure how I could help with the negotiations here – would love to be involved in negotiations in the future for many other topics."

Speakman said teachers should be given similar raises to other unions – and that other committee members should be at the bargaining table with the QEA, not just the mayor.

"I fully support them getting a raise similar to what the other unions get and was also surprised that other members of the School Committee are not part of the negotiation team. I think that is something to advocate for – to have other members of School Committee be part of that team," Speakman said. "Clearly, it's not going as well as we would hope, and I think having more wisdom and insight…would be beneficial for everyone."

Cahill said everyone wants to feel valued for the work they do, and the work teachers do on a daily basis cannot be underestimated.

"Hopefully the union leaders and the administration can come together and come to an agreement on a contract that makes our teachers feel they are valued for the work they do. I also feel as though the paraprofessionals and the substitutes, like Emily said, need to be compensated," Cahill said, because it could be difficult to hire and retain those positions if the pay is not enough.

Perdios said she took issue with Koch's comments at an Oct. 13 committee meeting comparing the negotiations with the QEA to a game. Perdios had shared her concerns about those comments during the committee meeting itself.

"I thought it was horrendous that we were likening giving our teachers a much-needed and deserved increase to a game. It's not like that," Perdios said. "I don't know any rich teachers. I don't know anyone who is living the lap of luxury as a teacher. This money is going to put food on their tables for their families and paying their mortgage. I didn't like that…so I had to speak up."

Gutro said he had sought to be on the team negotiating a new contract that would address other issues besides just pay with the QEA but, because of COVID-19, those talks never got started. The city's educators, he added, should receive the same raises other municipal unions were given over the summer.

"I share everybody's concern and I'm in agreement that teachers deserve to be treated fairly and with respect and have access to the same raises that every other union in the city has agreed to," Gutro said.

The candidates were also asked how the Quincy Public Schools can recognize students' diversity in the classroom and the curriculum.

Schaaf said the district could do so by purchasing a wider variety of books for classes and libraries.

"It is very important for children to feel comfortable, safe and supported. I think we could also help that by adding diverse books into the classroom and school libraries, making sure everybody has books that can feel like minded with, books that refer back to the culture, home and different languages that they speak," Schaaf said.

Speakman said the district could use stipends to help create pipeline of more diverse educators.

"One of the projects that I've been working with some teachers to create a proposal around is creating a pipeline of more diverse teachers by offering a stipend for student teachers when they've completed their master's and need to do their student teaching, for QPS graduates, to be able to come back and do their student teaching within QPS, and receive a stipend to do that, so they receive kind of a foot in the door," Speakman said.

Cahill said the district should look at ways to make it easier for immigrant families to interact with the school system.

"As a school system, maybe we could put something in place – Liz has mentioned before liaisons – where we can try to reach out to families and parents and guardians to help them feel more comfortable," Cahill said. "I also think that support in the classroom for teachers who maybe have students in the classroom that don't speak English as their first language…helps the teachers to be able to navigate and manage the classroom better."

Perdios said the district has taken steps to recognize diversity, like buying more diverse texts, in recent years, but more could be done.

"We can continue to provide more professional development opportunities for students and staff about new ways to support and speak about diversity," Perdios said. "I'd support adding role models from every culture, race, ethnicity, gender, sexuality, religion to our curriculum. That way all of our students can see themselves in what they are learning and relate to characters in fiction and in history and find people they can look up to."

Gutro said the first step is to hire a workforce that resembles the student population, which he said the district has not kept up with.

"We used to get a list at the orientations, and every last name was either Irish or Italian, which is my descent, but that didn't reflect the school system," Gutro said. "I think some of the recommendations that Liz and others might have are worthy of looking at in terms of how you better recruit, but it is an issue in every organization, the difficulty in recruiting and training a diverse workforce."

Lebo said she took steps this year to help ensure both high schools were able to get books from culturally diverse authors after North had received a donation to do so.

"We convened a group, it was a curriculum collaboration, and the students and the teachers chose books they would read over the summer to put in the curriculum," Lebo said. "I'm happy to say I went to the School Committee and the mayor and got funding so that Quincy High had $10,000 and North Quincy high had $10,000 to make sure that would be happening this year."

Ayers Providing Handicap-Accessible Rides To Polls On Election Day

State Rep. Bruce Ayers will provide free transportation to disabled residents who wish to vote in the Quincy municipal election on Tuesday, Nov. 2.

"Voting is a fundamental right. People with disabilities should not have to face additional barriers to exercise their right to vote, and that includes being able to get to and from the polls easily," said Ayers.

To schedule a ride in a handicap accessible wheelchair van to vote, contact Rep. Ayers at (617) 328-0102 or at brucej.ayers@yahoo.com.

"I'm proud to continue offering this service to people with disabilities so they can participate in democracy and ensure their voice is heard," Ayers said. "With the COVID-19 pandemic continuing, we will follow all proper health and sanitary protocols during the duration of the ride."

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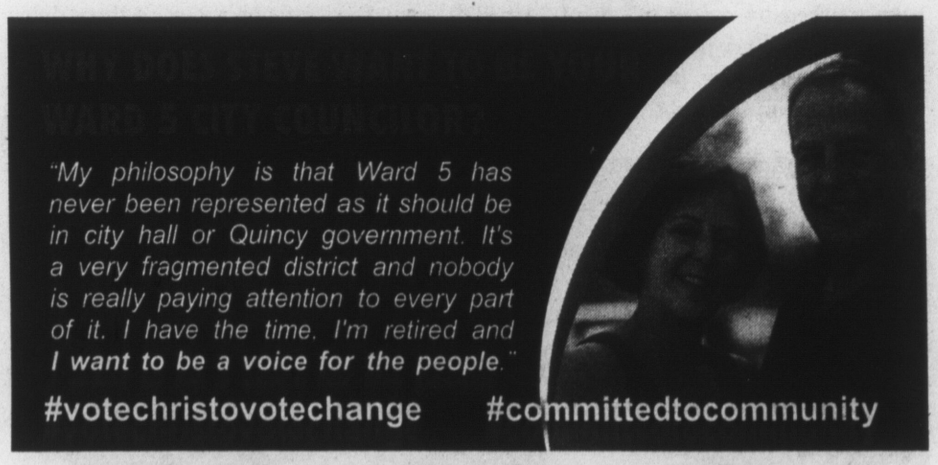

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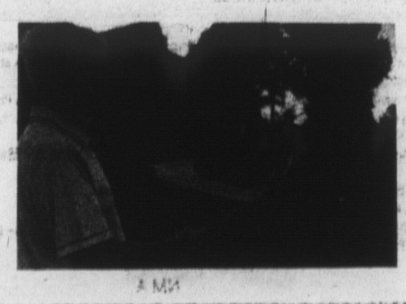


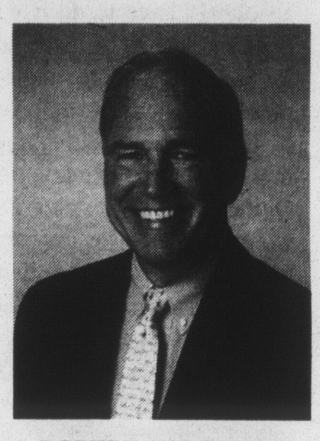
OCT 28 2021

Robert Corcoran Commercial Lending Vice President At Bank Of Canton

Robert J. Corcoran was recently named vice president of commercial lending at Bank of Canton.

Corcoran brings more than 40 years of diverse commercial lending experience to the bank, having successfully grown loan portfolios in his previous roles while also reducing and/or restructuring non-performing loans.

"I'm excited to be joining an established, talented commercial lending team at Bank of Canton," Corcoran said. "Their approach puts clients' needs front and center, and the entire lending and underwriting team is focused on client success. It's a natural fit for me and the way I work – everyone



ROBERT CORCORAN

is ready to pitch in and help business clients achieve their goals."

Corcoran will be working out of the bank's 490 Turnpike St. headquarters in Canton. He joins Bank of Canton from South Shore Bank, where he served on the senior management team. He also has held leadership positions at Salem Five Bank and Rockland Trust.

"Bob is a great addition to the Bank of Canton team," said Executive Vice President and Senior Lending Officer Michael Lindberg. "Throughout Bob's career, he has excelled at growing and preserving client relationships and strengthening his organization's balance sheet. I'm eager to see him achieve similar successes as part of our team."

Corcoran earned his B.S. from Bentley University and his M.B.A. from Babson College. He lives in Centerville with his wife, Donna.

Emily Simpson Resource Development Director At NeighborWorks Housing Solutions

NeighborWorks Housing Solutions announces Emily Simpson of Somerville, formerly of New Jersey, is the organization's new resource development associate.

In this role, Simpson assists the resource development director in advancing the goals and objectives of the development department and its long-term strategy. Her responsibilities include assistance with event planning, donor data management, direct mail and communications, and all marketing and fundraising activities for the agency.

EMILY SIMPSON

Prior to joining NeighborWorks Housing Solutions, Simpson was the database and social media manager for Oasis – A Haven for Women & Children in Paterson, New Jersey.

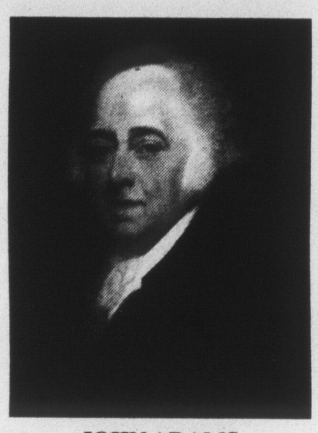
She is a graduate of the University of Vermont with a Bachelor of Arts degree in psychology.

"We welcome Emily as our resource development associate," said Robert Corley, CEO of NeighborWorks Housing Solutions. "Her strong communication and organizational skills, familiarity with social media platforms and experience with fundraising and event planning make her the ideal person to fill this important role."

United First Parish Church To Hold John Adams Presidential Wreath Laying Ceremony Oct. 29

On Friday, Oct. 29th at noon the annual presidential wreath laying ceremony in celebration of the 286th birthday of President John Adams will be held at United First Parish Church, the "Church of the Presidents," 1306 Hancock St., Quincy.

On the birthday of every deceased President there is a wreath presented at the grave of that former President, on behalf of the current President. This tradition was instituted by Lyndon B. Johnson over 50 years ago. John Adams, second President of the United States of America, was a life-time member of United First Parish Church and is entombed in the Presidential Crypt in the Church alongside his First Lady, Abigail Adams. President John Quincy Adams and his First Lady, Louisa Catherine Adams are also entombed there. The congregation has operated a Historical Tours program open to the public since 1976 providing tours of the Presidential Crypt and historic sanctuary.



JOHN ADAMS

For decades United First Parish Church has used the tradition of a presidential wreath laying to bring the Quincy community together to reflect on our shared history as "City of the Presidents." The church collaborates with elected leaders, historians, educators, authors, musicians, community and cultural groups, as well as the Navy, to create a unique and celebratory an event that honors the legacy of John Adams by fostering lifelong learning within community.

John Adams was president when the Navy was founded and the Navy always represents the sitting president at this annual ceremony. Lt. Commander Alicia Ping will represent the president. Speakers include Quincy Mayor Thomas Koch, Kelly Cobble from the Adams National Historical Site, Alexandria Elliott from the Quincy Historical Society, and Rev. Rebecca Froom and Jim Petosa from United First Parish Church. Norman Corey will provide music on organ and piano.

"We are very excited that this year we are once again able to have three student speakers from area high schools who will give a short speech on John Adams," Rev. Froom said. "We were not able to have student speakers last year due to the COVID-19 pandemic. Speakers will reflect on John Adams' writings on the themes of faith and duty."

The ceremony is open to the public, though seating is limited to 200 people. Masks or face recoverings are required inside.

The building is wheelchair accessible. United First Parish Church is located at 1306 Hancock St., Quincy.

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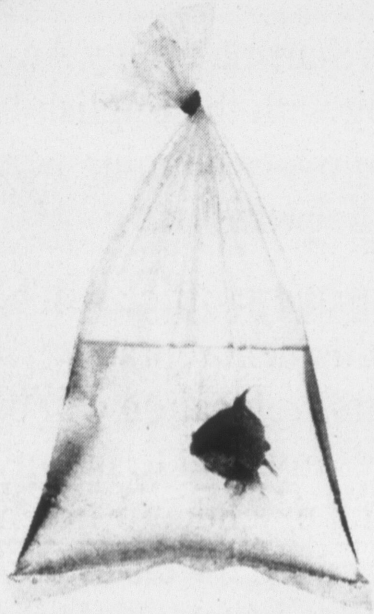

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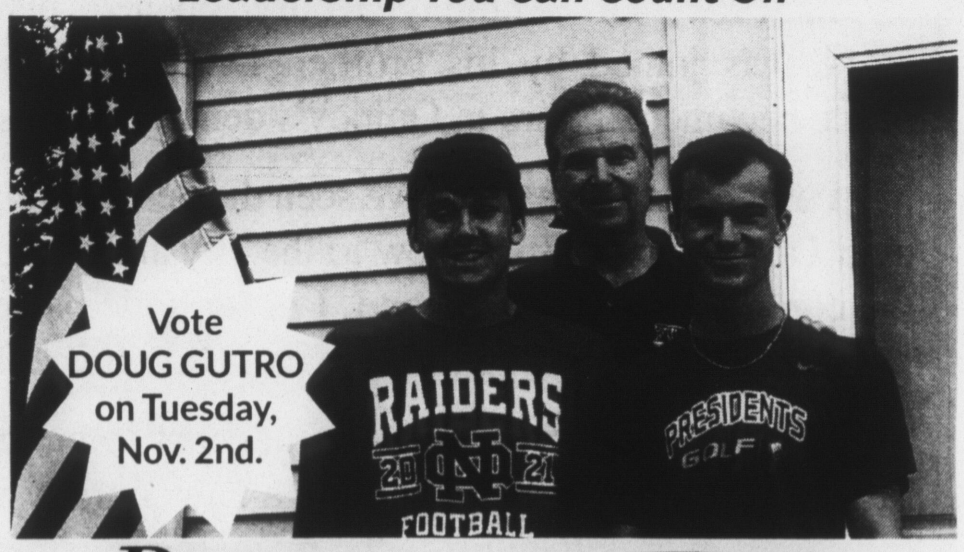

Doug **GUTRO**

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"I believe that public education is the single greatest investment we can make for our future. As your School Committee member, I have always devoted the time and energy necessary to fight for the resources our students need. **With your vote, we can keep Quincy Public Schools on the right path.** I promise that I will always put Quincy students and families first." – *Doug Gutro*

At-Large Candidates Speak At Democratic City Committee Forum

Cont'd From Page 3

to listen and build consensus behind each decision we make."

Mahoney said she is an independent voice for the city's residents, and wants to help constituents achieve their goals.

"One of the things I do think I bring to the City Council is I am and always will be independent and a voice for the city of the Quincy," Mahoney said. "I make sure I listen to the constituents and I participate with them and help them in any way that I possibly can for them to achieve their goals so that we as a city can achieve all of ours."

Each of the candidates was asked how they plan to involve residents in their decision-making process.

DiBona said he values going door-to-door to hear from people.

"I think the most important thing is communication. A lot of the different issues that come across the city, I get that walking door-to-door. Folks are going to tell you a lot more information at their doorstep and on their porch than they would at a public meeting," DiBona said. "They will tell you a lot of information."

Liang, whose cousin, Jimmy Liang, founded the JP Fuji Group of restaurants, said she first sought office in 2015 because she felt her family and other downtown business owners were being left out of the conversation about the area's development.

"Financially, our entire family invested in this city. We were really excited to move in this direction and to see the possibilities coming down the pike," Liang said. "What was really hurtful was, despite all these investments…we now we're being left out of the conversation. That was really hurtful, so that's what drove me to run for office to begin with and it's what continues to drive my work on the City Council."

Mahoney said she has stayed engaged with residents because doing so can help improve the community.

"The pandemic did create a bit of havoc for that because we were not able to do things in person. I do take phone calls, Zoom calls, emails. I answer everybody anyway they communicate with me," Mahoney said. "One of the things I did do that is a little different this year is I started a podcast. The reason why I started a podcast is because a lot of people don't read the newspaper or actively engage in social media, so the podcast gives them the opportunity to reflect on what's happening."

All three candidates were also asked if they supported giving residents more input into traffic planning and patterns.

DiBona said he would support giving residents greater input because each street is unique.

"I walk a lot of the Wollaston Beach area and I will tell you each street is a little bit – the square footage of each street is all different, so every street has a little different style of how they want to do the parking enforcement and traffic mitigation," DiBona said, adding that sometimes residents want to have one-way streets or other traffic-control measures in place.

"It is all going to be based on the residents that live on that particular street," DiBona said. "You have to have a public meeting, you have to have the ward councillor involved…and let them talk about all the pros and cons of dictating any type of traffic mitigation."

Liang said community input is important to addressing traffic and that the city's traffic and parking department was formed based on concerns about those issues. She said it was also important to encourage alternative means of transportation to reduce congestion on city streets.

"A lot of folks in this city, thankfully to help cut down on congestion, prefer walking. We have four T stations in the city, two commuter rail lines, we do have some bus lines – albeit not all of them are reliable – but folks like to take advantage of that, which is great," Liang said.

"If we want to encourage that, to again cut down on the congestion and the traffic problem, we need to make sure that our sidewalks are wide enough so they match ADA compliance, so multiple people can walk on the sidewalk in either direction, and frankly that the crosswalks are safe."

Mahoney said she supports community involvement in all areas, including traffic. She also said the city needs to do a better job enforcing traffic measures once they are put into place.

"One of the things we absolutely have to do is no matter what we're listening to and what we're implementing, we have to enforce it. That is one of the things that is very frustrating in Quincy because oftentimes we engage and we may try to change something, but the enforcement of what we're changing isn't happening, so behavior doesn't change, so frustration follows," Mahoney said.

"If the community is actively engaged and something actually happens and we're not enforcing it, it's not ending in the way we're hoping these things do."

During the forum, DiBona and Mahoney were both asked if city councillors should serve four-year terms like the mayor and school board members do, rather than their current two-year terms. Liang did not have to answer the question because time expired before she could be asked it.

DiBona said he "absolutely" believes councillors should serve four-year terms.

"I would love to make the change. I have talked to the mayor personally about this over the last four years actually. We'll see what happens," DiBona said. "I think it is important, I think it is fair…since the School Committee and the mayor has it.

"We'll see what happens."

Mahoney – who ran against incumbent Thomas Koch for mayor in 2011 and 2015 – said setting term limits on the mayor is something she would prefer to see rather than extending councillors' terms.

"I think term limits are something more we should be talking about as opposed to changing anything from two to four years, because people tend to stay for a long time in things that maybe they shouldn't be staying in," Mahoney said.

"I believe the thing we need term limits on is maybe the administration's role as mayor," she added.

Changing councillors' terms could be done through either a ballot question – a 2013 referendum extended the mayor's term to four years – or through a home-rule petition that would require approval from the City Council, the mayor and state lawmakers. There is no question on the ballot this year concerning councillors' terms and no home-rule petition is presently pending before the council.

ANNOUNCEMENT: We are moving our dental office to Braintree!

Let it be known, to all the people who we are serving and ever served.

In 1964, Dr. Anthony Koury opened his dental practice at 121 Billings Road, and later he was joined by his brother, Dr. Philip Koury. Together, they built up their practice and the office became a fixture in Quincy's dental care system, known as "a nice office on the Billings Road."

For the last 19 years I have seen the best of Quincy. Starting off my American dentist career by taking over Drs. Koury's office, new to the city and struggling with the English language, I was unsure of how the community would respond. I never anticipated the overwhelming acceptance and loyal encouragement I received, leading to 19 years in an office I can be proud of.

It is with excitement and gratitude that I announce that our office will be moving to 222 Forbes Road, Suite 1105 in Braintree. It will be a new journey for this dental practice and also a big change. I know the community will embrace the many improvements this relocation will bring. The new office will have more space, functionality, and accessibility. It is always my goal to put my patients first. In this new location, there will be ample parking, no steep steps, and extended office hours. We will be sharing this new space with Dr. Joseph Competiello, who has maintained a well-established practice for many years.

I want to express my gratitude to the many great people I have formed relationships with over the span of nearly two decades. This practice would never have reached its full potential without your support and trust. A change in location will allow for a better experience while maintaining the heart of a practice I could not be prouder of. Thank you to everyone who honors my business with their years of trust, and I will see you soon in our new location!

Warmest regards,

Tony Zhao, DMD

kzhao_dmd@yahoo.com ~ 617-328-5577 • 617-479-6000

OCT 28 2021

Dispose Of Unwanted Prescription Drugs At Police Stations

If you missed the Drug Enforcement Administration's Drug Takeback weekend, Norfolk Dist. Atty. Michael Morrissey reminds residents that they can go to any one of 26 area police stations to safely dispose of prescription drugs every day of the year.

"Through a partnership with Bay State Community Services and local chiefs, we were able to expand the number of drug collection containers from five towns to 26 over the past several years," Morrissey said. "Now every station except Wrentham and Plainville house a container that is available at any hour of the day, any day of the year."

Morrissey worked with Bay State Community Services and the Department of Public Health to offer matching grants to area departments to acquire and house safe collection kiosks. He then coordinated with COVANTA Energy to safely dispose of the drugs in a way that does not pollute local landfills or groundwater.

"There are no questions asked at the station," Morrissey said. "The kiosks look very much like mail boxes. Just open the front, put the unneeded drugs in – in the original bottles or any other container -- and the police will make certain they are held safe until they can be destroyed."

Morrissey began the effort to collect unneeded drugs almost a decade ago, when addiction specialists found that the majority of those seeking treatment for opioid misuse had acquired their first dose from the medicine cabinet of a friend or family member.

Christo Campaign Offering Rides To Polls

Steve Christo, candidate for Ward 5 city councillor, announces his committee is offering free rides to the polls on Election Day, Tuesday, Nov. 2.

For a ride to the polls call 508-667-6056.

Trial In McCallum Death Starts This Week

The trial of a Weymouth man accused of fatally striking a 44-year-old father of three outside the Nickerson Post in Squantum in early 2019 was set to begin this week.

Matthew Potter is facing a single count of manslaughter, two counts of indecent assault and battery on a person over the age of 14, and one count of simple assault. His trial was scheduled to begin on Monday with jury selection. The case is being tried at the Norfolk County Superior Court in Dedham.

The maximum sentence for a manslaughter conviction is 20 years in state prison.

Potter is accused of fatally punching Christopher McCallum, age 44, of Bridgewater. McCallum was rushed to Boston Medical Center around 1 a.m. on Jan. 27, 2019, when he was found bleeding and unconscious outside the Nickerson American Legion Post on Moon Island Road after police responded to a report of a large disorder. McCallum died on Jan. 28, 2019, after being taken off life support.

Potter was indicted on the charges he is facing in November 2019 and pled not guilty at his arraignment that month.

His brother, Steven Potter, of Boston, was also indicted at that time on two counts of assault and one count of assault and battery causing serious bodily injury. Steven Potter also pled not guilty during his arraignment. His charges are not related to McCallum's death, prosecutors have said, but to two other victims from the same incident. Steven Potter's trial will be held sometime next year.

In court documents, prosecutors said the Potter brothers started a fight with a Nickerson Post member that night in January 2019. That led to the Potters being kicked out and the bar closing. Matthew Potter was "aggressive and swinging punches" as patrons left, according to one witness, prosecutors said, and was later seen on the ground with Christopher and William McCallum.

"A witness observed Christopher McCallum turn head first, body following, and land flat on his back, consistent with being punched or assaulted," according to the court document. "Several witnesses described hearing an audible cracking sound when Christopher's head hit the pavement."

Kevin Reddington, Matthew Potter's attorney, gave a different account of that night at his client's arraignment, saying his client was the victim of a "group assault" that included Christopher and William McCallum. Reddington said his client came to him the following day with multiple injuries, which he documented.

Christopher McCallum grew up on Deerfield Street in Squantum and was a 1992 graduate of North Quincy High School. He was captain of North's football and hockey teams his senior year and was inducted into the Quincy-North Quincy High Football Hall of Fame in 2016.

McCallum was survived by his wife Kathy and their sons Ryan, Michael and Christopher.

Matthew and Steven Potter are the sons of retired Quincy Police Det. Sgt. Richard Potter, who served with the department for 30 years. Their sister currently serves with the department.

Quincy police recused themselves from the investigation during its early stages, leaving the investigation to prosecutors and State Police.

Following the Potters' arraignment, Norfolk District Attorney Michael Morrissey named an independent prosecutor, Daniel Bennett, to oversee the case. In a statement announcing the assignment, Morrissey said his office has no direct conflict of interest, but public confidence would be reinforced by the appointment of an independent prosecutor.

Bennett served as the secretary of the Executive Office of Public Safety and Security during Gov. Charlie Baker's first term in office. Before working under Baker, Bennet had been the first assistant district attorney in Worcester County and prior to that had been a prosecutor in Middlesex and Suffolk Counties.

As a prosecutor in Middlesex County, Bennett was on the trial team that won first degree murder convictions against Neil Entwistle, the British man who had been accused of killing his wife and daughter inside their home in Hopkinton. That case is one of several high profile homicides Bennett has prosecuted.

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Re-Elect Dave McCarthy
Ward 1 Quincy City Council

As November 2nd Election Day approaches remember 5 things:

Experience, Integrity, Visibility, Communication and Follow up.

I am honored and privileged to be your Ward 1 City Councilor. I love this job and I don't take this job for granted. I am personally asking you to get out and vote on November 2nd, Election Day in the city of Quincy.

I am humbly asking you for your vote on November 2nd

"Make it McCarthy"

Let us not seek the Republican answer or the Democratic answer, but the right answer... John F. Kennedy

Real Estate

Quincy Real Estate Transactions Oct. 18 - Oct. 22

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Ralph M. & Betty A. Saint Croix	108 Franklin Place LLC	$1,460,000.00	106-108 Franklin Street
Marek D. & Sylwia B. Gwizdak	Tamia R. Jordan	$400,000.00	200 Falls Boulevard, Unit H-105A
Raymond Guarino	Patrick O'Donnell	$1,015,000.00	21 Atherton Street
Joseph Finnerty	Nadia A. & Matthew S. Harris	$680,000.00	70 Sachem Street
Vento Realty Trust	Yi L. & Suining Chu	$335,000.00	366 Quincy Avenue, Unit 401
133-135 Hancock Street LLC	Cheuk M. Ho & Li Li	$645,000.00	133-135 Hancock Street, Unit 17
Hoa T. La	Xiaoyan Liu & Changming Xu	$600,000.00	39 Pleasant Street
An Jia LLC	LXJ LLC	$1,020,000.00	66 Tirrell Street
John K. & Patricia E. Dockrey	Ping Zhou	$675,000.00	98 Highland Avenue
John M., Karen H. & Christine Cadegan	Shuixian Chen & Chen Y Lin	$750,000.00	76 Harvard Street
Nicolette SL Burnham	Abbas Bhatti	$360,000.00	200 Falls Boulevard, Unit 103B
Gregory & Laura Zall	Sara & Nicholas Albano	$975,000.00	15-17 Ring Avenue
FoxRock Whitwell Realty LLC	80 Whitwell Realty LLC	$550,189.00	80 Whitwell Street
FoxRock Whitwell Realty LLC	121 Whitwell Realty LLC	$309,781.41	121 Whitwell Street
Hoa T. Tran	Yennhi Tran	$655,000.00	115 Phipps Street
Mary Frances McDonough Revocable Trust	Corrina M. & Christopher J. Riggs	$649,900.00	23 Sunnyside Street
Sami & Mereme Mullahi	Khoi Nguyen	$730,000.00	281 Billings Road
Linehan Family Trust	Lanmei Yang & Qingping Lin	$730,000.00	45 Hamilton Street
Estate of David R. St. Peter	Yuhong Lin	$778,000.00	75 Knollwood Road
Philip D. Austin	Stevedat La & Angie Tse	$735,000.00	53 Gardiner Road
Ding Sun & Jini Zhang	Yu H Zhang & Patrick O. Kwock	$318,000.00	195 Thomas Burgin Pkwy, Unit 502
A Kool Solution LLC	121 Standish Realty LLC	$938,000.00	121 Standish Avenue
12 & 18 Kilby Street LLC	Michael K. Grehan & Bridie O'Donnell	$750,000.00	12 Kilby Street
Long Ngo	Chongping Zhu	$790,000.00	57 Woodward Avenue
Eileen & William C. Moore, Jr.	Thomas Walsh	$303,000.00	459 Willard Street, Unit 103
Ryan M. & Erin M. Walker	399 Beale Street	$786,000.00	399-401 Beale Street
Michael P. Teeney	Christina Feiring	$298,000.00	21 Linden Street, Unit 409

3rd Quarter: Real Estate Sales Up, Mortgage Lending Down

Norfolk Register Of Deeds William O'Donnell Report

Norfolk County Register of Deeds William P. O'Donnell reports that third quarter (July-September 2021) real estate stats showed an increase in residential and commercial sales, while mortgage lending numbers experienced a decline.

"The recently concluded third quarter of the calendar year, the average Norfolk County real estate sales price, both residential and commercial, increased 16% to $1,001,738," O'Donnell said. "Total real estate volume, again both residential and commercial, was $3.7 billion, a 23% increase year over year.

"The third quarter of the calendar year figures also show an overall 10% increase in the number of properties sold countywide from 5,893 to 5,342 for the same quarter of 2020."

For the third quarter of 2021, the number of land documents recorded, (such as deeds, mortgages, Homesteads, mortgage discharges, etc.) was 48,341, a 3% drop from the previous year.

"These figures are pointing that things are starting to slow down. We will continue to watch these numbers," O'Donnell said.

Another area that is slowing down was the 10,869 mortgages recorded at the Registry during the third quarter of the calendar year 2021 compared to 12,900 for the same time period in 2020. This is a sixteen percent (16%) decrease in the third quarter of 2021 over the same period in 2020. Total mortgage borrowing was $8.9 billion for the third quarter of the year compared to $5.3 billion during the third quarter of 2020. "With the relatively low interest rates, consumers seem to be more comfortable borrowing money, however it appears most consumers who were going to refinance have done so," O'Donnell said.

Norfolk County homeowners continued to benefit from the Homestead Act. A total of 3,840 Homesteads were recorded during the third quarter of the calendar year, which is comparable to last year's 3,822 Homestead recordings.

"The Homestead law provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to $500,000," O'Donnell noted. "I urge Norfolk County residents to consider this important consumer protection tool,."

Another sobering indicator was the uptick in foreclosure activity in Norfolk County. A total of 18 foreclosure deeds were recorded versus 9 filed during the third quarter of 2020. In addition, there was a significant increase in the number of Notice to Foreclose Mortgage recordings, the first step in the foreclosure process.

"While the eastern Massachusetts economy remains on a solid footing," O'Donnell said, "there are still those in Norfolk County experiencing economic hardship, in many cases through no fault of their own. The Registry continues to work with Quincy Community Action Programs, (617-479-8181 x376), and NeighborWorks Housing Solutions, (508-587-0950) to help homeowners who have received a Notice to Foreclose Mortgage document. A third option is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400."

O'Donnell concluded:

"While the numbers were a bit contradictory, I am confident that Norfolk County real estate remains a very strong commodity. The Registry will continue to monitor the housing inventory levels and future real estate indicators closely."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Cassie Burke Earns ARM Designation

The Institute of Real Estate Management (IREM) Boston Metropolitan Chapter No. 4 announces Cassie Burke with Corcoran Management Co. has earned the ARM (Accredited Residential Manager®) designation.

Burke, property manager at Oxford & Essex Apartments in Stoughton, a Corcoran Management Co. property, was installed as an ARM designee during a recent dinner ceremony held at Granite Links in Quincy.

CASSIE BURKE

The residential property management certification teaches early-career real estate managers the core competencies to manage residential properties successfully. As such the ARM designation is widely recognized in the residential property management industry with recipients noted for demonstrating excellence in residential property management.

"It's a pleasure to announce Cassie's achievement," said Melissa Fish-Crane, 2021 president of IREM Boston Metropolitan Chapter No. 4 and principal and COO of the Peabody Companies. "ARM certification is highly valued within the property management industry, and attaining its designation is a professional milestone."

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CRANE LIBRARY BOOKSTORE committee members Eunice Charles and Betty Molloy hold a sample bag provided at the shop's door, celebrating the bookstore's 10th Anniversary 10-for-10th clearance sale. Fill the bag with books and media of one's choosing for just $10. *Photo Courtesy Miriam Joseph*

BOARD OF DIRECTORS of The Friends of the Crane Library who have been instrumental in presenting library-funded programs to the public are (front row left to right) Kimberly Calvi, Danielle Kempe, Betty Molloy and Eileen Courtney. Back row: Gene Sperry, Gunica Bhatia, Jennifer Sammons, President Catherine Lynde and Bill Mackey.

Photo Courtesy Thomas Crane Public Library

Crane Library Book Sale Celebrating 10th Anniversary

10-For-10th Clearance Sale Nov. 6

By MIRIAM JOSEPH

In celebration of its 10th successful year in operation, a $10 shopping bagful of books and media of the patrons' choosing will be offered by The Crane Library Bookstore on Saturday, Nov. 6th.

Just purchase a (provided) paper bag at the door and fill it up with your favorites; no check-out necessary. The 10-for-10th Clearance Sale offers a large collection of fiction, history, biography, mystery, classics, children's books, gardening and cookbooks, and a huge assortment of DVDs and CDs.

Should patrons prefer not to participate in 10-for-10th bag sale, DVDs sell for $2, CDs of every musical genre ($1), hard cover books for $2 and paperbacks for $1, with even lower pricing for children's books and mass-market paperback novels.

Although earnings were Covid-crippled by the closing of the store in March of 2020, in its ten years of existence the shop's net proceeds have exceeded $170,000, averaging approximately $20,000 annually in most recent years.

Bookstore earnings support Crane Library programs which are not funded by the city, such as movies, how-to programs, concerts, public lectures, and programs for children and teens at the main library and its branches.

Bookstore committee member Harold Crowley was visiting Philadelphia about 12 years ago. As he was then president of The Friends of the Crane Library, he was impressed by the variety of offerings offered by a used bookstore being run by The Friends of their local library.

Upon his return to Quincy, Crowley and former TCPL Director Ann McLaughlin proposed such a bookstore to The Friends' Board of Directors, citing declining proceeds from the semi-annual, three-day book sales then being held

Cont'd On Page 22

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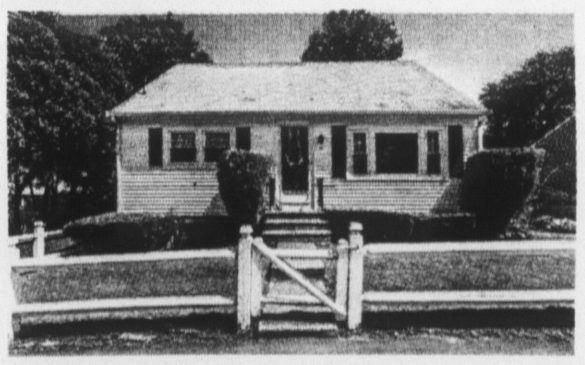
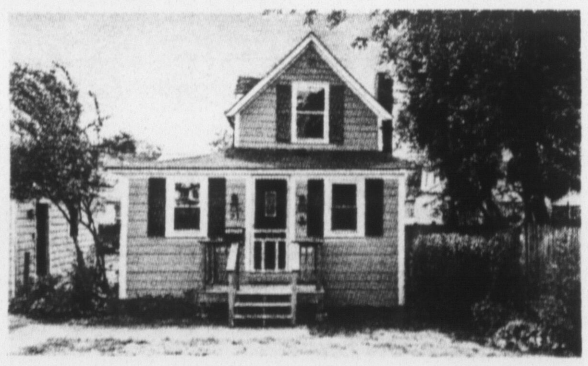


71 Winthrop Street, Quincy
Buyer Agent $515,000
2 BD 1 BA 1,284 SF

Looking to rent?



91 Darrow Street, Quincy
Rental Agent
3 BD 1 BA 732 SF

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Growing And Reblooming Moth Orchids

MOTH ORCHIDS are the easiest to grow in a home environment. *Photo Courtesy of MelindaMyers.com*

By MELINDA MYERS

Brighten your indoor décor with beautiful blooming orchids. These living bouquets provide months of beauty with minimal care. Just provide the proper growing conditions and success is sure to follow.

Start with a Phalaenopsis, moth orchid, that is best suited to the home environment making it the easiest to grow. Purchase a healthy plant with green leaves, a few open flowers, lots of buds on a firm green flower stem and no signs of neglect.

Provide your orchid with proper care, similar to that of an African violet, for the best results. Water thoroughly with room temperature tap water just as the planting mix is beginning to dry. This is usually once a week in most indoor gardens. Pour off any excess water that collects in the saucer to prevent root rot.

Grow your moth orchid in a bright location near an east-, west- or slightly shaded south-facing window. Plants do best when they receive 12 to 14 hours of bright light. Give plants growing in low light locations a boost with artificial light. Keep lights 4 to 10 inches above the plants. Placing the plants on a reflective surface helps bounce light back up into the lower parts of the plant. Look for one of the many economical, energy efficient and attractive options for sale. Keep the lights on for 14 to 16 hours if this is the only light the plant receives. You can reduce the time to five or six hours for plants receiving natural light.

Boost the humidity around your orchid while creating a beautiful display by placing it among other indoor plants. As one plant loses moisture from its leaves, it increases the humidity around the neighboring plants.

Use gravel trays to further increase the humidity around all your indoor plants. Fill the saucer or plant tray with pebbles. Set the pots on the pebbles, elevating them above any water that collects in the saucer. When you water thoroughly the excess collects in the saucer. As it evaporates, it increases the humidity around the plants right where it is needed.

Fertilize actively growing plants when the soil is moist. Use a dilute solution of a complete fertilizer such as a 20-20-20 labeled for use on orchids or flowering houseplants. Avoid excess fertilization that can cause damaged black root tips, green floppy growth, and prevent flowering.

Once your orchid finishes flowering, continue growing it in a brightly lit location and water and fertilize as needed. You can either remove the faded flowers, leaving the flower stem intact and wait for a flush of smaller flowers at the tip of the stem or cut the flower stem back above either the second or third node, the thickened part of a plant stem where new growth appears, from the bottom. A third option is to cut the flower stem back to one half inch above the leaves. This is better for the health of the plant. It results in the best reblooming and allows the plant to restore energy used for flowering and focus on growing roots.

If forcing your orchid to produce a second flush of flowers seems like too much work, just treat it like a long blooming bouquet. Ease your guilt by gifting the plant to a fellow gardener that would be happy to accept the challenge. Then invest in a new and different orchid to brighten your indoor garden.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her web site is www.melindamyers.com.

Crane Library Book Sale Celebrating 10th Anniversary

Cont'd From Page 21

in the library's Community Room.

The Friends of the library convened to discuss establishing a bookstore in the space which was the library's earliest Children's Room, with separate entrance on Spear St. With a generous grant from Quincy's Community Preservation Fund, the ball was rolling!

Crowley, who is "so happy to be back in business" after COVID-closing says, "I am thrilled that over the past 10 years the bookstore has been able to raise a substantial amount of revenue to support public programs at the library.

"While at the same time, it has provided a place where Quincy residents can share their love of books and other media by generously donating from their own book collection and patronizing the bookstore."

According to Catherine Lynde, The Friends' current president, the bookstore provides close to half of the approximately $50,000 of their annual revenue.

"To the Quincy community, the store has been a beloved source for inexpensive books, CDs, music, and videos for 10 years now," Lynde said. "In a time where there are fewer and fewer store-front bookstores, we are filling an important niche in our community. We find that the children's selections often supplement teachers' resources.

"And we can't keep English language dictionaries on the shelves, so great is the demand to learn English, as is the steady demand for non-English language books. By supporting the bookstore and the library programs, the Friends are a crucial resource for building community in Quincy."

Bill Mackey, the committee chairperson who has been on board since the store's establishment, acknowledges the importance of the bookstore and source of revenue it provides to The Friends, enabling special-program funding.

"It has been a particular privilege for me, with the help of many, many, hard-working fellow volunteers, to get the bookstore off the ground, and to keep it going. It's been hard work, but fun, and to my mind it has made for a better community," Mackey said.

Managed by devoted volunteers who sort and shelve materials and also staff the store, the shop is open on Thursday evenings from 6 to 8 p.m. and on Saturdays from 10 a.m. to 4 p.m. with private entrance in the rear of the historic Thomas Crane Public Library.

Mass Bay Credit Union Shredding Event Oct. 30

Mass Bay Credit Union will hold a free document shredding event Saturday, Oct. 30 from 9 to 11:30 a.m. at the Rivergreen Park Parking Lot in Everett.

"Information Security plays an essential role in banking and we want to provide a safe, secure and convenient process for the community to dispose of their confidential documents," said Mass Bay CEO Terry Dorilas.

The Shred-It event is open to all living or working in the community. There is a five-box limit per person. For everyone's protection, social distancing will be in place and masks are required.

Like all credit unions, Mass Bay Credit Union is owned by the Members who choose to do business there. Membership eligibility, such as living in Middlesex, Norfolk or Suffolk counties or a dozen other towns, is located on massbaycu.org. Opening a savings account establishes Membership and opens availability to all other products offered by the credit union.

In addition to its South Boston Headquarters, Mass Bay Credit Union has branches in Everett, Quincy and the Seaport.

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OCT 28 2021

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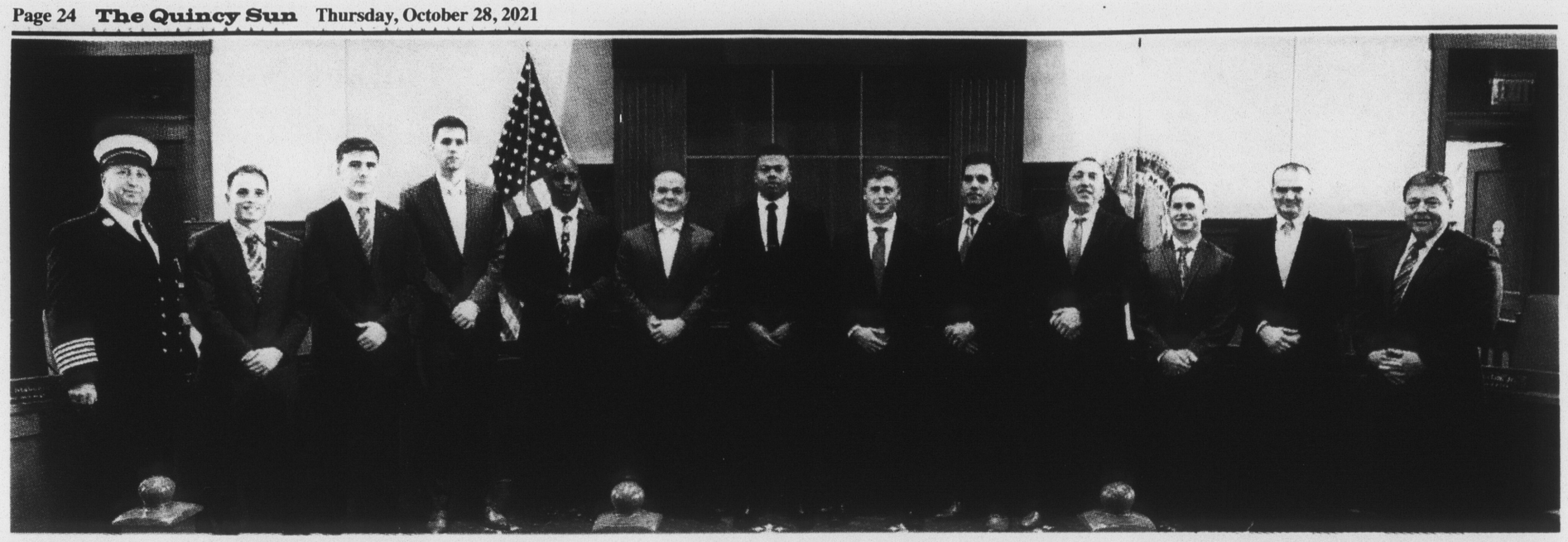


ELEVEN NEW QUINCY firefighters were sworn in at ceremony Oct. 22 at the Great Hall of the James R. McIntyre Government Center. Chief Joseph Jackson (left) and Mayor Thomas Koch (right) flank the new recruits - from left to right - Michael Bina, Andrew Kiley, Joseph Dwyer, Dwight Allen-Washington, Kyle Costa, Patricio Fernandez, Brendan Glynn, Sandro Junkovic, Domenic Papile, Daniel Reggiannini and Gregory Ware. Story on Page 29.

Courtesy Photo City of Quincy

November Programming For Adults, Families At MPL

By JEAN HLADY
Head of Adult Services/
Reference
Milton Public Library

In the month of November, the Milton Public Library has organized some fun and informative programming for adults and families which we encourage you to check out.

On Tuesday, Nov. 2 at 7 p.m., favorite local Chef Connie Spiros will give a Zoom presentation called "Virtual Healthy Cooking Demo" which is part of our year-long initiative called "Milton Moves." Connie will prepare two tasty dishes for us which are taken from the Library's recent cookbook called Food for Friends. This compilation of 194 recipes, collected by our Friends of the MPL, includes dishes from over 80 home and professional cooks, and it is a great gift which can be purchased at our book shop.

For more details, go to Milton Public Library website: www.miltonlibrary.org where you can also sign up in advance to attend this event.

The MPL Walking Club will meet twice in November on two Thursdays, Nov. 4 and Nov. 18 at noon in the parking lot. Come get some exercise with an energetic group for an hour walk outside, hosted by MPL staff, in this fun event which is also part of "Milton Moves." You must sign up in advance to participate at our website. Also on Thursday, Nov. 4, there will be a meeting of the Celebrity Book Club back and live in person with Sally and Sara at 7 p.m. in the Keys Community Room.

Read what the celebrities are reading! Join this group to enjoy a fun, relaxed discussion of books recommended by popular celebrities (note: they are unlikely to attend our meetings). The book assigned for November is The Midnight Library by Matt Haig, recommended by Bollywood actress Sonali Bendre.

ON TUESDAY NOV. 9, at 7 p.m., clothing and accessories expert and college instructor Karen Antonowicz returns with another fashion talk called "Fashion and the First Lady." The program is among those offered during the month of November by the Milton Public Library.

Advance registration is required at our website.

The Library Knitting Group returns to meet in the lower level Conference Room on Thursday, Nov. 4, at 7 p.m. and on Saturday, Nov. 20, at 10 a.m. to bring together like-minded fiber artists for conversation and the sharing of projects. Come and join the program and make new friends!

You do not need to sign up for it at the Library's website, but instead just Email Librarian jhlady@ocln.org and she will make sure you get on the facilitator's list to receive the group's updates. We hope you will join us!

Then on Tuesday Nov. 9, at 7 p.m., clothing and accessories expert and college instructor Karen Antonowicz is back with another fashion talk called "Fashion and the First Lady." This virtual program will tell us all about how, during the course of history, the First Ladies of America have been watched, admired, copied, sometimes criticized, and followed for their style.

Join us for a look at what the presidents' wives have worn over history, as we journey through time from our earliest first lady to our current president's wife, Jill Biden. We will examine the ladies who changed the course of fashion as well as those who had little or no effect whatsoever. Advance registration is required for this event, so please go to the MPL website to sign up.

On Tuesday, Nov. 16, at 7 p.m., there will be an online presentation by storyteller, actor and singer Lou Del Bianco who portrays his grandfather, Luigi Del Bianco, and talks about his unsung contribution as chief carver on our nation's greatest memorial, Mount Rushmore. The talk is called "Out of Rushmore's Shadow: The Story of Sculptor Luigi Del Bianco" and advance registration is required to attend. Lou uses authentic photos, timelines and primary source documents to bring Luigi's story to life. Now a published book authored by Lou, this is a dramatic, touching story about Luigi's legacy and the immigrant struggle. After 70 years, the "story in stone" will now be shared for years to come!

Join us for an inside look at a talented sculptor who contributed so much to the history of America, and who finally got his due. Advance registration is required at www.miltonlibrary to attend this unique event.

And finally, on Tuesday, Nov. 30, starting at 6:30 p.m., dance instructors Eileen Herman Haase and Raul Nieves of Dance Caliente in Medford will be back in our Keys Community Room with a class called: "Learn to Dance in Person: The Tango." In this third installment of our dance workshop series (which is part of "Milton Moves"), these talented teachers bring their excellent training plus a lot of humor to dance classes.

This program has a limit of 16 people (8 couples), each person must wear a mask during the event, and also they need to bring a partner with whom they will dance exclusively as they learn the steps. (The partner can be anyone you choose, as it does not have to be a person of the opposite sex.)

ON TUESDAY, NOV. 16 at 7 p.m., there will be an online presentation by storyteller, actor and singer Lou Del Bianco who portrays his grandfather, Luigi Del Bianco, and talks about his unsung contribution as chief carver on the Mount Rushmore memorial.

However both participants must register individually at www.miltonlibrary.org in advance and there you can also find all the rest of the details about the dance style.

Do you wanna dance? We hope so and that we will see you there for a great evening of relaxing exercise and creativity! Please note this event does start promptly at 6:30 p.m.

All of these programs are kindly sponsored by the Friends of the Milton Public Library and are free and open to all. "Milton Moves" is a year-long initiative which promotes wellness, fitness and healthy eating.

The Milton Public Library is located at 476 Canton Ave., Milton, and for questions Email jhlady@ocln.org or call the Reference Dept. at (617) 898-4964.

ON TUESDAY, NOV. 30, starting at 6:30 p.m., dance instructors Eileen Herman Haase and Raul Nieves of Dance Caliente in Medford will be back in the Milton Public Library's Keys Community Room with a class called: "Learn to Dance in Person: The Tango."

Photos Courtesy MPL

OCT 28 2021

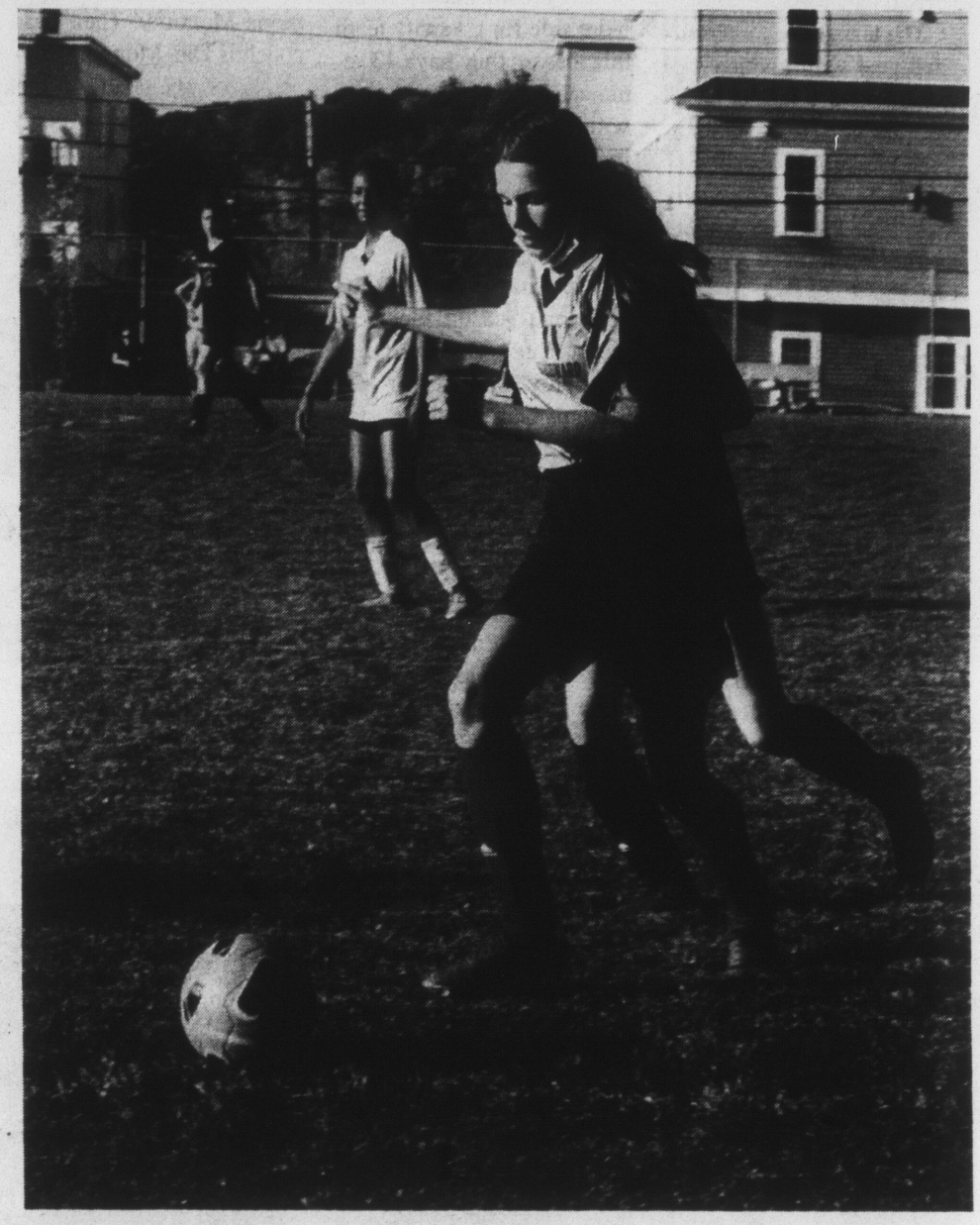
Quincy's Heidi Barber Scores Hat Trick For Woodward Girls' Soccer

The Woodward School Wildcats soccer team made a journey to Lawrence Oct. 14th to face the Sentinels of Bradford Christian Academy. This was a grudge match of sorts, with the Wildcats looking to avenge their 13-5 defeat at the hands of the BCA.

It was a close game from start to finish, beginning with a Sentinels goal in the first five minutes of play. Woodward responded with two goals by Elizabeth Kowlski '26 (of Hanson), one being a 35-yarder. Bradford tied the score at 2-2. The Wildcats, on the strength of Elizabeth's foot, took a 4-3 lead, but Bradford scored with two minutes remaining and the final score ended in a 4-4 tie.

This was a special occasion in Woodward athletic history. Elizabeth Kowlski scored four goals giving her a league-leading total of 31. Her second goal, number 29, eclipsed the previous single season record set in 2007 by Jasmin Johansen "07", who went on to become a star at Spelman College and on to the Bermuda National Team playing in the Island Games.

The Woodward Wildcats soccer team played their second game of the week versus CATS Academy in Braintree. Everyone played their hearts out for the full 80 minutes. It was a strong fight and the game stayed in reach on both sides.

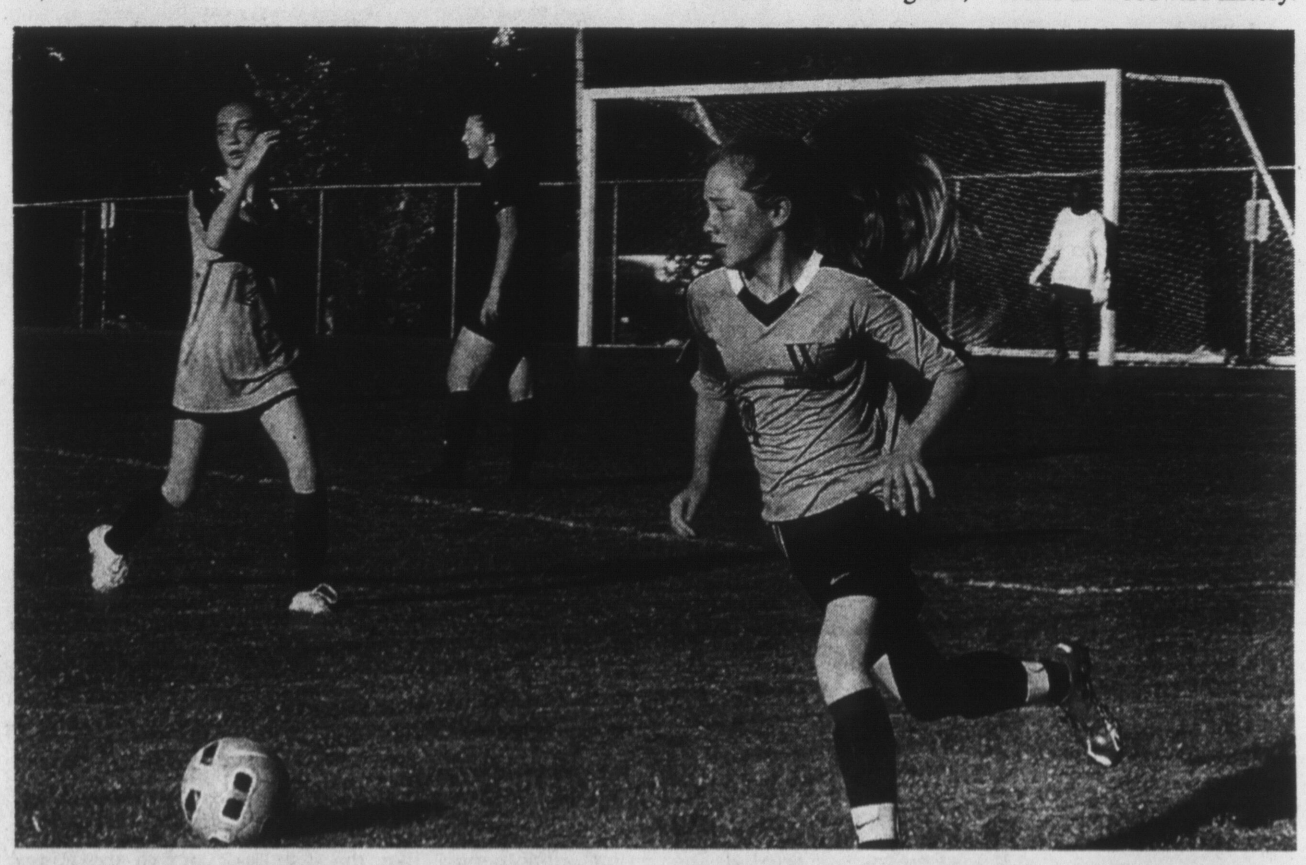


WOODWARD WILDCAT Thea Morad '26 of Braintree moves the ball against Bradford Christian Academy.

Seventh grader Heidi Barber of Quincy played a tremendous game scoring a hat trick (three goals) while Elizabeth Kowlski added two bringing the season total to an amazing 33 goals.

Senior Captain Lily Donovan (of Braintree) and Taylor Mendes (of Milton) '23 displayed great leadership with their hustle and desire on the pitch.

Before their game, the Wildcats signed and presented a game ball to Elizabeth Kowlski. Which marked her record breaking 29th goal Oct. 13, making her this season's leading scorer in Woodward history.



ELIZABETH KOWLSKI of Hanson, Woodward School Class of 2026, scored four goals in Oct. 14th game against Bradford Christian Academy, giving her a league leading total of 31. Her second goal, number 29, eclipsed the previous single season record set in 2007. *Photos Courtesy Woodward School*

More Quincy news:

The Quincy Sun.com

Quincy-North Quincy Cross Country Highlights

Patriot League Fisher Division
QNQ @ Pembroke - Oct. 20

Pembroke Town Woods
Distance 2.75 miles

Boys Score: Pembroke 25 QNQ 32
Girls Score: Pembroke 28 QNQ 29

BOYS QNQ FINISHERS

1. Hatim Boukhtam 15:01
2. Robert Cannon 15:04
8. David Schmidt 16:19
9. Kyle Clements 16:30
12. Jonathan Bina 17:06
17. Matt Hollatz 17:34
21. Shane Faherty 17:58
22. Peter Cooney 18:00
23. Patrick Lee 18:02
26. Trevor Mangino 18:37
30. Liam Murphy 18:59
32. Nathan Feldman 19:05
37. Richard Pan 19:47
38. Zach Clements 20:01
39. Cullen Quilty 20:03
40. Stevie Byrnes 21:12
44. Nick Bina-Rodriguez 22:37
45. Dante Nguyen 22:44
48. Cam Griffin 23:28
49. Lito Breslin 23:56

49 Finishers

Records Pembroke 3-1
QNQ 3-2 (3-1 in division)

GIRLS QNQ FINISHERS

1. Salma Boukhtam 19:02
2. Aluna Coogan-Coyne 19:05
5. Caitlin Cormican 19:26
10. Victoria Mariano 21:47
11. Grace Cody 21:53
12. Jennie Burgess 22:10
13. Sabrina Egan 22:12
14. Ngan Vo 24:14
16. Sophia Cerone 25:34

18 Finishers

JV 3K

6. Mia Tratzinski 17:30
7. Sophia Graziano 17:40
8. Alexandra Guia 18:19
9. Juliana DiBlasi 18:29
10. Ali DiRuzza 18:39
11. Chloe Fitzgerald 18:49
12. Bassma Torky 21:32

13 Finishers

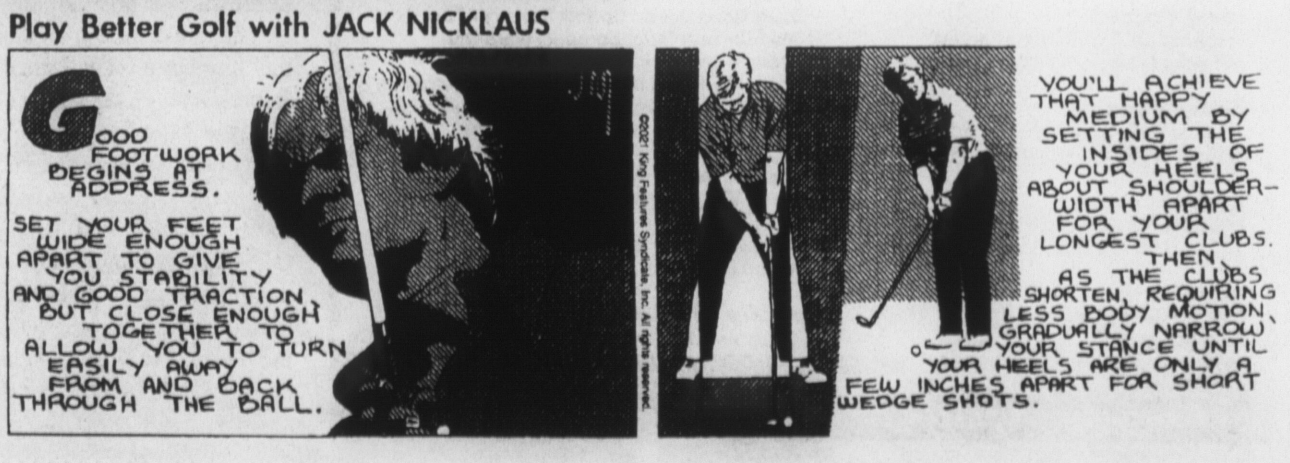
Records Pembroke 4-0
QNQ 3-2 (3-1 in division)

QNQ Girls finish in second place

QNQ BOYS finish in a three way tie with Pembroke and Plymouth South

Seven All Stars will be selected from a coaches meeting on Oct. 26 plus five additional athletes will be picked from the League Championships held Oct. 30 at the Marshfield Fair Grounds.

Play Better Golf with JACK NICKLAUS



Quincy Boys' Soccer Bows To Pembroke, 4-1

By TOM JOYCE

The first half was a low scoring affair.

Then the opponent of the Quincy High boys' soccer team had plenty of success on the attack in the second half.

After playing a tight first half where only one total goal was scored, Pembroke put up four goals in the second half when playing the Quincy High Presidents on Oct. 22 at Veterans' Memorial Stadium. The Presidents weren't able to match that offensive output, although they did put one in the back of the net. The Presidents lost the match, 5-1. With the loss, they fell to 6-8-3 on the season.

Neither team had any goals in the first 30 minutes of the match. Pembroke changed the scoreless tie at the 31 minute mark. A Pembroke forward pushed the ball forward while being covered by a pair of Presidents. He got the ball past the team's goalkeeper to give them a 1-0 lead.

A couple of minutes later, senior Ryan Doherty put up a strong shot for the Presidents, but it was blocked by a Pembroke defender. At halftime, Pembroke led 1-0.

Doherty would end up putting the Presidents' lone goal in net early in the second half though. He tied the match at one apiece eight minutes into it with a shot from the right side of the field. He broke free after getting a deep pass that came from around midfield and managed to put up the shot.

Pembroke responded by shutting the Presidents out for the rest of the match and putting up four goals.

Pembroke took the lead at the 51 minute mark with a strike out in front of the net; it put the team up 2-1. However, most of their offensive production wouldn't come until the second half of the second half.

The team added an insurance goal with about 17:30 remaining on a header out in front of the net. Six minutes later, Pembroke extended its lead once again on a penalty kick. The kick came about as the result of a tripping call.

Pembroke would go on to score one more time at the 72 minute mark. This gave them a 5-1 lead with about eight minutes left to play.

The loss came after the Presidents had picked up points in the standings in back-to-back matches. They tied the Scituate Sailors 2-2 on Oct. 14 two weeks ago. Then two days later, they deefeated the North Quincy Raiders 3-1; the win over the Raiders came after a 1-1 tie against them on Sept. 25, giving the Presidents the edge in the series on the season.

The Presidents are on the older side for a varsity team this season; they have 13 seniors in all. That said, they will lose a lot of players to graduation once their season is over and the starting lineup will look a bit different next season.

The roster for the Presidents this season includes: senior Hugh Crawford, junior Huy Ho, senior Sai Kuchulakanti, senior Joseph Connor, senior Gabriel O'Brien, junior Harun Chaani, senior Ryan Doherty, senior Daniel Pakkala, junior Shubbam Kumar, senior Zachary Donaghue, senior Nicholas Ferrara, sophomore Declan Rogers, sophomore Antoine Johnson, junior Thomas O'Neil, senior Coleman Ross, senior John Alessandro, senior Jack Fehan, senior Kellen Kopp, senior Nadan Nair, junior William Wisman, sophomore Kyle Tolini, sophomore Tim Heise, and junior Alex Carmona-Montufar. Their head coach is Dan Mongo.

As of the start of this week, it's unclear if they will make the postseason or not. The Massachusetts Interscholastic Athletic Association changed its playoff format this year, giving the Presidents the possibility. The MIAA now uses power rankings and has a statewide tournament for each division where the top-32 teams get in. As of the start of last week when the Presidents were 5-7-2 on the season, they were ranked 30th among 60 MIAA Division 2 boys' soccer teams across the state.

The Presidents concluded their regular season on Monday on the road against the Plymouth South Panthers.

North Quincy, Quincy Football At Veterans' Stadium Friday, Saturday

After both being on the road last Friday, the city's two high school varsity football teams will take to the field at Veterans' Memorial Stadium this weekend.

North Quincy will host Hanover Friday night, Oct. 29 at 7 p.m. at Veterans' Memorial Stadium. The Raiders (3-3) bowed to Plymouth South, 17-6, last Friday night on the road.

Quincy (3-3) will host Pembroke at 1 p.m. on Saturday, Oct. 30. The Presidents bowed to Scituate on the road last Friday night, 35-7.

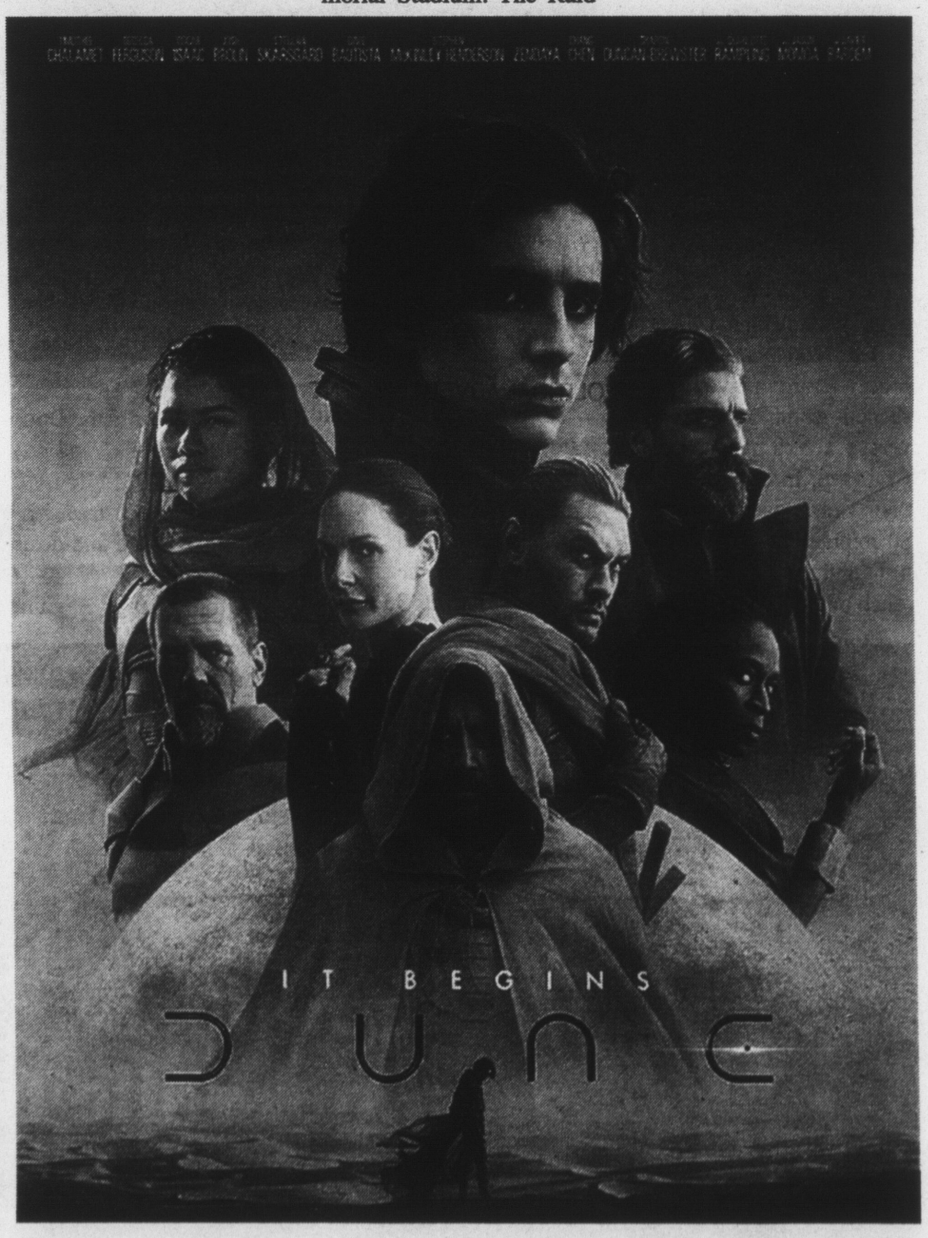
Movie Review: 'Dune'

By BOB GARVER

All movies hope to be successful, but hopes are high that "Dune" will be the start of something glorious. With its sci-fi roots and sweeping production, there are no doubt those who expect the property to be the next "Star Wars." This film is the first in a franchise that is to include at least one sequel film and a prequel TV series. I'm sure we'll get both. The film is already doing well enough in international markets that it will probably have already turned a profit by the time this article runs. The real question is, will audiences be excited for more "Dune" after this tepid first installment?

Timothee Chalamet stars as Paul Atreides, son of Duke Leto Atreides (Oscar Isaac). House Atreides has been assigned by an unseen Emperor to take over stewardship of spice-producing planet Arrakis. This does not sit well with oppressive former steward Baron Harkonnen (Stellan Skarsgard) or his nephew Glossu (Dave Bautista). The Duke knows the assignment is dangerous, but he can count on protection from loyal soldiers like Gurney (Josh Brolin) and Duncan (Jason Momoa). He is determined to both continue Arrakis's spice production and repair relations with the native Fremen, led by the untrusting Stilgar (Javier Bardem).

Paul, meanwhile, is unsure of his role in all of this. Is he worthy of the leadership that is his birthright, or would he be more fit to be a soldier? His mother Lady Jessica (Rebecca Ferguson) sees him following a different path entirely. He's been having murky visions of the future, all of which involve the Freman Chani (Zendaya), and slowly developing the powers of the Bene Gesserit, a powerful race to which his mother belongs. He may turn out to be something of an oracle, which would be even more important than being a duke, though the Bene Gesserit leader (Charlotte Rampling) thinks he either isn't one or is a bad one. Again, Arrakis is a dangerous world, with threats from House Harkonnen, the Fremen, the unforgiving desert landscape, and an infestation of carnivorous sandworms. If Paul wants to protect his family and his people, he'll have to use the political and military gifts



of his father and the spiritual and supernatural gifts of his mother, as well as the usual leadership qualities like confidence, wisdom, etc. Simply put: there's a lot of pressure on this kid.

The good news is that the film is a visual treat. Impressively-designed vehicles and devices are present in nearly every shot, and the sandy scenery is used to its full potential. Don't take this middling review as a sign that you should split the difference and watch the movie on TV; either watch this spectacle in a theater or don't bother at all. The bad news is that the acting and storytelling leave a lot to be desired. Some actors are fun and intense, like Brolin and Momoa, but most are dull and monotonous, like the much-more-important Chalamet and Isaac. And the film throws so much worldbuilding out at once that it's hard to keep up. I saw this movie yesterday and I had to look up at least 75% of the characters' names for that plot description, and I don't just mean for spelling.

"Dune" never succeeded in getting me invested in its world, and 155 minutes is a long time to sit in a theater uninvested. I can't say that I can see many people getting invested in this franchise, but I said the same thing about "Lord of the Rings" and I was way off on that one. Come for the promise of a huge new blockbuster franchise, and at least stay for the cool spaceships.

Grade: C

"Dune" is playing in theaters and available on HBO Max. The film is rated PG-13 for sequences of strong violence, disturbing images, and suggestive material. Its running time is 155 minutes.

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88 Washington Street
Quincy, MA 02169
QATV
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617-376-1440
617-376-1441
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Public Access Channel 8

Thursday, October 28
6:00pm: Bethany Congregational Church
8:00pm: Messages from the Candidates

Friday, October 29
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: NQHS vs. Hanover Football

Saturday, October 30
12:00pm: Ward 2 Candidates Forum
7:00pm: The Call

Sunday, October 31
12:30pm: QDCC Candidates Forums
7:00pm: Messages from the Candidates

Monday, November 1
11:30am: LIVE: Currently in Quincy
8:00pm: NQHS vs. Hanover Football 10/29

Tuesday, November 2
7:00am: LIVE: AM Quincy with Joe Catalano
8:00pm: LIVE: Election Results & Analysis

Wednesday, November 3
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, October 28
4:00pm: Zoning Board of Appeals 10/26
6:00pm: At Your Library: October Happenings
7:30pm: Department Profiles: Quincy Health Dept.

Friday, October 29
4:00pm: Board of License Commissioners 10/26
7:00pm: Good Deeds: Norfolk Registry of Deeds
8:00pm: In Your Neighborhood: Ward One
8:30pm: In Your Neighborhood: Ward Five

Saturday/Sunday, October 30/31
9:00am: Good Deeds: Norfolk Registry of Deeds
10:00am: In Your Neighborhood: Ward One
10:30am: In Your Neighborhood: Ward Five
12:00pm: MA Joint Comm on Financial Services 10/20
6:00pm: Board of License Commissioners 10/26
7:00pm: Zoning Board of Appeals 10/26

Monday, November 1
7:00pm: TCPL Presents: Falls Prevention for Adults

Tuesday, November 2
8:00pm: LIVE: Election Results & Analysis

Wednesday, November 3
6:00pm: In the Know: Norfolk County Sheriff's Office

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

OCT 28 2021

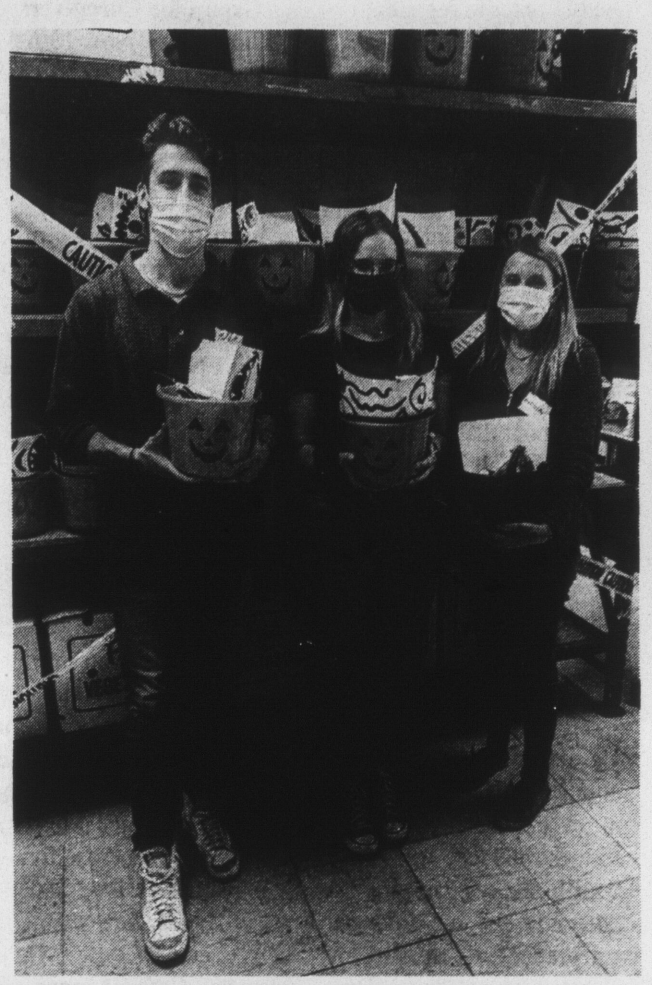
Donors Fund 'Boo Buckets' For Children Of Families In Need

Interfaith Scares Up Halloween Fun For Local Children

Thanks to the generosity of donors across the South Shore, Interfaith Social Services was able to provide nearly 500 Halloween "Boo Buckets" to children in need this October. Hundreds of families who receive food and other necessities from Interfaith's food pantry were given the treat buckets for their children throughout the month.

The buckets, containing mini pumpkins, face paint, candy and other treats, were assembled by volunteer teams at Interfaith.

"We hope that the Boo Buckets bring a bit of seasonal joy to our client families," said Interfaith's Family and Children Program Manager Emily Ryan. "We're crossing our fingers that we're able to return to hosting our annual Halloween Costume Drive next year. In the meantime, these buckets and treats allow these kids, who may be in difficult situations, to enjoy the holiday."



VOLUNTEERS FROM IntelyCare in Quincy helped to assemble hundreds of Halloween "Boo Buckets" for children of Interfaith Social Services' food pantry clients.

VOLUNTEERS FROM Blue Cross Blue Shield of Massachusetts donned silly Halloween accessories and assembled hundreds of "Boo Buckets" at Interfaith Social Services this fall during their 2021 Service Day. *Photos Courtesy Interfaith Social Services*

Interfaith Social Services operates one of Greater Boston's largest emergency food pantries, a mental health counseling center, Thrift Shop and homelessness prevention program. Since 1947, Interfaith has been a safety net for thousands of children and families from the South Shore who are struggling to make ends meet. The Boo Buckets are one of many seasonal programs aimed at bringing joy to children. Other seasonal initiatives include Bunny Baskets, school backpacks and holiday gifts.

This year's Boo Bucket program was made possible through the support of many individuals, businesses and organizations who donated supplies and made monetary contributions. Farmer Wally Czjakowski at Plainville Farms donated the mini pumpkins and Lynn Perry of Stop & Shop helped coordinate the donation and transport them. Stop & Shop on Newport Avenue in Quincy subsidized the buckets and Hingham Congregational Church also donated as a group.

Corporate volunteer groups, including Blue Cross Blue Shield of Massachusetts and IntelyCare, assembled the buckets during volunteer shifts at Interfaith.

To learn more about Interfaith's seasonal programs, or if you are interested in volunteering, email info@interfaithsocialservices.org or call 617-773-6203.

PAID POLITICAL ADVERTISEMENT

PAID POLITICAL ADVERTISEMENT

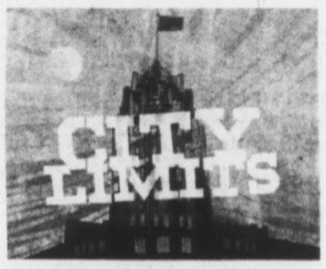
A vote for Anne, is a vote for you!

Anne asks the tough questions and stands up for the best interest of Quincy residents. She has scrutinized city spending, increased transparency, and stood up to overdevelopment – sometimes being the only vote against developments that hurt our neighborhoods. When reelected, Anne will demand a better approach to attract businesses and amenities to our city and push for a complete traffic plan and road improvements. She will continue to champion our schools and always include everyone in the conversation.

ANNE MAHONEY
Councillor-At-Large

VoteMahoney.com

VoteMahoney
@AnneMahoney



Check out Anne's podcast for a candid conversation about issues and politics in Quincy.

Scan the code with your phone or enter the web address to listen!

https://city-limits.captivate.fm

Vote Anne Mahoney for City Councillor-At-Large on Tuesday, November 2nd

PAID FOR BY THE COMMITTEE-TO-ELECT ANNE MAHONEY | 12 FERRITER ST. QUINCY, MA 02169 | 617-719-7378

Quincy Council On Aging Events For November

Quincy Council on Aging announces the following events in November:

South Shore Elder Services Housing Seminar
Thursday, Nov. 4th
at 10:30 a.m.

A representative from South Shore Elder Services will be at the Kennedy Center to explain the CHAMP application which is the Common Housing Application for Massachusetts Public Housing. The CHAMP application gives you access to housing inside and outside of Quincy. Space is limited and registration is required. Call 617-376-1506 to register.

Book Club
Thursday, Nov. 4th
at 1:30 p.m.

The book for discussion is Lady Clementine by Marie Benedict. The book for Dec. 2nd is "When Elephants Weep: The Emotional Lives of Animals" by Jeffrey Moussaieff Masson and Susan McCarthy.

Manet Health Flu Clinic
Friday, Nov. 5th
10 a.m. to 1 p.m.
and Wednesday,
Nov. 17th 4 - 6 p.m.

One of the best ways to prevent seasonal flu is to get vaccinated every year. Manet Health Center will be holding a walk-in flu clinic in partnership with the City of Quincy Health Department at the Kennedy Center. Please bring your insurance card with you.

Card Making Class
Friday, Nov. 5th
at 10 a.m.

Join Elizabeth Gearin for a fun, relaxing class creating your own cards. All supplies will be provided. You will leave with 5 cards personally created by you to give to friends and family. Registration is required. $5 per person due at time of registration.

Honoring our Veterans
Friday, Nov. 5th
at 1 p.m.

We are very proud to honor veterans who have served our country and those currently serving. The Kennedy Center will host a luncheon to honor our Veterans. This luncheon is for veterans only; call 617-376-1506 to register.

Friends of the Kennedy Center Bingo
Monday, Nov. 8th
at 1:30 p.m.

Join the Friends of the Kennedy Center for an afternoon of Bingo! Try your luck at Bingo and a chance to win a fabulous prize! Space is limited. Registration is required. Don't miss out on all the fun!

Rock Painting
Friday, Nov. 12th
at 1:30 p.m.

Come join us in the Art room and paint a rock with your own unique design! Class is free. Paint supplies, rocks and shells provided. Call 617-376-1506 to register.

Norfolk County Sheriff's Office
Monday, Nov. 15th
at 11 a.m.

Please join Cheryl Bamberry from the Norfolk County Sheriff's office for an informative gathering to discuss some of the free programs offered for the safety of seniors in Norfolk County. She will discuss the Are you OK and File for Life programs and answer any questions you may have. Registration is required. Call 617-376-1506 to register.

Craft Time!
Tuesday, Nov. 16th
at 1 p.m.

Join us for a craft class. You have the option of making the featured craft or choosing to make one of our wood signs. Seasonal sayings will be provided. Cost is $15 payable upon registration. Stop by the Kennedy Center to register.

Protecting Your Assets
Tuesday, Nov. 16th
at 10 a.m.

Attorney Robert Romano will conduct his Estate Planning Essentials workshop at the Kennedy Center to discuss important issues that affect all seniors, including avoiding probate and protecting your assets from a nursing home. Come and learn about the 5 legal documents that all adults should have! Space is limited, please call 617-376-1506 to register.

Monthly Birthday Party Celebration
Wednesday, Nov. 17th
at 1:30 p.m.

At Hamel-Lydon Chapel, we also believe in the celebration of life. Come join us at the Kennedy Center for cake and ice cream if it's your birthday or even if it's not, come and join us for our celebration! Sponsored by Hamel-Lydon Chapel. Reservations are required. Call 617-376-1506 to register.

Men's Discussion Group

Men's discussion group meets the second Thursday of each month at 10 a.m. The November meeting will be held Thursday, Nov. 18th at 10 a.m. The guest speaker will be Quincy Health Commissioner Marli Caslli.

Women's Discussion

Women's Discussion group meets the second Thursday of each month at 1:30 p.m. The November meeting will be Nov. 18th at 1:30 p.m.

Monthly Bereavement Support Group
Thursday, Nov. 18
at 1 p.m.

All are welcome. This is a monthly group which provides a space of sharing and support for those who are grieving the loss of a loved one. Sponsored by Hamel-Lydon Chapel Cremation Service of Massachusetts. Registration is required. Call 617-376-1506 to register.

Alzheimer's Support Group for Caregivers
Thursday, Nov. 18th

Please call 617-376-1243 for information and to sign up.

Nails to You Manicures
Friday, Nov. 19th
from 10 a.m. to 4 p.m.

Join us for a manicure event at the Kennedy Center. Manicures will be $15 payable to Nails to You. Call 617-376-1506 to schedule your appointment.

Quincy's Memory Café Hosted by Standish Village at the Kennedy Center
Monday, Nov. 22nd
at noon

Brought to you by Julie Williamson, director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family, and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Call 617-376-1243 to register for the event.

Registration Opens Nov. 1st for the following trips:

New York's 9/11 Memorial and Museum
Sunday, Dec. 12th

Depart from Pageant Field on your luxury Silver Fox Motor Coach for New York City. A coffee/breakfast stop will be made as you make your way to NYC. You will first visit Rockefeller Center and Midtown Manhattan to view the sights.

Then you'll travel downtown to Ground Zero, where your group will visit the 9/11 memorial. You'll next visit the National 9/11 Museum. You will arrive home at 10:30 p.m. after a memorable day in New York.

Tour includes admission to Memorial and Museum, visit to Rockefeller Center and luxury Silver Fox Coach. $109 per person. Checks made out to Fox Tours. Bus will leave Pageant Field at 6 a.m. and return to Pageant Field at approximately 10:30 p.m. Pageant Field is located at 1 Merrymount Parkway. Payment in full due at time of registration, checks only. Fox Tours is requiring that all travelers have a valid vaccination card to travel. Must be a Kennedy member to sign up for trips.

A Salem Cross Christmas & Bright Nights
Tuesday, Dec. 7th

Today you'll first visit Honey Bee Orchards gift shop where you can purchase honey, preserves and jellies. Next, you're off to Salem Cross Inn for a delicious luncheon featuring Salem Cross' flaky Chicken Pie or Maple Salmon.

You will also enjoy a visit to the Yankee Candle Shop's Bavarian Christmas Village in Deerfield. Then the time has come to head for the Bright Nights, New England's most elaborate light display. $99 per person. Checks made out to Fox Tours.

Bus will leave Pageant Field at 9 a.m. and return to Pageant Field at approximately 7:30 p.m. Pageant Field is located at 1 Merrymount Parkway.

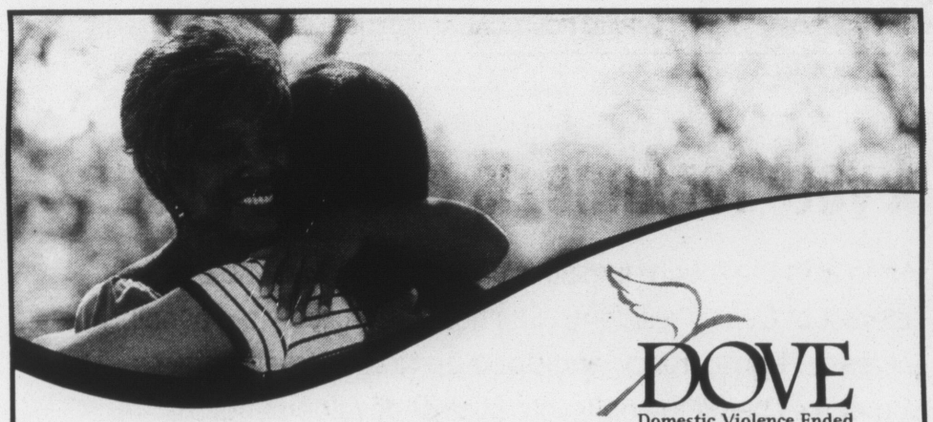
Payment in full due at time of registration, checks only. Fox Tours is requiring that all travelers have a valid vaccination card to travel. Must be a Kennedy Center member to participate in trips.

New Year's at Noon
Friday, Dec. 31st
Celebrate New Year's Eve

Celebrate with your friends aboard the Odyssey for a 2-hour cruise with a champagne toast and countdown to Noon! Buffet menu includes, salad, flounder, oven roasted turkey, hand carved strip loin, desserts, and fruit. After the cruise returns, you'll board your coach for a view of the holiday lights and Frog Pond ice rink and the beautiful Christmas tree on Boston Common. $99 per person. Checks made out to Fox Tours.

Bus will leave Pageant Field at 10 a.m. and return to Pageant Field at approximately 4:30 p.m. Pageant Field is located at 1 Merrymount Parkway. Payment in full due at time of registration, checks only. Fox Tours is requiring that all travelers have a valid vaccination card to participate.

Must be a Kennedy Center member.



DOVE
Domestic Violence Ended

Warning Signs of Abuse

In relationships, we often expect signs of abuse to be obvious. In reality, abusive or controlling behaviors can start out subtly and be infrequent, making them hard to identify. Being aware of and talking about red flags and abuse can be a helpful way to support your family and friends. Examples of abusive behavior can include, being isolated and not allowed to stay connected to your social network, having to take all the blame in arguments or always being put-down for what you do or say. Other red flags might include an excessive amount of jealousy or an expectation to report your whereabouts and be available 24/7. Sometimes your partner will hide these behaviors from others, making it hard to get support or be believed.

It is common to feel confused and overwhelmed or even more isolated and trapped after realizing these red flags. However, help is available, and you are not alone! You can talk to trusted friends and family or reach out to a local domestic violence organization. Advocates at DOVE will not judge you for your choices but rather provide a safe space to explore your thoughts and feelings and create a plan to stay safe. DOVE is here for you.

Please visit our website to learn more ways that you can get involved: www.dovema.org

24-Hour Hotline: 617.471.1234 or 1.888.314.DOVE (3683)
Community Advocacy & Prevention Services 617.770.4065

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More Quincy news:
The Quincy Sun.com

OCT 28 2021

Election Day Tuesday; Early Voting Underway

Cont'd From Page 1

There are a total of four council races on the ballot this year in Quincy.

Four candidates are running for the three at-large seats on the council.

All three incumbents – Noel DiBona of 70 Chickatabot Rd., Nina Liang of 100 Grand View Ave. 8A, and Anne Mahoney of 12 Ferriter St. – are running for reelection. DiBona and Liang are both seeking their fourth two-year term and Mahoney is seeking her third. DiBona and Mahoney previously served on the School Committee.

Joining them on the ballot is William Burke of 28 Rice Rd. Burke ran unsuccessfully for state representative in 2018 and had run for Congress two years prior.

There will also be races for three of the six ward seats on the council.

In Ward 1, incumbent David McCarthy of 48 Whitney Rd. will face off against Joseph Murphy of 18 Macy St. McCarthy, who formerly served on the School Committee, is seeking his third term on the council. This will be the third time McCarthy and Murphy have gone head to head.

In Ward 2, incumbent Anthony Andronico of 46 Endicott St. is up against Steven Perdios of 86 Ruggles St. Andronico, who had been serving on the School Committee, was appointed to the Ward 2 seat in January following the resignation of longtime councillor Brad Croall. Croall was first elected in 2011, when he defeated Perdios for an open seat.

In Ward 5, incumbent Charles Phelan Jr. of 298 Fenno St. is facing a challenge from Stephen Christo of 42 Standish Ave. Phelan is seeking his second consecutive term; he previously represented Ward 5 on the council from 1988 to 1996. Christo and Phelan ran against each other for an open seat in 2019.

The remaining incumbent councillors – Ward 3 Councillor Ian Cain of 93 Forbes Hill Rd., Ward 4 Councillor Brian Palmucci of 16 Cross St. and Ward 6 Councillor William Harris of 74 Ashworth Rd. – are running unopposed. Cain and Harris are seeking their fourth terms and Palmucci his seventh.

This year's election also includes a six-person race for three seats on the School Committee.

The field includes incumbents Douglas Gutro of 85 Arnold St., Emily Lebo of 354 Highland Ave. and Courtney Perdios of 86 Ruggles St. Gutro, who previously served on the City Council, is concluding his first four-year term on the committee; Lebo has served ten years on the board; and Perdios was appointed to the committee in February to fill out the remainder of Andronico's term after he joined the council. Perdios had finished in fourth place in the

Cont'd On Page 34

11 New Firefighters Sworn In

By SCOTT JACKSON

The eleven newest members of the Quincy Fire Department were recently sworn-in during a ceremony and will undergo three months of training in West Quincy.

The new firefighters – Michael Bina, Andrew Kiley, Joseph Dwyer, Dwight Allen-Washington, Kyle Costa, Patricio Fernandez, Brendan Glynn, Sandro Junkovic, Domenic Papile, Daniel Reggiannini and Gregory Ware – were sworn-in by City Clerk Nicole Crispo on Oct. 22 inside the Great Hall of the James R. McIntyre Government Center.

Fire Chief Joseph Jackson said the new recruits are scheduled to go through drill school together. The department will be using the former St. Mary School and rectory on Crescent Street in West Quincy for the drill school, he said.

The academy will last approximately 13 weeks, Jackson said, and will cover everything the new recruits will need to learn, from classroom lessons to things like running ladders and hoses.

"It includes everything," the chief said, "from academic to practical lessons."

This will be the Quincy Fire Department's second class of recruits to train at the St. Mary site. The first class, with 34 members, graduated from the academy in May 2020.

Once the new class complete its training, the department will have approximately 240 uniformed personnel on staff – including both firefighters and officers.

MAKE CHANGE HAPPEN.

NOW HIRING!

BELL RINGERS NEEDED

PART-TIME/FULL-TIME

NOV 15—DEC 24

MONDAY-SATURDAY

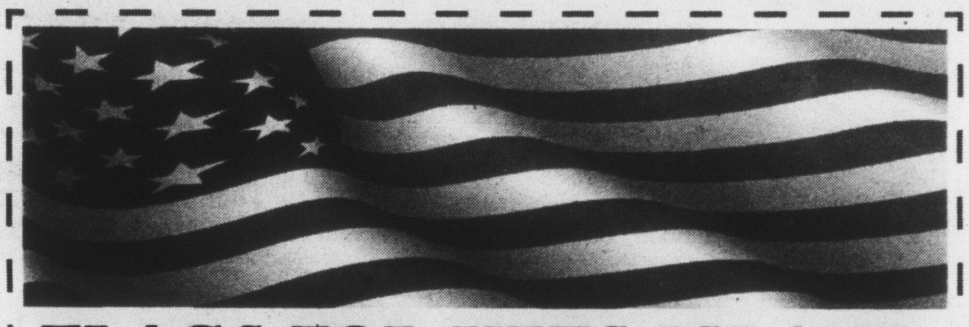
APPLY IN PERSON:

THE SALVATION ARMY

6 BAXTER STREET

QUINCY, MA 02169

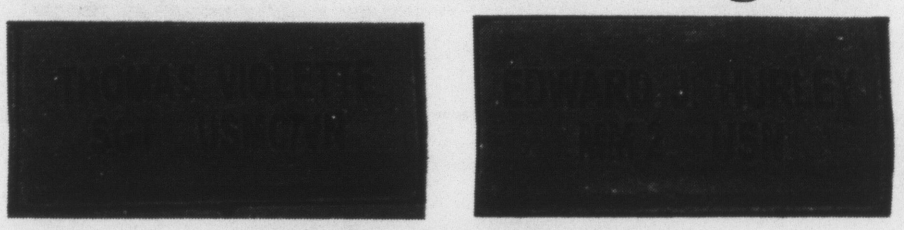
QUESTIONS? - CALL (617) 472-2345



FLAGS FOR VETS ISLAND

SQUADRON 294

Bricks for Veterans Program



PHASE 2

Still Available

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
87 Woodcliff Road.
Quincy, MA 02169

For more information or to order, call 617-733-8026

Sample Composite Ballot - Sample Composite Ballot

City of Quincy Municipal Election Tuesday, Nov. 2

EARLY / ABSENTEE / 提前/缺席選票
OFFICIAL BALLOT / 正式選票
MUNICIPAL ELECTION / 市政大選
CITY OF QUINCY, MASSACHUSETTS / 馬薩諸塞州昆西市
NOVEMBER 2, 2021 / 星期二 2021年11月2日

CITY CLERK

INSTRUCTIONS TO VOTERS / 選民指南

A. TO VOTE, completely fill in the OVAL to the RIGHT of your choice(s) like this: ●
B. Follow directions as to the number of candidates to be marked for each office.
C. To vote for a person whose name is not printed on the ballot, write the candidate's name on the line provided and completely fill in the OVAL.

A. 要投選候選人，請將您選擇的候選人右側的橢圓格完全塗黑，如圖所示：●
B. 遵照關於各職位應選候選人之數目的說明。
C. 要選名字沒有列入選票的候選人，可在所提供橫線上寫候選人的名字，然後將橢圓格完全塗黑。

COUNCILLOR-AT-LARGE
全市議員
Vote for THREE / 投三位候選人

NOEL T. DIBONA 70 Chickatabot Road	Candidate for Re-election 連任候選人 ○
NINA X. LIANG 100 Grandview Avenue 8A	Candidate for Re-election 連任候選人 ○
ANNE M. MAHONEY 12 Fenlon Street	Candidate for Re-election 連任候選人 ○
WILLIAM BURKE 26 Rice Road	○
(Write-in)自填候選人	○
(Write-in)自填候選人	○
(Write-in)自填候選人	○

SCHOOL COMMITTEE
學校委員會
Vote for THREE / 投三位候選人

DOUGLAS SCOTT GUTRO 85 Arnold Street	Candidate for Re-election 連任候選人 ○
EMILY LEBO 354 Highland Avenue	Candidate for Re-election 連任候選人 ○
COURTNEY C. PERDIOS 86 Ruggles Street	Candidate for Re-election 連任候選人 ○
TINA M. CAHILL 51 Grenwold Road	○
LIBERTY M. SCHAAF 28 Howe Street	○
LIZ SPEAKMAN 129 Merrymount Road	○
(Write-in)自填候選人	○
(Write-in)自填候選人	○
(Write-in)自填候選人	○

CITY COUNCILLOR WARD 1
第 1 選區市議員
Vote for ONE / 僅可選一人

DAVID F. McCARTHY 48 Whitney Road	Candidate for Re-election 連任候選人 ○
JOSEPH C. MURPHY 18 Macy Street	○
(Write-in)自填候選人	○

CITY COUNCILLOR WARD 2
第 2 選區市議員
Vote for ONE / 僅可選一人

ANTHONY J. ANDRONICO 46 Endicott Street	Candidate for Re-election 連任候選人 ○
STEVEN PERDIOS 86 Ruggles Street	○
(Write-in)自填候選人	○

CITY COUNCILLOR WARD 3
第 3 選區市議員
Vote for ONE / 僅可選一人

IAN CHARLES CAIN 93 Forbes Hill Road	Candidate for Re-election 連任候選人 ○
(Write-in)自填候選人	○

CITY COUNCILLOR WARD 4
第 4 選區市議員
Vote for ONE / 僅可選一人

BRIAN D. PALMUCCI 16 Cross Street	Candidate for Re-election 連任候選人 ○
(Write-in)自填候選人	○

CITY COUNCILLOR WARD 5
第 5 選區市議員
Vote for ONE / 僅可選一人

CHARLES JOHN PHELAN 298 Fenno Street	Candidate for Re-election 連任候選人 ○
STEPHEN M. CHRISTO 42 Standish Avenue	○
(Write-in)自填候選人	○

CITY COUNCILLOR WARD 6
第 6 選區市議員
Vote for ONE / 僅可選一人

WILLIAM P. HARRIS 74 Ashworth Road	Candidate for Re-election 連任候選人 ○
(Write-in)自填候選人	○

OCT 28 2021

New Target Store At 289 Hanock St. Now Open

The new Target store in North Quincy – located in the new development taking place at the North Quincy MBTA station – is now open to shoppers.

The store, located at 289 Hancock St., opened last week and a ribbon-cutting and grand opening was held on Sunday.

The 40,000-square-foot store features apparel and accessories, home décor and related items, groceries, health, beauty and personal care products, plus a CVS Pharmacy and Starbucks. Customers can also order before they get to the store and pick up the items inside or have them brought to their vehicles.

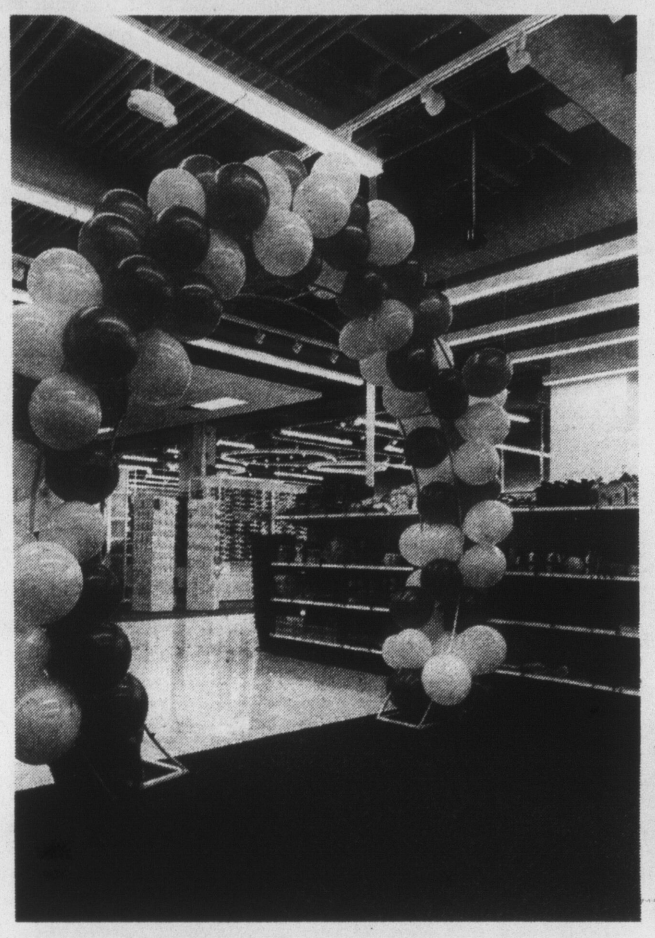
It is open from 7 a.m. to 10 p.m. daily.

The store is Target's 38th location in the Boston area and its first in Quincy. It is one of 10 small-format locations in the area.

The North Quincy Target employs approximately 40 workers, according to the company.

The store is located within The Abby, the mixed-use development under construction at the North Quincy MBTA station. The project is named for Abigail Adams, the wife of John Adams and the nation's second first lady.

Once complete, The Abby will include 610 apartments and 45,000 square feet of retail space on site, and a new parking garage with spaces for commuters and tenants.



THE NEW TARGET store in North Quincy – located in the new development taking place at the North Quincy MBTA station – is now open to shoppers. *Courtesy Photos*

THE NEW TARGET store in North Quincy is located at 289 Hancock St.

Massachusetts Association Of Realtors Reports Consistency In Demand

The Massachusetts Association of Realtors (MAR) has issued a report on housing statistics for September 2021. MAR's report notes that despite another decrease in new listings, comparison to the previous year indicates a potential shift in the housing market toward a softening of competition and perhaps even a moderation in sales prices.

Simultaneously, homebuyers have become more discerning as a result of the highs and lows of the market throughout the pandemic, and many have chosen to wait to strike until the market balances itself out. New listings continue to enter the market, a distinct departure from seasonal trends typically observed during the fall, which is usually a time during which listing and sales activity slows.

MAR data provided the following key indicators for September:

• The median price for single-family homes was $525,000, and condominiums at $460,000. Both prices dropped from last month's median, which saw single-family homes go for $553,000 and condominiums for $481,063. This decrease is not uncommon for the time of year.

• New listings for single-family homes were down 10.1% and condominium listings decreased 5.1% compared to the same period last year.

• In trend with the previous month, closed sales decreased by 11.3% for single-family homes, compared to September 2020, while closed sales for condominiums took another slight rise of 2.4%.

• Months supply of inventory has stayed fairly consistent over the last several months.

Homes are sitting on the market for longer periods of time and selling closer to listing prices. Cumulative days on the market increased 4% for single-families, and 2.5% for condominiums in September, when compared to the previous month.

"Sustained demand means that sellers are still in charge of the market, but this consistency is a good sign after months of imbalance," said Steve Medeiros, 2021 president of MAR and a realtor at Keller Williams Realty. "The dip we saw in median prices from August to September is also a welcome change for first-time homebuyers who have been struggling to enter the market or have continued to be priced out. We are excited to see what the next month brings."

September 2021 Data: from Massachusetts Association Of Realtors

	September 2021 Closed Sales	September 2020 Closed Sales	September 2021 Median Price	% Change Closed Sales (year over year)	August Closed Sales 2021
Single-Family	5,344	6,024	$525,000	-11.3%	5,856
Condominium	2,292	2,238	$460,000	+2.4%	2,429

More Quincy news:

The Quincy Sun.com

NOTICE OF PUBLIC HEARING

Notice of Public Hearing
2021-080

In accordance with Chapter 20 of the Acts of 2021 signed by Governor Charles D. Baker June 16, 2021, extending certain provisions of the Open Meeting Law, G.L. c. 30A, § 20, the Ordinance Committee of the Quincy City Council will be convening via remote conferencing services on Monday, November 15th at 6:30 pm that will air on Quincy Access Television (QATV) Channel QATV-9 Government Access relative to any and all matters pending in this committee including, but not limited to:

2021-080 – Ordinance– Amending Chapter 375 – Zoning - Regulation of Short-Term Residential Rentals

Join Zoom Meeting –
https://us06web.zoom.us/j/89437762424?pwd=ejQrTXZWZGQxd05uWDNEOFU5cW85Zz09
Meeting ID: 894 3776 2424 Passcode: 4m9AyY
Dial by your location – 312-626-6799 US (Chicago) - 929 436 2866 US (New York)
Meeting ID: 894 3776 2424 Passcode: 433704
Find your local number: https://us06web.zoom.us/u/k0lD13xOz

A copy of this order may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, Ma. Monday thru Friday during regular business hours 8:30 A.M. to 4:30 P.M. Any person wishing to comment can also do so via email to jmanning@quincyma.gov or by regular first-class mail addressed to the City Council Office 1305 Hancock Street, Quincy, MA 02169 Attn: Jennifer Manning. Written comment must be received prior to noon on November 15th to be entered into the record.

Nicole L. Crispo
Clerk of the Council
10/28/21

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

On Sunday, Oct. 17 at approximately 1:42 a.m., multiple Quincy Police units were dispatched to a residence near South Street and Scammel Street on a report of an armed robbery. Responding units were advised there were knives involved and the reporting party was "pepper sprayed."

As Officer Clark was responding, turning right from Revere Road onto Miller Style Road (approximately a half mile from the residence), he observed a gray sedan with multiple occupants. This vehicle stood out to him and drew his attention due to the fact that it was raining heavily at that moment and the individual driving had the driver's side window completely down. Officer Clark had prior knowledge that the victims had been pepper sprayed. He also knew, from his training and experience, that it may contaminate the person and the clothing of the person who sprayed it.

Officer Clark observed a black male with dreadlocks driving the vehicle and slowed down enough to get a clear view of the license plate. He made a note of the plate and continued to the victim's residence.

Just prior to Officer Clark's arrival, Quincy Police communications broadcast a description of the suspects. In particular, one of the males was described as having dreadlocks. Officer Clark then relayed the license plate, stating that the male driving matched the description, and that he had the driver's side window down to possibly decontaminate himself from pepper spray.

Officer Clark arrived and met with the three victims. According to their statements, three black males entered the apartment. The victims stated one male suspect was short, one male was tall, and one male had "dreads." All three had knives. The victims stated that the suspects were wearing masks and black hoodies, and one had black Nike Air Max sneakers on. The victims believed the suspects looked young, possibly 20-22, and one looked approximately 16 years old. According to victim statements, one victim was zip-tied around his wrists and two of them had been pepper sprayed. Victims reported that jewelry, a cellphone, a laptop, and other items were stolen.

At approximately 2:30 a.m., Officer McBrien, who was searching the area for the suspect vehicle, located a gray car idling behind 11 McGrath Highway. As Officer McBrien entered the parking lot, she observed one black male with dread locks standing outside the vehicle on the passenger side. The unidentified male observed her marked police cruiser enter the parking lot and ran back to the motor vehicle, quickly getting into the passenger side front seat. The operator of the vehicle then attempted to flee the parking lot. She was then able to view the license plate and confirm it was the same vehicle that Officer Clark had observed earlier. Officer McBrien activated her emergency blue lights and sirens and conducted a motor vehicle stop. Due to the serious nature of the call, and the fact that weapons were used during the home invasion, and that there appeared to be three occupants in the vehicle, Officer McBrien awaited backup. Within moments, several units responded. Occupants of the vehicle were then ordered out of the vehicle one-by-one.

A show-up was conducted. The suspects were positively identified. During the show-up, one victim identified one of the suspects (using his nickname). Items taken during the home invasion were located in the vehicle. Other items taken were recovered in the pocket of one of the suspects during the booking process.

A 28-year-old male from Dorchester, a 35-year-old male from Cambridge, and a 19-year-old male from Dorchester were all arrested and charged with three counts of home invasion, kidnapping, armed robbery while masked, and assault and battery with a dangerous weapon (to wit: knife and mace). The driver was also charged with operating a motor vehicle with a suspended license.

All three were arraigned in Quincy District Court and held pending a Dangerousness Hearing on Oct. 27.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, OCT. 15

LARCENY, 12:02 a.m., 97 Liberty St. Serviced.

VANDALISM/PROPERTY (vehicle), 3:04 p.m., Willard Street. Motor vehicle took off threw bottle at car. Threatened to shoot reporting party. Did not see any weapons. Damaged vehicle. Reporting party is in a silver Nissan. Water was thrown on this vehicle; second half of road rage was gone on arrival. Advised.

VANDALISM/PROPERTY (youths), 11:23 p.m., Squanto Road. Two youths white male t-shirt, black shorts t-shirt around his head threw a water plastic bottle at reporting party's head. White male, short. Youths headed toward Ginger Betty's. Checked area nothing showing. Case number provided. Report to be filed.

SATURDAY, OCT. 16

LARCENY (ring missing), 11:20 a.m., Seaport Drive. One ring missing from bedroom while workers were in the house redoing floors. Reporting party was gone. 86-year-old female would like officer. Report.

BREAKING AND ENTERING/PAST (dwelling), 5:54 p.m., Berkeley Street. See caller in QPD lobby. Laptop stolen. May have suspect info. Report filed.

SUNDAY, OCT. 17

ARMED ROBBERY (just happened), 1:42 a.m., Berkeley Street. Arrest made. Reporting party states there were knives involved and reporting party was pepper sprayed. One person was assaulted, three people in the apartment. Two or three black males with black hoodies and dreads, happened five minutes prior to phone call. Fled on foot unknown direction. X5 clear two signed patient refusals. Units are by Bigelow and Washington Streets. Report filed.

MONDAY, OCT. 18

LARCENY (catalytic converter), 9:41 a.m., Federal Avenue. Would like to file a report. Noticed work truck had catalytic converter stolen/cut out. Report.

VANDALISM/PROPERTY, 11:12 a.m., Stop & Shop Supermarket, 65 Newport Ave. In lot. Closest to flower side - white Explorer.

ASSAULT AND BATTERY (just happened), 12:35 p.m., Quarry Street. Says male assaulted her and he's drunk. Just walked away from her toward street. Wearing Pats hat and Sox shirt. Brewster notified. Party has mental health issues, no assault, no DOVE.

LARCENY (locker break-in), 1:11 p.m., Coddington Street. Wallet and watch stolen from a locker. Member at desk, lobby. Needs to report. Report.

LARCENY (past), 1:22 p.m., Coddington Street. Report. Incident closed.

INDECENT EXPOSURE (past), 4:27 p.m., Pontiac Road. In QPD lobby. Reporting party states that on Saturday her 12-year-old daughter was in the yard and her next door neighbor was exposing himself to her. Reporting party states daughter is in the car with her father, but can come in to speak with someone. Report filed.

LARCENY (stolen credit cards), 4:46 p.m., Granite Street. Reporting party states two individuals came in and used stolen credit cards to purchase items. He has pictures and the transaction receipts. The caller was corporate security. He believes that suspects from earlier Walgreens incidents may have tried to use stolen cards in the Quincy store. He will keep the video footage, if the cards were in fact stolen he will call QPD back for further assistance. Incident closed.

TUESDAY, OCT. 19

LARCENY/MOTOR VEHICLE (overdue rental), 10:05 a.m., Centre Street. In QPD lobby. Report.

LARCENY (checks), 10:58 a.m., Bridge Street. In the lobby. Report.

LARCENY (catalytic converter), 12:52 p.m., Fayette Street. Reporting party took motor vehicle to mechanic and discovered his catalytic converter had been cut out. Report to file.

LARCENY/MOTOR VEHICLE (past), 12:59 p.m., Quincy Avenue. UHaul truck stolen. No suspect info. Officer will turn in form.

LARCENY (stolen packages), 3:04 p.m., Quarry Street. Caller wishes to report theft of packages. Report filed.

LARCENY (bikes), 10:25 p.m., Quincy Shore Drive. Two bikes stolen. Last seen Sept. 15. Unsure if there are cameras. Caller will speak with management. One red, Trek 1 light blue/green Cannondale. No suspects at this time. Case number provided. Incident closed.

WEDNESDAY, OCT. 20

LARCENY (socks), 10:54 a.m., Winter Street. In QPD lobby. States items are being taken from his room. Lives in the rooming house. Socks and silverware are missing. Case number referred to online system.

BREAKING AND ENTERING/PAST, 4:08 p.m., Federal Avenue. In QPD lobby. Reporting party states someone broke into his shop and cut out the catalytic converter to his truck. Report to be filed.

ASSAULT AND BATTERY (males), 4:19 p.m., Copeland Street. Refusing EMS. States male punched him in the face. Report to be filed.

LARCENY (past), 4:40 p.m., Seven Eleven Store, Franklin Street. Caller is in the police lobby. Caller has the suspect's info. Complaints to be filed.

LARCENY (package), 5:04 p.m., Newport Avenue. Serviced. Report.

VANDALISM/PROPERTY (screen window and door), 9:02 p.m., Trafford Street. Screen window and door. Reporting party does not know who male is. Threatened caller and is scared. Reporting party thinks male is trying to take her away. Language barrier. Advised.

THURSDAY, OCT. 21

ASSAULT AND BATTERY (past), 12:24 a.m., Berkeley Street. Caller states that on Oct. 18, two hours after the home invasion the downstairs roommate came into his unit and assaulted him stating that he received multiple bruises on his ribs and other lacerations. States now he is continually being threatened by the roommate. Requesting to make report and looking for information on restraining order against roommate. Report submitted on non-domestic assault and battery.

LARCENY (phone), 10:38 a.m., Southern Artery. See caller at Watson Terrace. Daughter's iPhone was stolen yesterday. Unable to identify suspect. Caller was advised.

LARCENY (purse), 3:37 p.m., Washington Street. In QPD lobby. Has suspect information. Report.

LARCENY (stolen package), 5:49 p.m., Quincy Shore Drive. UPS delivered package. Reporting party contacted management. No video of suspect. Reporting party would still like to speak to an officer. Report.

Total Calls for Service: 1,153

Breaking & Entering in the Past: Federal Avenue, Franklin Street

Breaking and Entering Motor Vehicle: Cottage Avenue

Attempted Breaking & Entering Motor Vehicle: Cottage Avenue

Home Invasion: Berkeley Street

Larceny Motor Vehicle: Quincy Avenue, Centre Street

Pumpkin Spice Festival At Bishop Field Saturday

Montclair/Wollaston Neighborhood Association Celebrating 30th Anniversary

The Montclair/Wollaston Neighborhood Association (MWNA) will celebrate its 30th anniversary holding a Pumpkin Spice Festival at Bishop Field, 108 Holbrook Rd., abutting the Montclair School, on Saturday, Oct. 30 from 11 a.m. to 5 p.m.

The fun-filled family event will feature free activities for all ages including, a magician, balloon twisting, pony rides, petting zoo, bounce house, obstacle course, Touch a truck, Quincy Fire Department, Quincy Police K-9, Special Ops and Motorcycle Units, Norfolk County Sheriff Command Center Vehicle, and Brewster Ambulance, Montilios wood fired pizza truck, pastries, cookies, coffee and Pour Garden craft and domestic beers provided by the Wollaston Hill Neighborhood Association, as well as live musical performances from Peter Mundt, Dylan MacIntosh and Quincy's own The Rudderkings.

The Pumpkin Spice Festival is sponsored by the MWNA in partnership with the City of Quincy Parks, Police and Fire Departments, and Granite Telecommunications, with support from Quirk Chevrolet, and Stop & Shop. Additional donations and sponsorship are welcome. Contact Event Chairperson Kevin Coughlin at 617-328-7749.

The MWNA is a volunteer neighborhood advocacy organization formed in 1991. The Association also provides annual scholarships for North Quincy High School students, musical instrument funding and essay contest awards for students of the Montclair and Wollaston Schools.

More Quincy news:
The Quincy Sun.com

OCT 28 2021

CLASSIFIEDS

SERVICES

DERRICKS PAINTING
When Quality Counts
Interior/Exterior
Home Repairs
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PERSONAL

To LaLa and Bill –
Happy Halloween & Thanksgiving.
Quincy Family 10/28

THANK YOU
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ST. ANTHONY, ST. JOSEPH,
ST. PEREGRINE,
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J.D. 1/13

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HELP WANTED

Management Analyst — Torrent Auto LLC in Canton, MA seeks a Management Analyst to conduct organizational research and analysis on historical financial data; develop management plans; review business documents and financial records to design new management systems; lead the company's management on critical initiatives; and monitor and ensure the function of the company's management systems. Must have a Bachelor's degree in Project Management or a business management major as well as 12 months of professional experience in a business management related profession, such as Business Analyst, Management Analyst, etc. with hands-on experience in conducting organizational research; reviewing financial documents and records; gathering information on the functioning of a business's system; and designing operational processes and defining employee performance metrics. Mail resume to Wenqing Zhang, 45 Dan Road, Canton, MA 02021. 10/28

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Here are stores in Quincy that sell it on their newsstands:

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1183 Hancock St., Quincy Ctr. T Station

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1520 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

STAR MARKET
130 Granite St..

WALGREENS
132 Granite St.

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

SHOP N SAVE LIQUORS
20 Independence Ave.

DONUT + DONUTS + MUFFINS
33 Scammell St.

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25 Scammell St.

ADAMS VARIETY
22 Independence Ave.

DAILY MART
291 Quincy Ave.

ROCHE BROTHERS
The Falls

WALGREENS
418 Quincy Ave.

WALGREENS
550 Adams St.

ARTERY GROCERY
1000 Southern Artery

7-11
495 Washington St.

DAIRY FARM
330 Washington St.

7-11
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

7-11
650 Adams St.

7-11
678 Adams St.

VILLAGE COMM. MARKET
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COPELAND LIQUORS
273 Copeland St.

GRANITE MART
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7-11
Copeland St.

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CORNER FOOD MARKET
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200 FOOD MART
200 Sea St.

ADAMS SHORE SUPERMARKET
494 Sea St.

PALMER STREET MARKET
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

7-11
721 Hancock St.

BEALE ST. NEWS AND TOBACCO
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

SQUANTUM MARKET
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

SAM'S VARIETY
125 Billings Rd.

LUCKY'S WINE & LIQUOR
66 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

CARMINE'S CAFÉ
69 Huckins Ave.

7-11
751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

EVEREST MARKET
121 Standish Ave.

5 CORNER FOOD MART
163 Newbury Ave.

WEST ELM VARIETY
139 W. Elm Ave.

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
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- ❑ For Rent
- ❑ Wanted
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- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad, 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

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NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

OBITUARY

Michael F. Cunningham, 64

MICHAEL F. CUNNINGHAM

A celebration of life for Michael F. Cunningham, age 64, of Dorchester, will be held Saturday at 11 a.m. in St. Gregory's Church, Dorchester, followed by a reception at Florian Hall at 12:30 p.m.

Mr. Cunningham died March 18, 2020, after a 15-month battle with cholangiocarcinoma (bile duct cancer).

He was a lifelong resident of Dorchester. Mr. Cunningham also spent a great amount of time in Quincy visiting with his family and attending his nieces and nephew's sporting events. He attended Catholic Memorial High School and Boston State College. He also studied carpentry and became a licensed and talented carpenter. He was co-owner of Cunningham Bros. Painting Company.

Mr. Cunningham was a hard worker and he always had multiple jobs where he made many friends for life. He worked part time as a trainer at the Quincy YMCA, security guard at Legal Seafood, bartender at the Old Dorchester Post and as a meat cutter at the Capital supermarket.

In his spare time, Mr. Cunningham enjoyed walking, bike riding, golfing, and traveling especially his trips to Las Vegas, Myrtle Beach and Montreal with his friends from the Eire Pub and Old Dorchester Post. He was an avid Boston sports fan, especially the Boston Celtics where he had season tickets for many years.

There are so many people to thank who were there for Mr. Cunningham during his illness but in particular, we would like to thank his friends Joe Lawlor and Don Murphy who supported him unwaveringly during his sickness. We would also like to thank our uncle Arthur O'Leary for taking Mike to his many appointments at Dana Farber in Boston.

Beloved and devoted son of the late James P. and Frances (O'Connor) Cunningham. Brother of James P. Cunningham Jr. and his wife Judi, Joan Lenihan and her husband Edward, Neil Cunningham and his wife Joan, Lawrence Cunningham and his wife Michelle and the late John Cunningham and Mark Cunningham.

For those attending the services, please RSVP to mikescelebrationoflifers-vp@gmail.com.

Interment was at Saint Joseph's Cemetery, West Roxbury.

Memorial donations may be made to cholangiocarcinoma.org/cunningham.

Quincy Point Congregational Church

Sunday, Oct. 31 at 10 a.m. there is in-person worship at Quincy Point Congregational Church, 444 Washington St. and it will also be streamed live for people at home.

Sunday is Halloween, so feel at home to come to worship dressed up as your favorite biblical character, superhero, or historical figure you admire. The church will have masks and little dress up items available for people who wish to join in the fun.

Pastor, Kimberly Murphy and Music Director Jeanne Lucas continue their "All About" series with the sermon, "All About Esther." Sheena DelMonte will be the liturgist of the day.

The live broadcast will have a feed to YouTube, Facebook and Vimeo. The Pizza and Pumpkin Halloween party will follow worship in the Social Hall. Don't forget your pumpkin to decorate or carve.

Residents of 1000 Southern Artery – the church bus is back. Spread the word to your friends. Sunday Bus Schedule to QPCC: 9:30 a.m. departs from East Wing and 9:35 a.m. departs from North Wing.

The church sanctuary is accessible to all with designated parking and an elevator via the Abbey Road side of the church.

Save the following dates for St. Nicholas Festival Weekend Dec. 3-5. On Dec. 3 from 6:30-9:30 p.m. will be a concert, followed by a fair preview. The concert features the musical and instrumental talents of QPCC soloists, members of South Shore Piano School and students of South Shore Children's Chorus.

Then on Dec. 4 the fair will take place from 9 a.m. to 3 p.m. (more details to follow).

First Baptist Church

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, is open for everyone.

For those who have not fully vaccinated, continue to wear mask and safe distance. On-line worship will continue.

The church online dial-in/Zoom weekly meeting is:

(visit website: http://first-baptistchurchofwollaston.org/)

- Sunday 9:30 a.m. Vietnamese Worship Service at Fellowship Hall: Pastor Duc
- Sunday 10:30 a.m. English Worship Service – Interim Pastor: Rev Bill Swilling
- Thursday 6:30 p.m. Bible Class – Book of Revelation – Pastor Paul Lee
- Friday 11 a.m. Prayer Group Meeting

For inquiries call 617-472-0824 and ask for Lewann Mina, church administrator.

A Thank You From The Houghs Neck Garden Club

The Houghs Neck Garden Club would like to thank all who attended or supported the rededication of the World War II Veterans' Memorial in front of the Atherton Hough School on Oct. 2nd. We are also very grateful to Mayor Koch, Councillor Dave McCarthy, the veterans and North Quincy High colorguard for their help and support. Kudos to Rebecca Morris who did a splendid job singing the nation anthem.

Without such support our volunteer organizations could never hope to do such programs. Houghs Neck has always been a proud community and the Garden Club is proud to also keep it a beautiful place to live.

On Wednesday, Nov. 3rd the Houghs Neck Garden Club will meet at the Manet Community Center at 7 p.m. The speakers will be Jean Butler and Jana Milbacker, who will present "The Magic of a Winter Garden". Jean is a master gardener and horticultureist. Jana is a garden designer. Together they will illustrate and provide tips on designing your garden for winter interest with trees and shrubs and perennials.

On Dec. 1st , HNGC Vice President Cynthia Lewis will demonstrate how to make festive arrangements. Members will have a chance to win an arrangement at the opportunity drawing. Cynthia is a master gardener and an artist, and has offered many workshops and demonstrations of floral and other crafts. This is a must for crafters and anyone wanting to get ideas for Holiday decorating. This meeting starts at 7pm at the Manet Community Center.

The Houghs Neck Garden Club is a member of the Garden Club Federation of Massachusetts and a 501C3 non-profit organization. The club depend on donations and people joining us to keep running.

WE LOVE HOUGHS NECK!

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

Election Day Tuesday; Early Voting Underway

Cont'd From Page 29

2019 school board election.

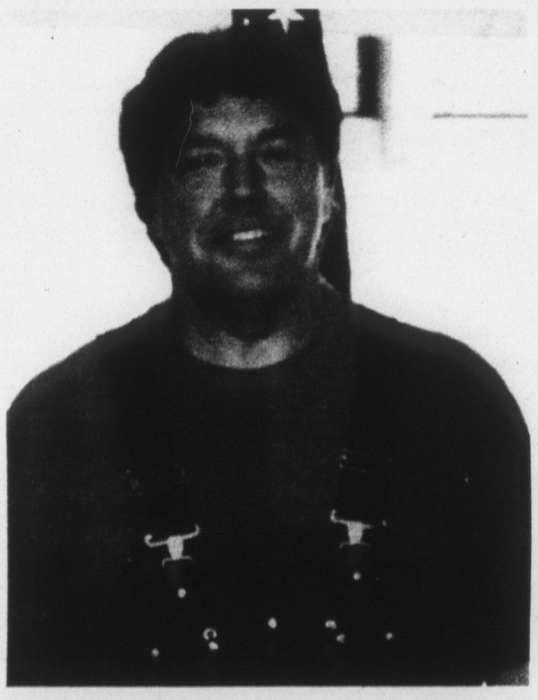
Joining them on the ballot are first-time candidates Tina Cahill of 51 Grenwold Rd., Liberty Schaaf of 28 Howe St. and Liz Speakman of 129 Merrymount Rd. Schaaf and Speakman had also been nominated for the open seat Perdios filled during the February joint convention.

Seven candidates had qualified for the ballot in the committee race, necessitating a preliminary contest in September to whittle the field down to six.

Cahill finished first in the preliminary with 2,330 votes. Lebo came in second with 2,216 votes, and Perdios was third with 1,984 votes, followed by Schaaf with 1,915, Gutro with 1,777 and Speakman with 1,351. First-time candidate Ellen Patterson O'Donnell of 6 Hatherly Rd. came in seventh with 857 votes and was eliminated from the race.

Crispo is notifying voters in Ward 4 Precincts 2 and 3 who cast ballots at the Quincy Lodge of Elks, 254 Quarry St., that the polling precinct will be located in the lower level hall of the lodge (not upstairs) next Tuesday, Nov. 2. She said this is a temporary change. Signage outside the hall will also be placed on Election Day directing voters to the lower level hall.

BIRTHDAY MEMORIAL



Joseph W. Koch
Nov. 1, 1956 - Aug. 20, 2014

Always in our thoughts and prayers.
With Love, Family and Friends

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OCT 28 2021

'Presidents Coast' Trail Network Community Meeting Nov. 3

The consultant team working with the City of Quincy on developing the "Presidents Coast" trail network will host their first public meeting on Wednesday, Nov. 3 at 6:30 p.m. at the Thomas Crane Public Library, main library meeting room, 40 Washington St., Quincy.

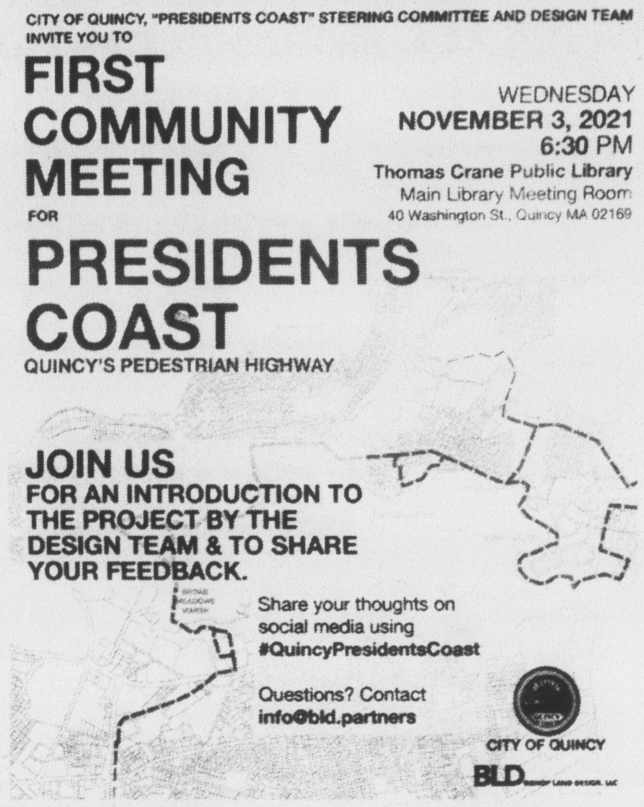
Presidents Coast has been envisioned as a citywide network of pedestrian trails that will connect all three of the city's peninsulas to Quincy Center, the Neponset River watershed, the Fore River watershed and the Blue Hills Reservation. The project seeks to study, plan, design and implement a network that takes advantage of all existing infrastructure and open spaces throughout the area, enhance physical and ecological conditions of both natural features and human-made structures, and fill in the gaps with proposed design and engineering solutions.

The project aims to enhance ADA compliance in our shared open spaces, increase safe routes to schools for Quincy youth, improve equity of access to waterfront, marshes, and other natural resources for underprivileged neighborhoods, and provide much-needed infrastructure for emergency access and alternative transportation, including walking or cycling for commuting or leisure.

Bishop Land Design, a landscape architecture firm based in Quincy, is working on a master plan and feasibility study for the primary portion of the project. The goal is to understand the community's desires and priorities, find the best alignments for this pedestrian network, and identify the permitting processes for implementation.

All community members are invited to share their input with the project team by participating in the upcoming public meetings and community walks, contacting the design team by sending an email to info@bld.partners, or sharing their thoughts on social media using #quincypresidentscoast.

A guided "community walk" will be conducted by the project team at 5 p.m. prior to the first meeting at the library that will cover portions of the potential project sites. The details of the "community walk" will be announced shortly. If you have any questions contact info@bld.partners.



Quincy Girls' Soccer Falls To P.S.

By TOM JOYCE

The first half was a low-scoring affair, but their opponent had a little bit of offensive success in the second half.

The Quincy High girls' soccer team hosted the Plymouth South Panthers on Monday at Veterans' Memorial Stadium. While they held Plymouth South to one goal in the first half, their opponent ended up putting three in the back of the net in the second half to win the match 4-0. With the loss, the Presidents fell to 0-16 on the season. It marked the second time that these two teams faced off this season. The first time they played, it was a road game for the Presidents; they lost that one 5-1 Oct. 6.

It didn't take the Plymouth South Panthers long to take the lead against the Presidents on Monday; they scored their first goal of the match at the two-minute mark and never surrendered the lead. A Plymouth South forward found an opening out in front of the net and kicked it through.

While the Presidents weren't able to put up a goal in the first half, they did have a strong shot on net from junior Helena Middleton. She took a free kick from the right side of the 35-yard line on the field and put a shot on net to the left side. The opposing goalie made the save.

Once again, Plymouth South scored quickly at the start of a new half. The team got its first goal of the first half at the 41-minute mark. It had a kick from the right side that went over the head of the Presidents goalkeeper and into the back of the net for the score. This put Plymouth South up 2-0.

Plymouth South added an insurance goal 12 minutes later to go up 3-0. The goal came on a ground ball that rolled into the left side of the net. The Plymouth South forward took the shot from near the right side and capitalized on the opening.

Plymouth South added one more goal with about 13 minutes left in the contest to go up 4-0. After that, neither team put up any more goals.

The Presidents, who are still seeking their first win this season, also competed twice last week. They fell 7-0 to the Duxbury Dragons Oct. 20 at home. Two days later, they fell 3-0 to Pembroke on the road. The game against Pembroke was tied for the lowest combined goal total in a match they have played in this season.

While the Presidents are having a rebuilding season this year, they are on the younger side for a varsity team. They only have five seniors on their roster this season which means that most of their varsity starters are likely to return next season. That said, they will have a more experienced team next fall.

The roster for the Presidents this season includes: sophomore Anna McPhillips, junior Ava Cook, sophomore Madison O'Hara Kelly, junior Helena Middleton, freshman Grace McGillicuddy, senior captain Lindsey Hatfield, senior Maddie Bailey, junior captain Mairead Folan, senior Mia Nguyen, freshman Abby Lyons, sophomore Zoe Stallbaum, junior captain Caroline Campbell, freshman Abby Dawe, junior Avery Pitta, junior Caroline Tracey, sophomore Grace Connor, sophomore Kaitlyn Sampson, sophomore Mia Stallbaum, sophomore Mary Doherty, senior Abby Codner, senior captain Amyah Davis, sophomore Ciara Golden, junior Amira Aitsaid, freshman Ashlinn Folan, and freshman Ciara Folan. Their head coach is Bridget Coleman.

The next match for the Presidents will take place this Thursday, Oct. 28 on the road against the Silver Lake Lakers (4 p.m. start time). Additionally, the Presidents end their season this Saturday, Oct. 30 on the road against the Milton Wildcats (10:30 a.m. start time).

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO21P2496EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Alicia Evelyn Coletti
Date of Death:
April 14, 2021

To all persons interested in the above captioned estate, by Petition of:

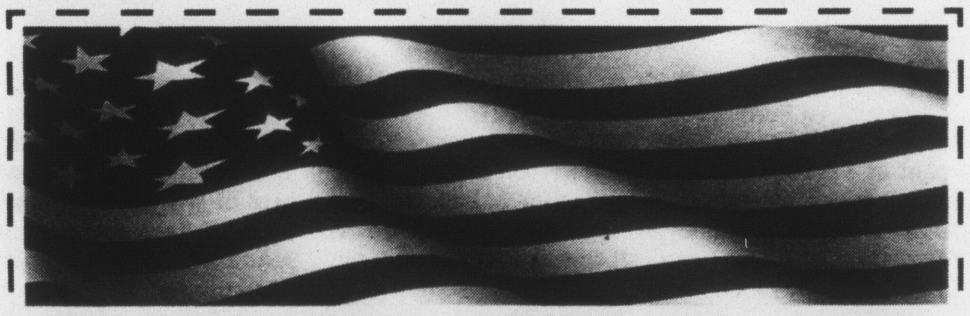
Petitioner **Carroll D. Coletti** of **Milton, MA.**

a Will has been admitted to informal probate.

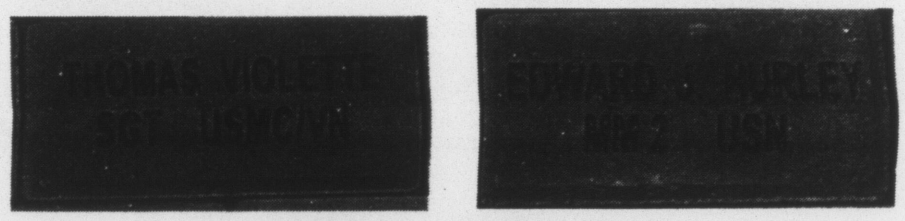
Carroll D. Coletti of **Milton, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

10/28/21



FLAGS FOR VETS ISLAND
SQUADRON 294
Bricks for Veterans Program



PHASE 2
Still Available

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for $50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank:_____

Line 2: Branch of Service: _____

Bricks cost $50 each

Send this form and check to:
S.A.L. Squadron 294
87 Woodcliff Road.
Quincy, MA 02169

For more information or to order, call 617-733-8026

AAA: Gasoline Prices Up Eight Cents In One Week; $1.25 Higher Than Year Ago

Massachusetts's average gas price is up 8 cents from last week ($3.27), averaging $3.35 per gallon. Monday's price is 26 cents higher than a month ago ($3.09), and $1.25 higher than October 25, 2020 ($2.10).

Massachusetts's average gas price is 3 cents lower than the national average. Nationally, prices have risen for 27 consecutive days.

"With the U.S. economy slowly recovering from the depths of the pandemic, demand for gas is robust, but the supply is tight," says Mary Maguire, director of Public/Government Affairs. "We haven't seen prices this high since September of 2014."

The recent rise in the pump price is due to higher demand coupled with a decline in stocks alongside elevated crude prices. Global oil production is still below pre-pandemic levels. According to new data from the Energy Information Administration (EIA), total domestic gasoline stocks decreased by 5.4 million barrels to 217.7 million last week. However, gasoline demand increased from 9.19 million barrels per day to 9.63 million. Since the cost of oil accounts for more than half of the pump price, consumers will be paying more as long as crude prices remain high.

AAA Northeast's October 25 survey of fuel prices found the current national average to be 6 cents higher than last week ($3.32), averaging $3.38 a gallon. Monday's national average price is 20 cents higher than a month ago ($3.18), and $1.22 higher than this day last year ($2.16).

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P2673EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Henry Pagnano
Date of Death:
05/31/2021
To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Karen DiNardo** of **Quincy, MA** and **Joan L. Pagnano** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Karen DiNardo** of **Quincy, MA** and **Joan L. Pagnano** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/24/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 19, 2021
COLLEEN M. BRIERLEY
Register of Probate

10/28/21

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P2627EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Charles C. Campitelli, Jr.
Also known as:
Charles Campitelli, Jr.
Date of Death:
08/27/2021
To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Dean Campitelli** of **Weymouth, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Dean Campitelli** of **Weymouth, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/17/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 18, 2021
COLLEEN M. BRIERLEY
Register of Probate

10/28/21

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P2669EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Martha Jones
Date of Death:
05/11/2021
To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Christopher M. Jones** of **South Easton, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Christopher M. Jones** of **South Easton, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/24/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 19, 2021
COLLEEN M. BRIERLEY
Register of Probate

10/28/21

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P1944EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Jawara Gamal McIntosh
Date of Death:
07/17/2020
To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Melody G. Cunningham** of **Edgartown, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Melody G. Cunningham** of **Edgartown, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/10/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 05, 2021
COLLEEN M. BRIERLEY
Register of Probate

10/28/21

Houghs Neck Congregational Church

The Sunday morning service of worship at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Stephen Vandergrift will lead the 'Hybrid' service and deliver his sermon.

If you cannot join us in person at the sanctuary and would like to join us via Zoom, contact Pastor Steve Vandergrift at 617-479-8778 for more information.

PUBLIC NOTICE

CITY OF QUINCY
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given that an application has been received from Automotive Repair Facility, Inc., dba Vinna Automotive Service for a garage/repair license for the premises located at 10 Willard Street. Proposed manager MyMy Tran; proposed hours of operation Monday-Friday 8am-6pm and Saturday 8am-3pm. A hearing will be conducted at **4 p.m. on Tuesday, November 9, 2021** using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: November 9, 2021 License Board
Time: Nov 9, 2021 04:00 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://quincycollege.zoom.us/j/2309068852
Meeting ID: 230 906 8852
One tap mobile
+19292056099,,2309068852# US (New York)
+13017158592,,2309068852# US (Washington DC)
Dial by your location
+1 929 205 6099 US (New York)
+1 301 715 8592 US (Washington DC)
Meeting ID: 230 906 8852
Find your local number: https://quincycollege.zoom.us/u/kDpypqzfG

Nicole L. Crispo
Chair

10/28/21

PUBLIC NOTICE

CITY OF QUINCY
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Tai Xi, Inc., dba Thai-C, Claire Chen manager, for a change of license category from Wines and Malt Beverages to All-Alcoholic Beverages for the premises located at 62-64 Billings Road. In addition, the applicant requests a change in dba to TAI XI. A hearing will be conducted at **4 p.m. on Tuesday, November 9, 2021** using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: November 9, 2021 License Board
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https://quincycollege.zoom.us/j/2309068852
Meeting ID: 230 906 8852
One tap mobile
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+13017158592,,2309068852# US (Washington DC)
Dial by your location
+1 929 205 6099 US (New York)
+1 301 715 8592 US (Washington DC)
Meeting ID: 230 906 8852
Find your local number: https://quincycollege.zoom.us/u/kDpypqzfG

Nicole L. Crispo
Chair

10/28/21

OCT 28 2021

Lighthouse Fellowship To Hold Global Celebration 2021 Oct. 30, Oct. 31

Lighthouse Fellowship at 73 Newbury Ave., North Quincy will hold its Global Celebration 2021 on Saturday and Sunday, Oct. 30 and Oct. 31.

It will be a time to focus on God's heart for the nations and celebrate what He is doing in various countries and people groups. An international pot luck dinner at 6 p.m. Saturday, Oct. 30 will start this special weekend.

Rev. John Ensor, president of Passion Life Ministries, will speak on "Off Point or Entry Point: Pro-life Work in World Missions." Rev. Ensor has been to China 29 times in the last 11 years. During this time he has also gone with his team to Russia, Vietnam, Kazakhstan, Taiwan, Nigeria, Ghana, Zambia, Cuba, Guatemala and Colombia. In all these places their work has been teaching biblical moral reasoning (bioethics) and crisis intervention strategies to leaders of God's people. They have mobilized local churches to provide resources and share God's love with women and families.

He said he believes that people in a pregnancy-related crisis are in a crisis of faith.

"I can't see how I can provide for this baby," is a faith issue. The question he asks is, "Can the God who created you and your baby, be trusted to provide for you and your baby?" John Ensor said he believes God can and the local body of believers will help them come to know and trust him as their Provider. On Saturday he will share amazing stories of what God has been doing in very difficult areas of the world.

At the pot luck dinner there will also be testimonies of short-term mission experiences and an overview of the main purpose and expectation for such trips. Lighthouse Fellowship is organizing another outreach to Afghan refugees in Athens, Greece in early January. This will be the fifth trip to assist "Father's Heart" in Athens in their ministry to Afghan and Iranian refugees, as well as Syrians and Iraqis.

The service on Sunday, Oct. 31st at 10 a.m. will continue the global celebration with two main speakers. A friend of Lighthouse will share his journey from Islam to Christian faith and what that meant in the context of Central Asia. A member of Lighthouse, presently on leave from a troubled area in Central Asia, will speak on "Where In the World are the Unreached?" There will also be video updates from some of the ministries that Lighthouse Fellowship supports. All in all, these special times should be a great encouragement to praise the God who desires all men to know him, and a call to earnest prayer for those who go into difficult areas to make him known.

The collection of backpacks and school supplies for House of Hope orphanage in Cameroon is drawing to a close. The church is grateful to all who contributed. The children will be delighted with the school items and all the toys that were also given.

Once again Lighthouse Fellowship will be filling shoe boxes for Samaritan Purse's Operation Christmas Child. The youth group is always a big help in this effort. Boxes must be ready by Nov. 21. If you would like to contribute a box, or if you have other questions, contact the church at 617-847-4444 or write lighthouse.quincy@gmail.com for a box and instructions or other church info.

The bi-weekly youth group will meet Friday, Oct. 29 at 7 p.m. in Fellowship Hall.

Contact the church concerning any personal or family needs, or desire for prayer. Pastor Mike Fehan and the staff are ready to listen and to serve you.

PUBLIC NOTICE

NOTICE OF TIER CLASSIFICATION

PUBLIC SAFETY COMPLEX
BROAD STREET, QUINCY
3-0036533

A release of oil and/or hazardous materials has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E, § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. To evaluate the release, a Phase I Initial Site Investigation was performed pursuant to 310 CMR 40.0480. The site has been classified as **TIER II** pursuant to 310 CMR 40.0500. On **October 28, 2021, the City of Quincy** will file a **TIER II** Classification Submittal with the Department of Environmental Protection (MassDEP). To obtain more information on this disposal site, please contact **Mr. Walter MacDonald, 58 Saville Avenue, 617-376-1512**. The Tier Classification Submittal and the disposal site file can be viewed at MassDEP website using Release Tracking Number (RTN) **3-0036533** at http://public.dep.state.ma.us/SearchableSites2/Search.aspx or contact **MassDEP, Northeast Regional Office, 978-694-3200**. Due to Covid-19 MassDEP Offices are Closed at this time. Additional public involvement opportunities are available under 310 CMR 40.1403(9) and 310 CMR 40.1404.
10/28/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-87

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Attorney Patrick Foley for a Variance to construct a six (6) unit residential building in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) and 4.1.1 (table of dimensional regulations) on the premises numbered **80 INDEPENDENCE AVENUE, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09
Meeting ID: 852 8437 3540
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 852 8437 3540
Passcode: 956463
Find your local number: https://us06web.zoom.us/u/kQJCHVxlx

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-83

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Attorney Patrick Foley for a Special Permit to change the use of the property from a industrial maintenance facility to an autobody shop in violation of Title 17 as amended, Chapter 3.1.3.F (motor vehicle uses) on the premises numbered **635 WASHINGTON STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09
Meeting ID: 852 8437 3540
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 852 8437 3540
Passcode: 956463
Find your local number: https://us06web.zoom.us/u/kQJCHVxlx

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-86

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Wai Chu for a Variance to convert the existing rear accessory structure into a residential unit in violation of Title 17 as amended, Chapter 4.1 (table of dimensional requirements) on the premises numbered **47 PARKER STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09
Meeting ID: 852 8437 3540
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 852 8437 3540
Passcode: 956463
Find your local number: https://us06web.zoom.us/u/kQJCHVxlx

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-77

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of Susan Corcoran for a Variance to subdivide the property and create a new buildable lot for a residential structure in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **94 MERRYMOUNT ROAD, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09
Meeting ID: 852 8437 3540
Passcode: Quincy
Dial by your location
+1 646 558 8656 US (New York)
Meeting ID: 852 8437 3540
Passcode: 956463
Find your local number: https://us06web.zoom.us/u/kQJCHVxlx

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-79

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, November 9, 2021 @ 5:30 P.M. to consider the application of 149 Quincy Street, LLC for a Variance/Special Permit/Flood Plain to remove the existing single family home and the construction of four (4) new, townhouses in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements), Chapter 3.0 (use regulations) and Chapter 8.1.7 (flood plain special permit) on the premises numbered **149 QUINCY STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals
Time: Nov 9, 2021 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting
https://us06web.zoom.us/j/85284373540?pwd=R2ZCNWxKWC91aXU2T2FoSURWc21Kdz09
Meeting ID: 852 8437 3540
Passcode: Quincy
Dial by your location
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Meeting ID: 852 8437 3540
Passcode: 956463
Find your local number: https://us06web.zoom.us/u/kQJCHVxlx

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System https://quincyma.viewpointcloud.com/ and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

10/21/21, 10/28/21

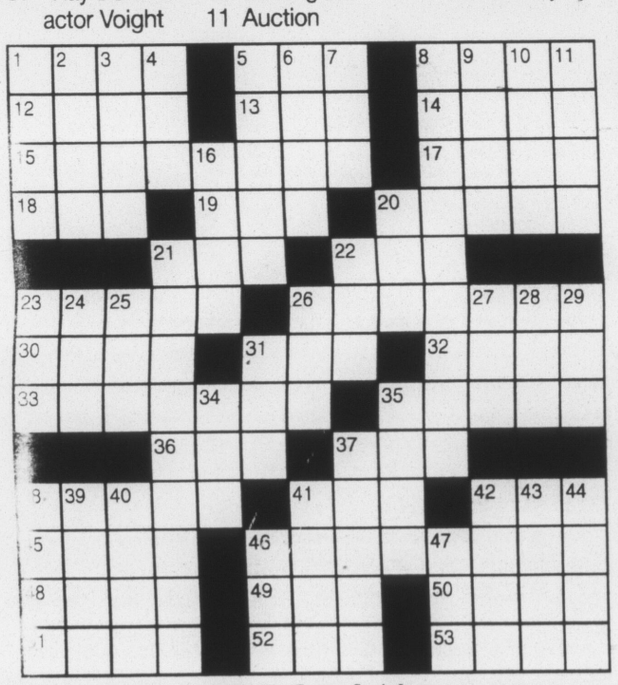
More Quincy news:
The Quincy Sun.com

SUN FUN PAGES

King Crossword

ACROSS
1 Tibetan monk
5 Triumphed
8 Used car sites
12 Trojan War hero
13 Lincoln nickname
14 Taj Mahal city
15 TV fare for a night owl
17 Gusto
18 Gallery display
19 "The Raven" writer
20 "No way!"
21 Sign before Virgo
22 "Now, where — I?"
23 Vivaldi's output
26 Reveal
30 Dating from
31 Embrace
32 Salty septet
33 "Citizen Kane" sled
35 Train tracks
36 Observe
37 "Ray Donovan" actor Voight
38 Dish
41 Pirate's drink
42 Expert
45 San —, Italy
46 Single payments
48 Borodin's "Prince —"
49 "Uh-huh"
50 Perched on
51 Like slasher films
52 Mag. staff
53 Shetland, for one

DOWN
1 In — land
2 Slightly open
3 Damon of Hollywood
4 Chopper
5 "Yippee!"
6 Bassoon's kin
7 Just out
8 Revolving server
9 Curved molding
10 Serving aid
11 Auction
16 Detail, briefly
20 Dallas hoopster, briefly
21 Biography
22 Peruke
23 Scratch
24 Mil. morale booster
25 "Mayday!"
26 Lemon
27 Wahine's gift
28 Guy's date
29 Curvy letter
31 Coloration
34 Spell-off
35 Cavort
37 Checker moves
38 Bluenose
39 Toy block name
40 Cupid's specialty
41 Regretted
42 Car
43 "Let's go!"
44 Glimpse
46 Caustic solution
47 Potential syrup



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MAGIC MAZE • DIET KILLERS

U R O L J G D A X V S P N K
S F C A X V S Q O L D J H Y
C E A X V T R C O O K I E S
N L K S E I N W O R B N J E
F D B A Y X V F T R O P O A
K I G S H S T U N H G U O D
E D C H E E S E C A K E B Z N
X P I Z Z A K K I S L L O R U
W B U T F R Q A L R O A N L S
J & M A E R C E C I F T I G F
D J C A S N I F F U M O Y X W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: CINNAMON —

Brownies	Doughnut	Honey	PB&J
Cakes	Fast food	Ice cream	Pizza
Cheesecake	Fries	Milk shakes	Sundaes
Cookies	Gelato	Muffins	

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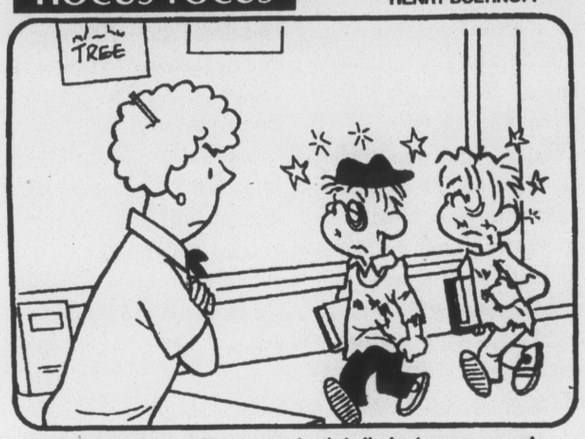
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Star is missing. 2. Pencil is shorter. 3. Eraser is added. 4. Glasses are added. 5. Bow is larger. 6. Pants are different.

Trivia test

by Fifi Rodriguez

1. TELEVISION: What was the name of Jay's dog in "Modern Family"?
2. MEASUREMENTS: How many pecks are in a bushel?
3. GEOGRAPHY: Which continent has regions in all four hemispheres of Earth -- north, south, east and west?
4. MUSIC: Which singer is known as the Queen of Disco?
5. U.S. STATES: Which state has the only royal palace in the United States?
6. GENERAL KNOWLEDGE: How many federal holidays are recognized by the United States?
7. ASTRONOMY: How many moons does Mars have?
8. MOVIES: Which iconic movie has the tagline, "A man went looking for America, and he couldn't find it anywhere"?
9. FOOD & DRINK: Which minerals are found abundantly in dairy products?
10. COMICS: Which long-running comic strip developed from a weekly panel titled "L'il Folks"?

Answers
1. Stella
2. Four
3. Africa
4. Donna Summer
5. Hawaii, Iolani Palace
6. 11 annually, with Juneteenth as the most recent addition, and 12 every four years, with Inauguration Day as the additional holiday in Washington, D.C. only.
7. Two, Phobos and Deimos
8. "Easy Rider"
9. Calcium, phosphorus and magnesium
10. "Peanuts"

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Wishing Well®

2	7	8	7	8	3	7	8	6	7	3	7	3
U	V	H	I	A	L	C	V	Y	T	E	O	A
7	3	6	8	2	4	7	8	3	7	2	8	7
R	D	O	E	N	L	Y	F	T	I	C	U	S
2	4	7	8	2	6	8	7	6	2	7	4	6
A	O	A	N	N	U	T	C	G	N	H	V	A
2	8	5	8	6	7	8	6	2	5	4	7	2
Y	O	W	D	I	I	A	N	T	A	E	E	I
4	2	8	6	3	7	2	7	4	6	2	5	2
E	M	Y	C	H	V	I	E	X	O	N	N	G
4	6	3	6	7	6	3	5	4	3	6	3	5
T	N	E	F	D	I	W	T	E	A	D	Y	N
4	5	6	4	6	5	4	6	4	5	6	5	5
N	O	E	D	N	M	E	C	D	O	E	R	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) The pitter-patter of all those Sheep feet means that you're out and about, rushing to get more done. That's fine, but slow down by the weekend so you can heed some important advice.

TAURUS (April 20 to May 20) You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to make time for family events.

GEMINI (May 21 to June 20) Be prepared for a power struggle that you don't want. Look to the helpful folks around you for advice on how to avoid it without losing the important gains you've made.

CANCER (June 21 to July 22) Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.

LEO (July 23 to August 22) The Big Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.

VIRGO (August 23 to September 22) A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.

LIBRA (September 23 to October 22) This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.

SCORPIO (October 23 to November 21) Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.

SAGITTARIUS (November 22 to December 21) A new associate brings ideas that the wise Sagittarian quickly will realize can benefit both of you. Meanwhile, someone from the workplace makes an emotional request.

CAPRICORN (December 22 to January 19) It might be a good idea to ease up on that hectic pace and spend more time studying things you'll need to know when more opportunities come later in November.

AQUARIUS (January 20 to February 18) A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.

PISCES (February 19 to March 20) Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

BORN THIS WEEK: You like to examine everything before you agree to accept what you're told. Your need for truth keeps all those around you honest.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: G equals V

HB Z YMHQGHUC GHRRZHU UQQVD ZU ZVMQDHGQ AZYQXHZR, H HAZCHUQ MHD BHXDY IMPHIQ HD XPSSQX IQAQUY.

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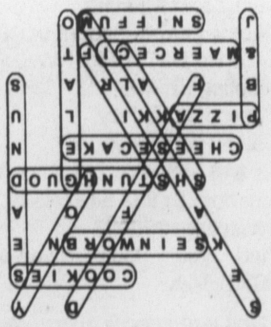
King Crossword — Answers

Solution time: 23 mins.

Magic Maze ANSWERS:



CryptoQuip answer

If a thieving villain needs an adhesive material, I imagine his first choice is rubber cement.

OCT 28 2021

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – The search for a new James Bond begins in 2022, says producer Barbara Broccoli, who admitted, "We want Daniel Craig to have his time of celebration after his fifth and final James Bond film, 'No Time to Die'" (which opened Oct. 8). Craig didn't wait around to bask in the spotlight, however; he's moved on.

His character detective Benoit Blanc has been retained for "Knives Out 2," with a supporting cast that includes Edward Norton, Dave Bautista, Katherine Hahn, Leslie Odom Jr. and Kate Hudson. The stand-alone sequel was to be from Lionsgate, but Netflix made a $469 million deal at auction in March, outbidding Amazon and Apple, and promising them two sequels. Daniel Craig needn't have worried, though, his $1 million salary was guaranteed.

***

Get ready for the musical biopic "I Want to Dance With Somebody," about Whitney Houston. Naomi Ackie (Jannah in "Star Wars: The Rise of Skywalker"), essays Houston, with Stanley Tucci tapped to play record mogul Clive Davis. Tucci won an Emmy for his CNN show "Searching for Italy" (renewed for season 2). He currently has "Jolt" with Kate Beckinsale, Bobby Cannavale and Laverne Cox; "Citadel" with Priyanka Chopra and Richard Madden streaming on Amazon Prime; and "Worth," co-starring Michael Keaton and Amy Ryan, available on Netflix. He's currently shooting "The King's Man" with Matthew Goode, Ralph Fiennes and Gemma Atherton, due Dec. 22 in theaters. Tucci is wed to Felicity Blunt, sister of Emily Blunt.

***

Jane Fonda and Lily Tomlin had completed four episodes of the seventh season of Netflix's "Grace and Frankie" when the pandemic hit. They've now completed the additional eight episodes of their final season. Jane immediately lent her voice, along with Whoopi Goldberg, to the Apple TV computer-animated American-Spanish comedy (in 3D) "Luck," dropping Feb. 22. Jane and Lily loved working together so much that they're currently shooting the comedy film "Moving On," with Malcolm McDowell and Richard Roundtree. They play two old friends who reconnect at a funeral and decide to enact revenge on the widower who wronged them decades earlier.

***

Bradley Cooper is following Guillermo del Toro's "Nightmare Alley," with Cate Blanchett, Willem Dafoe, Toni Collette, Richard Jenkins, Ron Perlman, Rooney Mara and Mary Steenburgen, with Paul Thomas Anderson's "Licorice Pizza," as a Hollywood director thinly based on Jon Peters. The former hairdresser and film producer was married to Leslie Ann Warren and Pamela Anderson, to name two of his five wives, and was Barbra Streisand's partner for nine years. He produced two versions of "A Star Is Born," and "Batman" and "Batman Returns," among other films. Leslie Ann Warren, Barbra Streisand and Pamela Anderson – now that's what we call a smorgasbord!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		×		20
×		–		×	
	÷		+		15
–		×		+	
	×		+		18
25		30		20	

1 2 2 3 5 6 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Toy Icebox — Children's toys are often miniature copies of full-sized objects in the house. They like to imitate Mom and Dad's work. A recent Bertoia auction sold the toy icebox with its original pristine box for $1,440. The Gurney toy refrigerator made by Arcade is only 5 1/2 inches high. It is a copy of an 1840s icebox. Although the first refrigeration method was patented in 1809, the icebox for home use dates from the 1840s.

The toy has a square door on the right side that covered the compartment that held a block of ice, which was delivered by an iceman in a horse-drawn wagon. Food was kept in the large compartment, and the small section on the right is where the water from the melting ice was collected and discarded each day.

A modern electric refrigerator was made by General Electric Co. in 1927. It is named for the Monitor Top. It remained popular until the 1940s. Today's refrigerators can be dated by the special section for frozen food introduced in 1924. All of the styles have been copied for toys.

***

Q: I was just told that there was a bag kept in the privy building used in past centuries. It was quilted from old pieces of cloth and used to save scraps (some say cloth, some paper) to use like we use toilet paper. Is this true?

A: We thought that was a strange question, but we searched our library and finally went online to Kovels.com. We wrote about an exhibit in 2009 in Lancaster, Pennsylvania, of quilted privy bags. They also had a booklet showing the collection. The bags were used in the privy to hold the pieces of paper that were to be used like toilet paper. Waste went into the hole in the seat to the ground about 6 feet below. Lancaster, Pennsylvania, seems to have been the center of this tradition with Amish-made quilted bags. As you probably have heard, the joke was last year's Sears and Roebuck catalog was saved for the outhouse. The only price we have seen for this rare item was $995.

***

CURRENT PRICES

Piano Baby, bisque, child lying on stomach, rosy cheeks, brown molded hair, bare feet, romper, holds pug dog, painted, Germany, c.1900, 9 x 4 inches, $70.

Royal Doulton vase, landscape, cows in field with daisies, flambe glaze, swollen cylinder form, rolled rim, 8 1/2 inches, $175.

Dough Box, stand, burl wood, carved, women, holding hands, field, shaped apron, 35 1/2 x 39 inches, $390.

Toolbox, carpenters, wooden, lift lid, interior compartments and drawers, steel side handles, two riser base, c. 1940, 15 x 28 inches, $675.

***

TIP: If a thin chain becomes tangled, dust it with talcum powder and the untangling should be easier.

"Kovels' Antiques & Collectibles Price Guide" – the new 2022 edition with more than 12,500 all-new and real prices, 3,000 color photographs and 500 marks – is now available in bookstores and online.

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Strange BUT TRUE

• In Italy, pizza inspectors are hired by the government to ensure that restaurants are making their pizza at "Italian quality."

• The cables of the Golden Gate Bridge contain a whopping 80,000 miles of steel wire.

• Ray Bradbury wrote the first draft of "Fahrenheit 451" on coin-operated typewriters in the basement of a library at a cost of 10 cents for every 30 minutes. The first draft cost him a total of $9.80.

• The straw was invented by Egyptian brewers to taste beer without removing the fermenting ingredients that floated on top of the container.

• James Christopher Harrison is an Australian blood donor whose rare plasma composition has helped in the treatment of Rhesus disease. In May 2018, he made his final donation (1,173rd) at the age of 81 after having saved 2.4 million babies during his lifetime as a donor.

• No, alcohol doesn't kill brain cells – it just makes them grow more slowly.

• In 2009, the Wisconsin Tourism Federation changed its name to the Tourism Federation of Wisconsin because, in the 30 years since its founding, the abbreviation "WTF" took on new meaning.

• Months that begin on a Sunday will always have a Friday the 13th.

• Not that you'd ever want to swim in it, but the average person's body produces enough saliva in their lifetime to fill two swimming pools.

• Plants grow larger and more quickly when watered with warm water.

• In late 2020, a North Korean gymnast defected to South Korea by vaulting himself over the 3-meter-high border barricades without triggering sensors.

• Newborn babies cry, but they have no tears. Their tear ducts aren't formed until they are a month old.

***

Thought for the Day: "There are two ways of spreading light: to be the candle, or the mirror that reflects it." – *Edith Wharton*

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Now here's a tip!

by Jo Ann Derson

• "Need a new look for a favorite sweater? Change out your buttons. It's such a small thing, but makes a big change in look!" – **E.L. in Massachusetts**

• Instead of using costly brass polish, try a little lemon juice and salt. Another brass polish you probably have right now is ketchup. Apply a thin layer and buff off with a soft rag.

• Experts say to always crack your egg on a flat surface, rather than using the edge of a counter or bowl. More eggtastic advice is to crack eggs into a small bowl instead of directly into ingredients. If you have a sneaky "bad egg" in your dozen, it's better to find out before you ruin your baking.

• "I love to search for recipes online, and I have learned to pay attention to the comments section. You'll find a lot of explanation and frequently a tweak that many people have found successful. Comments have saved me from oversalting a dish, as well as making necessary adjustments in temperature and cooking time. I have found complicated techniques broken down in ways that were helpful. It pays to check out the comments!" – **W.G. in Missouri**

• Attention salad eaters: Got a thick dressing that's high in fat? Rinse lettuce before dressing your salad. Wet or moist lettuce traps less dressing. If your dressing is light, give salad greens an extra spin. Drier lettuce holds on to dressing, making lightly dressed salad more flavorful.

• Another great use for baking soda: Add a cup or two to your toilet bowl. Swish and let sit for 1-2 hours. Flush for odor control and shine.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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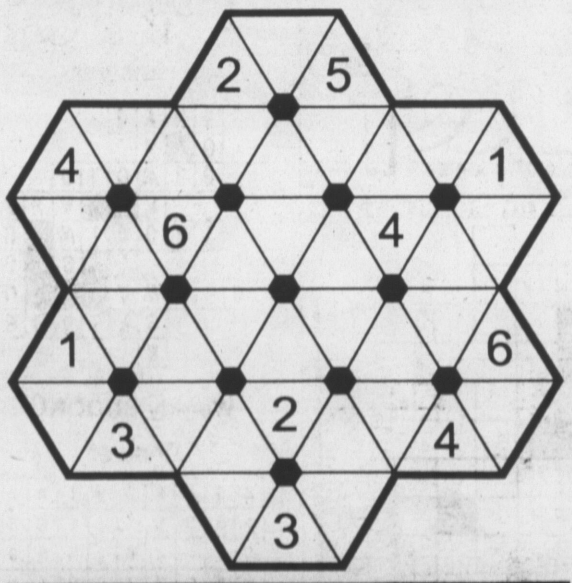
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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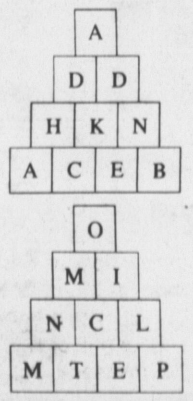
STICKELERS [sic].

by Terry Stickels

Here is a "double dip" word stack. Unscramble the letters in each stack to find a common phrase.



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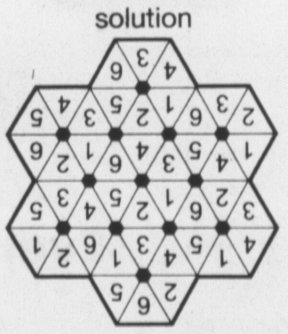
SNOWFLAKES solution



Go Figure! answers

	20		30		25
18	8	+	5	×	2
	+		×		–
15	6	+	1	÷	9
	×		–		×
20	2	×	7	+	3

Stickelers Answer

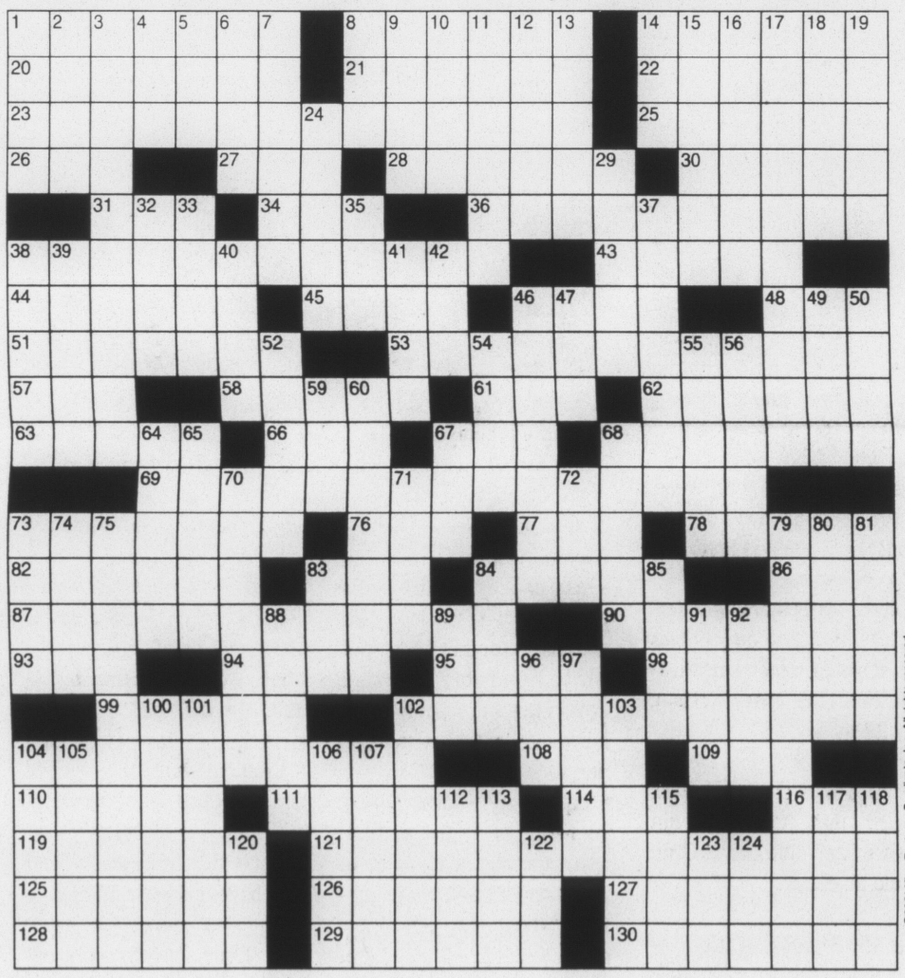
The phrase is "backhanded compliment."

Super Crossword

WAY TO GO

ACROSS
1 Abu Dhabi, for one
8 Old name for a hippo
14 Top banana
20 Like many rec room walls
21 Democratic diplomat Harriman
22 Take off of a spool
23 Cat's-eye, steelie and aggie
25 Skimpy
26 Moral wrong
27 "High School High" actress Carrere
28 Wife of TV's Frasier
30 "Take — out of crime!"
31 Nine-digit ID, for short
34 Big Apple inits.
36 Tsunamis are big ones
38 They make pins fall
43 Fashion figure Oscar de la —
44 Colored ring of the iris
45 Falco who portrayed a Soprano
46 Alan who portrayed Hawkeye
48 Mai — (cocktail)
51 Has in one's sights
53 They list a film's cast
57 Diamond great Mel
58 Midwest air hub
61 CPR specialist
62 Conductor André
63 Corp. shake-up
66 Gold, to Jorge
67 Zip
68 1995-2016 NBAer Kevin
69 Radials, e.g.
73 Zoo
76 Chi-Town team
77 "— Na Na" (TV oldie)
78 French painter Edgar
82 Concert extra
83 And so on: Abbr.
84 For — (really cheaply)
86 Avail
87 Resounding storm noises
90 Harmful ant
93 Good cholesterol, for short
94 "If only — known!"
95 Suffix with kitchen
98 More in order
99 Maine university town
102 Diner and sleeper
104 Casino cubes
108 — laude
109 'Neath's opposite
110 Deer family member
111 State of societal breakdown
114 Amigo
116 Orlando-to-Miami dir.
119 More highfalutin
121 What eight answers in this puzzle are
125 2017 biopic about skater Harding
126 Attacked energetically
127 Acid neutralizers
128 Big pizzas, say
129 Like some post-meal bad breath
130 Principe's partner island

DOWN
1 Actor Omar
2 African land
3 As a response for
4 Playa del —
5 Old ring king
6 Camp shelter
7 Border fringe
8 Facial offerer
9 British noble
10 Both: Prefix
11 Violins' kin
12 — acid (fat compound)
13 Squander
14 Tour vehicle
15 Hocked
16 Reach for rudely
17 Using other sources
18 Opposite of east, in Mexico
19 Choral clubs
24 Possibly
29 Sound in "cant" but not "cent"
32 Walk heavily
33 River close to the Sphinx
35 Loutish guy
37 Close to its face value, as a bond
38 Ulan —, Mongolia
39 Elocute
40 Defense gp.
41 Sour fruit
42 MGM lion
46 Without purpose
47 Allow to
49 Feuding, say
50 "Who —?"
52 Jarred
54 Disguise
55 Muffed up
56 Thick
59 Elbow locale
60 Sat on a perch
64 Hit with the knuckles
65 Close watch
67 Vote down
68 Immense
70 Trapping in branches
71 — Raton
72 E'en if
73 One of the "Little Women"
74 With a sharp image, for short
75 Like nerves acting on eye muscles
79 Part of many a heavy-metal track
80 Fall bloom
81 Soothsayers
83 Ecol. monitor
84 Fizzy wine, for short
85 Rowlands of "Gloria"
88 1970s spinoff sitcom
89 Grassland
91 Make over
92 Eggnog spice
96 Dr. Mom's attention
97 Spew forth
100 Skyrocketing
101 Odd feature of a cyclops
102 Actress Leah
103 Nebraska natives
104 AOL rival
105 Vital conduit
106 Halved
107 Actor Sacha Baron —
112 Liking a lot
113 Novelist Jennifer
115 Follower of "ooh" or "tra"
117 Thin
118 "Who —?"
120 Dorm heads, for short
122 Pig's home
123 Boxing win, in brief
124 Scoundrel



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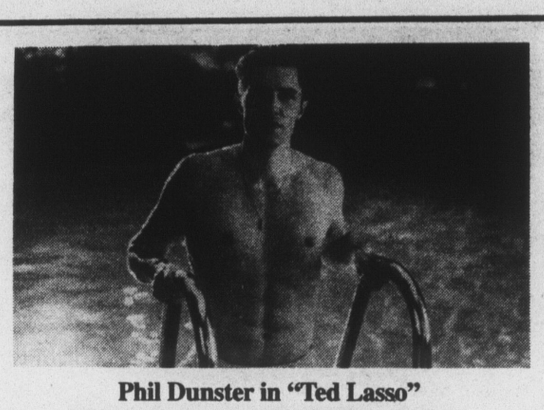
celebrity extra

by Dana Jackson



Phil Dunster in "Ted Lasso"
Photo Credit: **Colin Hutton/Apple TV+**

Q: Who is the actor who plays the arrogant soccer star Jamie Tartt on "Ted Lasso"? When I first saw him, I thought he had to be one of the DeLuise boys – or a distant cousin. Did he ever play soccer in college or anything? The soccer scenes look so realistic. – *E.D.*

A: Phil Dunster, who plays Jamie Tartt on the Apple TV+ comedy "Ted Lasso," is a 29-year-old British actor. He's not related to the late, great Dom DeLuise or his offspring, but he's a joy to watch even when he's playing the bad guy. Dunster's previous roles include playing a count in the Helen Mirren HBO limited series "Catherine the Great" and a colonel in the 2017 Kenneth Branagh film "Murder on the Orient Express." In an interview with AV Club about how they film the professional soccer scenes, Dunster said: "We have a dedicated sports choreography team for the show. We had a dedicated football director on season 2 who has worked a lot with shooting football...It takes a lot of time and good editors, which luckily we have, to make me look like Jamie Tartt."

In addition to being represented in England, Dunster just signed with the American talent agency CAA, so, in my opinion, it's just a matter of time before we start seeing his name above the title at your local cinema. In the meantime, look for season three of "Ted Lasso" on Apple TV+ next summer.

***

Q: Is the game show "Who Wants to Be a Millionaire" ever coming back to prime time? I loved the brief run it had last year with host Jimmy Kimmel, although Regis Philbin is my all-time favorite host. – *C.K.*

A: Game shows made a big comeback in prime time during the confining days of the pandemic, but "Who Wants to Be a Millionaire," which debuted 21 years ago, hasn't been renewed for another season— yet. Modern versions of classic game shows "The $100,000 Pyramid," "To Tell the Truth" and "Match Game" provided visual comfort food for nostalgia lovers as well as a new generation of fans.

"Deadline" speculates that "Millionaire" could return to ABC in what is called "event programming" and not necessarily a regular fixture in prime time again like it once was when Philbin hosted.

***

Q: This has been driving me crazy for a while. What is the name of the football drama that lasted just one season because, allegedly, the bigwigs in the NFL disapproved of it. – *G.G.*

A: You're thinking of "Playmakers," an ESPN original drama series that, despite high ratings, was given the ax three months after it premiered in August 2003. It was about a fictional NFL team, but rumor has it that NFL executives didn't like how the players were depicted off the field and wanted to preserve their image. I think the show would have survived had it aired on a different network.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Serena's sister	V _ _ _ _	Takeout listings	M _ _ _ _
2. Shaver's foam	_ _ _ H _ _	Second of two	_ _ _ T _ _
3. Choo-choo	_ R _ _ _	Huck Finn's creator	_ W _ _ _
4. Curly-haired dog	P _ _ _ _ _	Penne or Ziti	N _ _ _ _ _
5. Use a crane	_ O _ _ _	Robbery	_ E _ _ _
6. Complain	_ _ _ N _	Colorless	_ _ _ T _
7. Series of lessons	_ _ U _ _ _	Unrefined	_ _ A _ _ _
8. Courageous	B _ _ _ _	Yearn for	C _ _ _ _
9. Stick up for	_ _ F _ _ _	Rely upon	_ _ P _ _ _
10. Valentine shape	_ _ _ _ T	Listened	_ _ _ _ D

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Weekly SUDOKU

by Linda Thistle

	2		9	4		6		
1		4		8				7
8					1		9	
	7	2			4		8	
	5		1			7		6
4			3	7		5		
	8			9		1		3
2			7		5			4
		1			3		5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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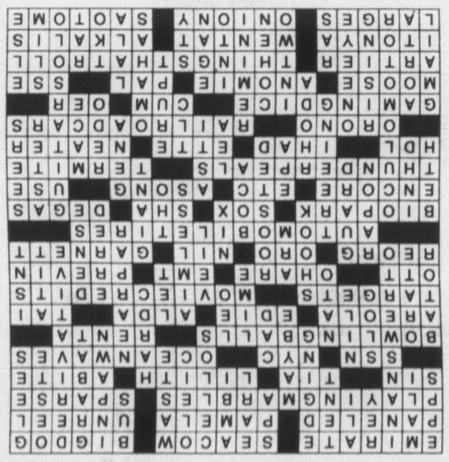
Super Crossword

Answers



Even Exchange

answers

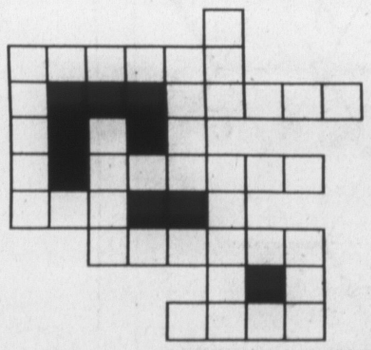
5. Hoist, Heist
4. Poodle, Noodle
3. Train, Twain
2. Lather, Latter
1. Venus, Menus
10. Heart, Hoard
9. Defend, Depend
8. Brave, Crave
7. Course, Coarse
6. Whine, White

FEAR KNOT

By: rj Johnson

DOUBT? ...OR DARE!

WBO
LEWDOG
GUBSO
♥GSAW
TWEGDI
♥EOD
♥DRIA
WYGKA
♥KAS
ROOBLE
♥EWDAN
♥NEYD



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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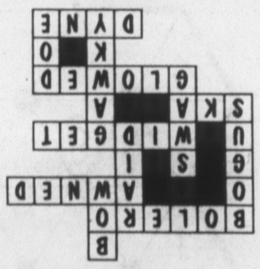
FEAR KNOT answer



Weekly SUDOKU

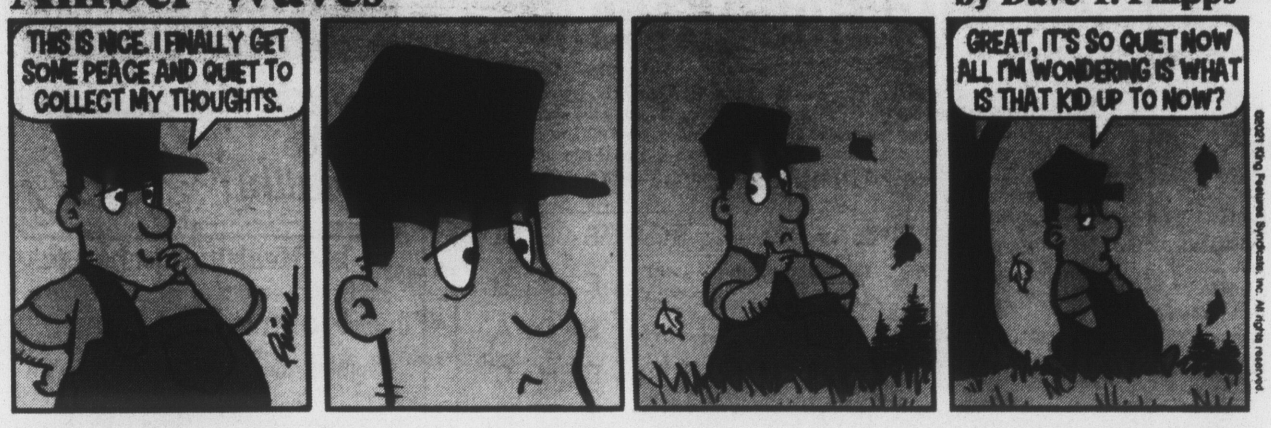
Answer

2	5	9	3	6	8	1	4	7
4	6	8	5	7	1	9	3	2
3	7	1	2	4	9	5	8	6
9	1	6	3	5	7	8	2	4
6	4	7	8	2	9	3	5	1
1	8	3	4	9	5	2	7	6
5	3	2	7	8	6	4	1	9
8	9	4	1	3	2	7	6	5
7	2	5	6	1	4	9	8	3

OCT 28 2021

Amber Waves

by Dave T. Phipps



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Out on a Limb

by Gary Kopervas

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R.F.D.

by Mike Marland

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

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Stroll — MARBLE

Believe — STRUT

Hunt — CASHE

Fit — LENDERS

"NO, it's not for my sweet athletic son—it's for my no-good , shiftless _____."

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

1	⑤	3	■	②
⑤	■	①	3	4
3	4	■	1	⑤
4	■	②	■	③
②	①	⑤	4	■

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

4	3	5	6	4	2
5	3	3	3	6	5
4	2	4	1	3	6
3	4	2	3	1	3
6	1	1	5	2	4
2	5	2	4	2	1

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Paw's corner

by Sam Mazzotta

DEAR PAW'S CORNER: Halloween is upon us again, and while the tricks and treats are fun for kids, they can be dangerous for our pets. Please remind your readers that the candies and chocolates in a trick-or-treat bag or sitting by the door are hazardous because many of the ingredients are toxic to dogs and cats. – *Cheryl T., Lansing, Michigan*

DEAR CHERYL: You're absolutely right! Dogs especially are at risk from ingesting Halloween candy, but any pet in the house can be at risk from not just these foods but some popular decorations as well.

Chocolate is toxic to dogs. Sugar-free candies can be toxic as well, especially if they contain xylitol. Keep all candy, chocolate and gum out of pets' reach during the festivities. Afterward, store leftover candy up out of their reach. Make sure children don't hide bags of candy where a pet can get at them, such as under the bed. Help them find a location that they can access but the dog can't.

Decorations may be a hazard as well, not just to your pets but to wildlife. That stretchy material used to create fake spiderwebs outdoors can trap birds and insects. Cats may ingest the strands if they are fascinated with the texture. Avoid burning real candles as they may get knocked over by a pet.

If your pet does get into the candy bowl or eats a decoration, contact the veterinarian right away. They'll advise you whether to bring your pet in right away for treatment, or to watch for signs of illness (such as constant drooling, vomiting, lethargy or changes in personality).

Send your tips, questions or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of October 25, 2021

—

Video On Demand

1. Escape Room: Tournament of Champions (PG-13) Taylor Russell
2. F9: The Fast Saga (PG-13) Vin Diesel
3. Snake Eyes: G.I. Joe Origins (PG-13) Henry Golding
4. The Forever Purge (R) Ana de la Reguera
5. Cruella (PG-13) Emma Stone
6. Boss Baby: Family Business (PG) animated
7. Old Henry (NR) Tim Blake Nelson
8. Survive the Game (R) Chad Michael Murray
9. Hocus Pocus (PG) Bette Midler
10. The Hitman's Wife's Bodyguard (R) Ryan Reynolds

DVD, Blu-ray Sales

1. F9: The Fast Saga (PG-13) Universal
2. Space Jam: A New Legacy (PG) Warner
3. Black Widow (PG-13) Disney/Marvel
4. Hocus Pocus* (PG) Disney
5. The Forever Purge (R) Universal
6. Cruella (PG-13) Disney
7. Boss Baby: Family Business (PG) Universal/Dreamworks
8. The Nightmare Before Christmas* (PG) Disney
9. Beetlejuice* (PG) Warner
10. It's the Great Pumpkin, Charlie Brown* (NR) Warner

*Re-release

Source: Comscore/Media Play News

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Hitori

answer

1	■	4	■	5	2
4	2	5	1	■	6
3	■	2	■	1	■
6	4	■	3	2	■
5	■	3	■	6	■
■	2	■	4	■	3

SCRAMBLERS

solution

1. Ramble 2. Trust; 3. Chase; 4. Slender

Today's Word

HUSBAND

MORE SUN FUN

Hypnotic — Finding a good therapist is hard enough without worrying whether he's going to use hypnosis not to delve into regressed childhood memories to finally put them to rest and help you gain emotional stability, but instead to gain total control over your mind and actions and even cause some wickedly evil hallucinations, all by the mere utterance of a key word said over the phone while you're just trying to drive to work and have a normal day. But that's exactly what the psycho hot therapist does in this Netflix original thriller, which stars horror film veteran Kate Siegel and Jason O'Mara. (Netflix)

Maradona: Blessed Dream — Argentina's Diego Maradona was one of the greatest soccer players of all time, named one of two winners of the FIFA Player of the 20th Century. This 10-part series covers his family life in the Argentine barrio and his early rise to athletic stardom, as well as the various controversies that arose during his athletic career (some of which are still coming to light even after his death in 2020). Three actors play Maradona at different ages: Nicolas Goldschmidt, Nazareno Casero and Juan Palomino. Incredibly, the series will be released worldwide, streaming in 240 countries and territories, in several languages. Premieres Oct. 29. (Prime Video)

The Conjuring: The Devil Made Me Do It (R)— If you're keeping up with the Conjuring Universe, this is the eighth installment in the supernatural horror series. The story is based on an actual 1981 murder trial and the subsequent book about it, "The Devil in Connecticut," a case that was the first American trial to claim demonic possession as a defense. There's witchcraft, body-jumping demons, murder and more! This movie is not for the faint of heart. Vera Farmiga and Patrick Wilson once again star as paranormal investigators Lorraine and Ed Warren playing characters from "The Conjuring" and "The Conjuring 2." (HBOMax)

Swagger — Examining the increasingly competitive world of youth basketball, "Swagger" is the brainchild of NBA legend Kevin Durant and is based on his own experiences growing up. The scripted original series tells stories at the intersection of ambition, skill and opportunity from multiple viewpoints, including the young players, their families and coaches. If you liked "Friday Night Lights," give this series a shot. The first three episodes drop Oct. 29, followed by seven weekly episodes. (AppleTV+)

Netflix

Scene from "Hypnotic"

Celebrity Exorcism — It's always fun to watch other people get scared out of their wits from the comfort of our safe, cozy couches. From FOX Alternative Entertainment comes this one-off, scary holiday special playing with the paranormal. Famed exorcist Rachel Stavis guides celebrities Shar Jackson, Jodie Sweetin and Metta World Peace through an attempt to exorcise an as-yet unnamed haunted location in Los Angeles after first putting them through exorcism bootcamp. The unscripted two-hour show is part of FOX's "Terror on Tubi," a collection horror and Halloween programs running through the end October on the free-to-stream channel. (Tubi)

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Puzzles4Kids

by Helene Hovanec

RIDDLE SEARCH – WOOF! WOOF!

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: **What kind of dog does Dracula have?**

AKITA
BASSET
BEAGLE
BOXER
CHOW CHOW
COLLIE
CORGI
DACHSHUND
MALTESE
PAPILLON
PEKINGESE
PIT BULL
POINTER
PULI
SHAR-PEI
SPITZ

P	E	K	I	N	G	E	S	E	A
A	I	G	R	O	C	L	E	B	D
P	Z	T	I	P	S	G	S	C	A
I	T	R	B	L	P	A	E	H	C
L	E	E	O	U	U	E	T	O	H
L	S	T	A	O	L	B	L	W	S
O	S	N	D	T	I	L	A	C	H
N	A	I	H	O	I	U	M	H	U
N	B	O	X	E	R	K	D	O	N
I	E	P	R	A	H	S	A	W	D

Riddle answer: _ _ _ _ _ _ _ _ _ _ _ _ _ _ _.

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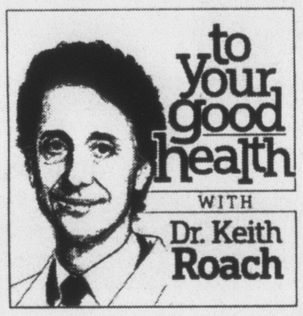

Choosing Not To Treat Prostate Cancer

DEAR DR. ROACH: Every year, I used to get a physical, which included a prostate exam as well as blood tests with PSA. When my doctor retired, I had a hard time finding a new one I liked. It has been three or four years since my prostate was checked, but my new doctor doesn't do the prostate exams (I am 63). He says that recent studies do not recommend them, and I have seen news reports about the unreliability of the PSA test. How do you find out if you have prostate cancer if you don't look for it? My brother-in-law found out he had it at 52, and it was successfully treated. I don't really want to wait until I am showing symptoms, and there is no history in my direct family. What do you think about this? -- T.D.

ANSWER: Prostate cancer isn't really one disease. It can be very aggressive -- both with local invasion and spreading to bones quickly -- but it also can be very indolent, hardly growing at all over years. Yearly prostate cancer screening with PSA is more likely to find the slower-growing cancers, since they are around for a long time. The goal of screening is to find aggressive cancers, the fast-growing ones that can go from undetectable to too-late-to-do-anything-about in a very short time.

But a downside is that screening may lead to unnecessary treatment of the more-indolent cancers, most of which can be carefully monitored and will not need surgery or radiation, at least not for years.

If a man elects to undergo prostate cancer screening, he should understand the benefits (finding prostate cancer early enough it can be cured) and the risks (treatment for prostate cancer causes complications frequently; these can include incontinence and loss of sexual function). Not treating low-risk prostate cancer reduces the risks.

Low-risk prostate cancer is defined by a PSA below 10, a very small or non-detectable tumor by palpation or imaging and a low Gleason score, which is based on how the tissue looks to the pathologist. Six or less is low risk. Most men in this situation do not need immediate treatment. Some men have difficulty NOT treating cancer, but treatment does not appear to improve the already good prognosis. Choosing not to treat is hard for some men.

***

DR. ROACH WRITES:

I received a lot of mail from readers about a column in which a reader described realistic hallucinations upon awakening. I was concerned about Lewy body disease, a form of dementia with prominent visual hallucinations. The most common condition readers were concerned about was Charles Bonnet syndrome, a type of visual hallucination found in people with vision loss. It's not well known, so I was surprised that so many people wrote to me about it, particularly when the original letter didn't say anything about vision loss.

The answer, as diagnosed by my reader's neurologist, turned out to be hypnopompic hallucinations (hypnagogic hallucinations are a similar issue, but these occur upon falling asleep). M.O., a sleep technician, and P.W. from California wrote to me with the same diagnosis. These can occur in sleep apnea, which several people wrote about, and several said treatment stopped these hallucinations. They can also be associated with neurological disease, such as Parkinson's disease, Guillain-Barre syndrome and narcolepsy..

***

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

Frontier Beef Stew

Nothing says "home is where the heart is" better than a satisfying bowl of savory stew — especially when it's made in minutes instead of hours! Why don't you stir up a pot of this, and see if your family doesn't agree?

- *1 cup chopped onion*
- *1 cup uncooked instant rice*
- *1 (12-ounce) jar fat-free beef gravy*
- *1 cup water*
- *1 (15-ounce) can diced tomatoes, undrained*
- *2 teaspoons Worcestershire sauce*
- *2 cups diced cooked lean roast beef*
- *1½ cups frozen peas*
- *1 (8-ounce) can diced carrots, rinsed and drained*

1. In a large saucepan, combine onion, uncooked rice, beef gravy and water. Bring mixture to a boil. Stir in undrained tomatoes and Worcestershire sauce. Add beef, peas and carrots. Mix well to combine.

2. Lower heat, cover and simmer for 15 minutes, stirring occasionally. Makes 6 (1 cup) servings.

TIP: If you don't have leftover roast beef, purchase a chunk of cooked lean roast beef from your local deli, and dice when ready to prepare stew.

• Each serving equals: 221 calories, 5g fat, 21g protein, 766mg sodium, 3g fiber; Diabetic Exchanges: 2 Meat, 1 Starch, 1 Vegetable.

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1. "I Feel the Earth Move" was the front of a double a-side single. What was on the other side?

2. Where is MacArthur Park, from the Jimmy Webb song of that name?

3. Which Beatles album cover had a new picture pasted over it to cover up the image of mutilated dolls and raw beef?

4. Which singer was known as Ol' Blue Eyes?

5. Name the song that contains this lyric: Well, there was no reason to believe she'd always be there."

Answers

1. "It's Too Late," by Carole King, in 1971. This side took the Grammy for Record of the Year in 1972.

2. Los Angeles. It's a city park named after Gen. Douglas MacArthur. The song was first recorded in 1968 in a seven-minute version by Irish actor Richard Harris as his debut venture into pop music.

3. "Yesterday and Today," 1966. Known as "the butcher cover," it was covered with a boring shot of the Beatles and a steamer trunk.

4. Frank Sinatra.

5. "Two Hearts," by Phil Collins in 1988. The song charted in 19 countries and was used in the soundtrack of the film "Buster" and even snagged a Grammy in 1989.

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Contract Bridge

BAD LUCK COMES IN BUNCHES

East dealer.
East-West vulnerable.

NORTH
♠A J 2
♥J 6 2
♦A Q 5 3
♣Q 9 4

WEST
♠7 3
♥10 9 5 4
♦J 9 8 2
♣8 7 5

EAST
♠Q 10 9 6 4
♥Q 7
♦10
♣K J 10 6 3

SOUTH
♠K 8 5
♥A K 8 3
♦K 7 6 4
♣A 2

The bidding:

East	South	West	North
Pass	1 NT	Pass	3 NT

Opening lead — two of diamonds.

This is one of those hard-luck deals where you can't help sympathizing with declarer, even though you might not have played his cards exactly the way he did.

West led a diamond, taken by South with the king. Declarer had eight solid tricks and quite a few chances for a ninth. He started by leading a low heart to the jack at trick two. This gave him two chances for an extra trick: one if West had the queen, and another if the opposing hearts were divided 3-3. But East took the jack with the queen and returned a heart. When South next played the A-K, he learned the hearts were 4-2.

Declarer now tried a low club to the queen, hoping West had the king. But East took the queen with the king and returned the jack of clubs to South's ace.

The situation took a further turn for the worse when declarer next led a diamond to the queen, hoping West had led originally from a three-card suit. But after East showed out, South decided that his last remaining chance was to try a spade finesse.

So he led a spade to the king and finessed the jack on the return. East won with the queen and cashed his remaining clubs to put the contract down two. All of which indicates that bad luck comes in bunches, though it's true that South could have made the contract easily had he known the queen of hearts was doubleton.

One reasonable but somewhat unusual method of play — without the benefit of a peek at the East-West cards — is to allow East's ten of diamonds to hold the first trick! Assuming West made a normal lead from a four-card suit, East would then be forced to return a spade, a heart or a club, all of which would hand declarer his ninth trick.

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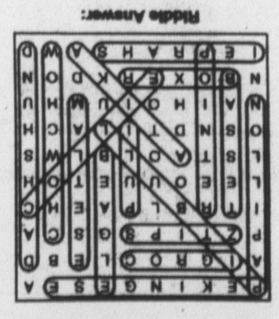
by Steve Becker

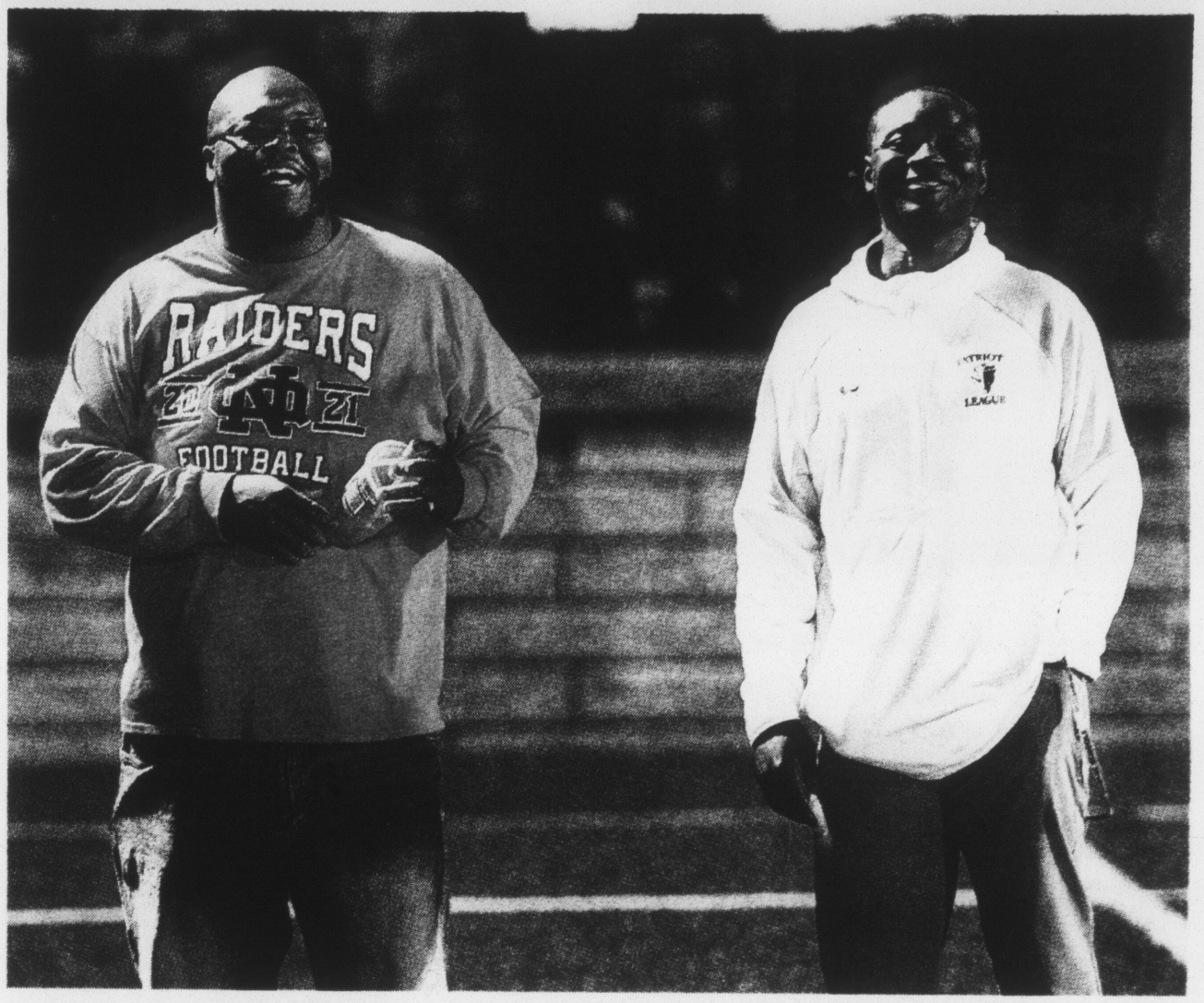
Puzzles4Kids Answer

Riddle Answer: A blood hound.



OCT 28 2021

New Principal Keith Ford Hopes To Continue Pride, Excellence At North



NORTH QUINCY High School Principal Keith Ford (left) with North Quincy Athletic Director JJ Niamkey cheer on the Raiders varsity football team at a recent game at Veterans' Memorial Stadium. "Here at North, we pride ourselves on pride and excellence. There is a sense of school spirit, a sense of pride that we want to continue with here and certain expectations and standards as well," Ford told the Sun in a recent interview. *Quincy Sun Photo/Robert Bosworth*

Cont'd From Page 1

"My goals are really clear," he said. "I want to make sure we're fully represented here, that our diversity is fully embraced, even from something as simple as the infrastructure of the building, to represent all that kind of walks in every single day.

"My long-term goal is a continuation of really believing in that pride and excellence. That the traditions of years ago that folks have pride in, that we bring it back to the point where folks that are graduating now also feel that same way so…they will come back 20 years from now, 15 years from now, and want to be part of North in some capacity, working here. We kind of keep that same tradition moving forward from there."

In addition, Ford said he wants to see his students to excel in the classroom and participate in extracurricular activities.

"As far as from an academic standpoint, we pride ourselves in on how do from an MCAS perspective, from an AP perspective. As we continue to grow in numbers overall, just continue to make that expectation clear from an academic and rigor perspective that we are challenging all of our students to be successful. In a lot of ways, it is really keeping with the position that we have been in so far," he said.

"We'd love to see our extracurricular activities expand and that folks will continue to want to be here, whether it is part of theater, music, arts, sports – that folks will see the importance of really embodying North even outside of the school day."

A native of New Haven, Connecticut, Ford played guard on the football team at James Hillhouse High School; he was inducted into the New Haven Gridiron Club Hall of Fame in 2018. After high school, Ford played collegiately at the University of Maine and Northeastern and began coaching after college.

Ford said his experience as a coach helped lead him towards a career in education.

"I graduated from Northeastern as a business major, a marketing degree. I worked for a company, Sherwin Williams, an automotive paint company, for a few years," he said.

"Through coaching – I started coaching football after I stopped playing – I realized right away how much I had a love for kids. An opportunity presented itself for me to become a dean over at English High School in Boston, so I did that for three years and from there I realized…to be an educator, to be in education, was the route for me. I had opportunities to hopefully motivate and encourage our young people to maximize their full learning potential."

"For me, education is a way to really pull out what are the strengths of kids, to really help them learn how to learn, so to speak," Ford added. "I found I had success in doing that. We've seen the growth and the development of young people. From my early stages, it's something that I really gravitated to and this was something for me."

Ford returned to school, earning a master's degree in school administration from Emmanuel College, and continued rising through the ranks. He said his experience playing and coaching football have served him well as an educator.

"I am big on team, partnerships, that family atmosphere. Those are things that I pride myself on," he said.

"Here at North, we pride ourselves on pride and excellence. There is a sense of school spirit, a sense of pride that we want to continue with here and certain expectations and standards as well. Same thing in sports – especially playing offensive line. You are not only making sure that you do your job, but you are depending on four other people up front to make sure they do their job correctly. It's a non-glorified position, so you only notice when you do something wrong, like if you miss a block, but other than that you may get a shout out at the end of the game, like 'thank you o-line,' but that is as far as it goes from that end.

"I think from a coaching perspective, it is the time and the dedication and focus you need outside of the two-hour practice in order to become great at what you do. It's similar in the classroom; it's similar in schools. You take that same energy that if you only show up during the school day to try and get things accomplished, you won't be great. There are opportunities that you need to do outside of the school day to get you prepared and to be successful."

Ford had spent the past five years as the assistant principal at Needham High School and felt he was ready for the next step. North Quincy, he said, reminded him of his hometown.

"I was working at Needham High School for the past five years. I really enjoyed my time there, built great relationships there. But quite honestly, I felt like I was ready to become principal – I was ready for that next challenge," he said.

"North Quincy is somewhere where it kind of brings me back to my roots a bit, being in the city. You get some of that city feel again with the diverse population that's here, so that part is important.

"And then, again, kind of going back to the pride and the traditions that are here and have been established and the number of people that grew up in Quincy – that is something I longed for to get back into as well. That was attractive to me, to kind of have that as part of it as well."

Ford said he has been well-received since arriving this summer and wanted to thank the community, both at North and in Quincy as a whole, for embracing him and his family.

"As somebody that is kind of new to this role as principal, the number of compliments, the number of folks that have come up to me providing that feedback and just excitement for me to be here, it really goes a long way in this role," he said.

"I'm just showing I am humbled and gratitude for this opportunity to lead North at this point. We have a great staff here at North. I am just really thankful to them for embracing me as well."

The former football player and coach is confident his school would defeat Quincy High School on Thanksgiving Day – the Raiders will win "without a doubt," he said.

"That's the goal on that one, right. That game matters," Ford said. "Every game matters, but Thanksgiving is one that you will never forget. Those are the type of games that there is a certain pride within the city overall and to be able to say you were on top, you were victorious, on that particular day is something that again is important.

"Obviously, we hope for a great game, hopefully some good weather for that game, but the same maximum effort – always compete."

Councillors Reaffirm Support For Tribal Governments

Cont'd From Page 2

deserve."

The Chaubunagungamaug Nipmuck tribe has attempted to intervene in the city Quincy's ongoing litigation against the city of Boston.

While the two neighboring cities have continued to fight each other over plans to rebuild the Long Island Bridge, a public health crisis has unfolded in the area of Boston known as Mass. and Cass – near the intersection of Massachusetts Avenue and Melnea Cass Boulevard – where mini-tent city has arisen.

"What is going on in Boston is horrible and there is no easy out of what's going on in the South End of Boston," Harris said.

(Janey unveiled plans to address the Mass. and Cass situation on Oct. 19, one day after Quincy City Councillors approved Harris' resolution.)

Ward 4 Councillor Brian Palmucci said the city of Boston should have opened a recovery campus on Long Island and used ferries to travel back and forth to the island, even if it chose to keep fighting with the city of Quincy to build the bridge. He compared the situation at Mass. and Cass in Boston to Hamsterdam, the neighborhood Baltimore police set aside as an arrest-free area for drug sales and use in the HBO series "The Wire."

"It is disgraceful for so many reasons, not the least of which is just the human tragedy, that there are just people who have been given up on and allowed to just live in squalor," Palmucci said of the situation at Mass. and Cass during the Oct. 18 meeting.

"I drove past it recently and what struck me is I cannot believe that they have not started working on the recovery center and just done it by ferry. Why fight it? The city of Boston and the situation at Mass. and Cass calls for a recovery center more so than any other city in America right now, and for them to not be opting to take the easier path, and perhaps continue to fight us over the bridge, but at least get the ferry going and get people some help, it just baffles me."

Americanisms

"Without deviation from the norm, progress is not possible."
— *Frank Zappa*

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